

## Being Self-Reflexive While Interviewing Brainstorming Worksheet

1. Write down obvious physical traits, demographics, markers, etc. that participants might see or notice about you during an interview.

a. Consider asking a friend, peer, or research partner to expand on your list because sometimes we don't recognize things about ourselves that might be obvious to others.

b. Consider how in-person interviews will differ from online/telephone interviews and video-chat interviews (e.g., Zoom or Skype). Reflect.

2. Reflect on other qualities/characteristics of yourself and your interviewing style that will become visible during the interview process (e.g., nonverbals, pitch/vocal variety, rate of speech, demeanor, etc.).

a. How might these impact the process of an interview?

3. How might the traits and qualities that you noted above impact and influence the outcome(s) of an interview?

a. How might they impact and influence the data you obtained?

b. How might they impact and influence your relationship with participants?

c. Consider how you might report this information in a research report/article. (If you would *not* report this information to your readers, consider why you would not).

4. Now, use your interview guide to practice your interviewing skills with a friend or peer. During this exercise, ask your friend/peer to take notes about what they notice about you and your interviewing style. At the end of this practice trial, have your friend/peer share their constructive feedback with you. Use their feedback to make adjustments to your interviewing approach and consider the impact this may have on your data, participants, outcomes, etc.