



**AS in Kinesiology to Bachelor of Science in Kinesiology
Wellness and Exercise Science
Recommended 4-Year Course Sequence
2024-2025 Catalog**



FRESHMAN YEAR

Fall				Spring			
TJC	UT Tyler	Title	Hours	TJC	UT Tyler	Title	Hours
MATH 1314 OR MATH 1342		College Algebra OR Statistics	3	ENGL 1302 OR ENGL 2311		Composition II OR Technical and Business Writing	3
ENGL 1301		Composition I	3	BIOL 1407 or CHEM 1412 or PHYS 1402		*Biology for Science Majors II or General Chemistry II or College Physics II	3
BIOL 1406 or CHEM 1411 or PHYS 1401		*Biology for Science Majors or General Chemistry I or College Physics I	3	KINE 1301		Foundations of Kinesiology	3
KINE 1338		Concepts Physical Fitness	3	SPCH 1315 OR SPCH 1321		Public Speaking OR Busienss and Professional Communication	3
EDUC 1300		*Learning Framework	0	KINE 1304		Personal/Community Health I [Sub for ALHS UTT 1300]	3
		Creative Arts Core	3	KINE 1104		Physical Conditioning I	1
			15				16

SOPHOMORE YEAR

Fall				Spring			
TJC	UT Tyler	Title	Hours	TJC	UT Tyler	Title	Hours
HIST 1301		US History I	3	HIST 1302		US History II	3
GOVT 2305		Federal Government	3	GOVT 2306		Texas Government	3
		Language, Philosophy, and Culture Core	3	PSYC 2301		General Psychology	3
BIOL 2401		*Anatomy and Physiology I	3	KINE 2356		Care and Prev. of Athletic Inj [Sub for UTT KINE 2337]	3
KINE 1105		Physical Conditioning II	1	BIOL 2402		Anatomy and Physiology II	4
			13				16

JUNIOR YEAR

Fall				Spring			
TJC	UT Tyler	Title	Hours	TJC	UT Tyler	Title	Hours
	KINE 3303	Motor Development	3		HECC 4308	Ethics	3
	KINE 3334	Biomech & Anat. Kines.	3		KINE 3311	Physiology of Exercise	3
	KINE 3135	Biomech & Anat. Kines. Lab	1		KINE 3312	Physiology of Exercise Lab	1
	KINE 3306	Fitness Assessment Skills	3			Cognate Course	3
		Cognate Course	3			Cognate Course	3
		Creative Arts Core	3			Cognate Course	3
			16				16

SENIOR YEAR

Fall				Spring			
TJC	UT Tyler	Title	Hours	TJC	UT Tyler	Title	Hours
	KINE 4321	Sports Nutrition	3		HECC 4370	Internship	3
	KINE 4304	Principles of Training: Endurance	3		KINE 4305	Strength & Power	3
	KINE 3132	Human Motor Control & Learning Lab	1			Cognate Course	3
	KINE 3331	Human Motor Control & Learning	3			Cognate Course	3
		Cognate Course	3			Cognate Course	3
			13				15

Total Credit Hours at Tyler Junior College 60
Total Credit Hours at UT Tyler 60
Total Credit Hours 120

*Denotes courses and/or lab hours that will not be part of the pathway agreement and will not contribute to the hour count