Holistic Health Assessment
NURS 3308
Summer 2025

Scheduled class days and times vary, so please check your class schedule.

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Course Description: This course focuses on patient assessment across the lifespan, including health history and physical assessment. It also addresses cultural perspectives, diversity, belief systems, and holistic healthcare.

Prerequisites: Admission to the Bachelor of Science in Nursing Program and NURS 3303**.**

Corequisites: Concurrent enrollment in NURS 3605.

> **Note:** NURS 3308 Holistic Health Assessment is a pre-requisite or co-requisite of NURS 3605 Fundamentals of Nursing. If a student is failing and drops NURS 3308 Holistic Health Assessment, the student must also drop NURS 3605 Fundamentals of Nursing.

Student Learning Outcomes:

Upon successful completion of this course, the student will be able to:
1. **Professionalism:** Demonstrate behaviors that reflect professional values, empathy, and the concept of caring in developing nurse/patient relationships. Integrate knowledge of legal, ethical, and professional values and standards in the assessment and nursing care of clients and their families in a variety of settings and levels of wellness and illness.
2. **Patient-Centered Care:** Demonstrate increasing skill in the assessment of clients across the life span, understanding normal and abnormal variations of findings while recognizing clients and their families as unique individuals with varied preferences, values, and needs.
3. **Evidence-Based Practice (EBP):** Utilize and apply evidence-based practice to health assessment techniques and approaches across the lifespan.
4. **Informatics & Technology:** Utilize technology and information systems to facilitate, document, and improve patient assessment.
5. **Quality Improvement:** Identify a systematic approach to obtain positive outcomes through quality improvement based on health assessment findings.
6. **Teamwork & Collaboration:** Recognize the importance of teamwork, inter/intra-professional collaboration, and communication in shared decision-making regarding quality patient care as it relates to health assessment.

7. **Wellness & Prevention:** Integrate wellness and health promotion, health maintenance, health restoration, and disease prevention to promote healthy outcomes in a variety of communities and populations.
8. **Leadership:** Identify the nurse's leadership roles in advocacy, education, and health team member roles as they relate to holistic health assessment.
9. **Safety:** Demonstrate the importance of promoting quality and safe environments for patients, others, and oneself, based on holistic health assessment findings.
10. **Strengths:** Determine how Strengths (signature talent themes) influences the role of the student nurse and clinical decision-making.

Required Textbooks and Readings:

Jarvis, C. (2023). Pocket Companion for Physical examination & health assessment (9th Ed.). St. Louis, MO: Elsevier. ISBN: 978-0-323-82784-3

ATI HealthAssess 3.0 & ATI Engage Fundamentals (see details below)

Recommended Textbooks and Readings:

Jarvis, C. (2023). Physical examination & health assessment (9th Ed.). St. Louis, MO: Elsevier. ISBN: 978-0-323-80984-9

Special Course Notes:

1. Additional Supplies Needed: Manual Blood Pressure Cuff, stethoscope, watch with second hand, pulse oximeter, penlight, laptop, and a white t-shirt.
2. Technical resources: Laptops/electronic devices are required for testing with ATI. Notebooks and tablets are not compatible with ATI Products.
3. Clinical and Lecture Credit Hours:
    *   Holistic Health Assessment includes one lecture credit hour per week. Lecture content may include online ATI Health Assess 3.0© assignments, lecture videos, and other content found in your Canvas course.
    *   Additionally, 75 face-to-face clinical hours are required for the completion of this 14-week course.
    *   Please see the Attendance and Make-Up Policy.
4. This course requires you to use ATI HealthAssess 3.0©, an external resource, for content readings and assignments. Your ATI access is included in your course fees, and you will be given access

information in class during the first week.
Assignments and Weights/Percentage/Point Values
Criteria for Evaluation: Percentage of Grade:
ATI, Weekly Assignments, & Portfolio 15%
8 Weekly Quizzes 25%
3 Unit Exams 45%
Midterm Head-to-Toe Assessment P/F
Final Head-to-Toe Assessment (Clinical Evaluation) P/F
Health History Assignment/Clinical Documentation/BP Log 15%
*Please note:

- Your lowest weekly quiz grade will **automatically** be dropped (the grade book will identify your lowest grade by "shading out" that grade's column. Note that the column that is shaded may change throughout the semester, depending on which is your "one lowest grade" at that time).
- A missed quiz will be given a grade of "0".
- A "0" will be given to any student who shows up after the quiz or exam has begun.
- There will be no opportunities for extra credit, re-graded assignments, or points added at the end of the term to boost scores. Please follow assignment directions carefully and be mindful of the weights for each graded category.

Grading Scale: Specific guidelines and grading criteria for all assignments are in the Modules. Final grades for the course will be determined based on the following point assignments:

A - 90-100
B - 80-89
C - 75-79
D - 60-74
F - Below 60

- The simple average of all Unit Exam grades must first be at or above 75% to pass the course. Additionally, the simple average of all Weekly Quiz grades must first be at or above 75% to pass the course. Once the student has achieved the simple average of all unit exams at 75% or above and weekly quizzes at 75% or above, course grades will be determined based on the weighted calculation of quizzes, exams, and other required coursework.
- Final course grades less than 75 are not rounded up.
- Student must achieve 90% or above on the Midterm Head-to-Toe Assessment to pass the checkoff. 89% or below on the Midterm Head-to-Toe Assessment results in a Success Plan and mandatory remediation.
- ***Student must achieve 90% or above on Final Head-to-Toe Assessment to pass the course.***

Grade Appeals: Although the university policy allows 60 days for grade appeals, the School of Nursing follows a stricter timeline of 10 days to facilitate students' timely progression through the curriculum. In the case of extenuating circumstances, please consult the Associate Dean of Academic Affairs for guidance.

Academic Integrity: Cheating of any kind, as defined in Section 8 of the UT Tyler Manual of Policies and Procedures (MOPP) for Student Affairs (https://www.uttyler.edu/mopp/), will not be tolerated. Consequences may include:
- reprimand
- exam failure
- course failure
- expulsion from the Nursing program
- expulsion from the University
- other consequences as assigned.

Exam and homework materials, questions, and problems are the intellectual property of faculty, UT Tyler, or publishers.
- These materials may not be distributed without permission.
- Distributing or uploading them to online resources destroys the integrity of the assignment and the course, allowing others an unfair advantage by letting them view the materials.

- Uploading these materials to online resources is a violation of UT Tyler's academic misconduct policies and may result in formal conduct charges.
- Sanctions for uploading or otherwise divulging the contents of these materials can include:
    - a reduced or failing grade on an assignment.
    - a reduced or failing grade for the course.
    - removal from the Nursing program
    - removal from UT Tyler

Late Policy:
- Five points will be deducted each day that an assignment is past due, and all work submitted more than 3 days after the due date will receive a grade of 0.
- Extenuating circumstances may apply at the discretion of course faculty.

Repeating a Course: Students repeating this course may not use previously submitted assignments nor utilize the same patients for an assignment. Submitting the same or slightly modified assignments from previous semesters is considered self-plagiarism and is subject to academic discipline, including failing the assignment or the course.

Attendance and Make-up Policy: Attendance/participation is expected. Make-up for exams, quizzes, assignments, and missed clinical time is at the instructor's discretion.

Artificial Intelligence in coursework: For more details, refer to the UT Website at **uttyler.edu**—digital learning AI. This course has no assignments where artificial intelligence (AI) tools (such as ChatGPT or Copilot) are permitted. When AI use is permissible, it will be clearly stated in the assignment directions, and all use of AI must be appropriately acknowledged and cited. Otherwise, the default is that AI is not allowed during any stage of an assignment.

Grade Replacement: Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the Census Date of the semester in which the course will be repeated. Grade Replacement Contracts are available in the Enrollment Services Center or at http://www.uttyler.edu/registrar. Each semester's Census Date can be found on the
Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar.

Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract**.**

Graded Course Requirements Information:
- **ATI, Weekly Assignments, & Portfolio:** The ATI HealthAssess 3.0© modules are to be completed prior to the scheduled lab time. The portfolio includes learning activities that are completed during the lab. Participation is key to success.
- **Weekly Quizzes:** These quizzes will be taken in Canvas at the beginning of lab on your laptop. The questions will come from the ATI HealthAssess 3.0© modules for that scheduled week. This

will ensure that you are prepared to participate in the learning activities in that week's lab/clinical day.

- **Unit Exams:** There will be three Unit Exams during the semester. The information for these will come from the ATI HealthAssess 3.0© modules, pre-lab assignments, and the portfolio.
- **Midterm & Final Head-to-Toe Assessments:** There will be two head-to-toe assessment checkoffs scheduled through the semester. Detailed rubrics will be provided at the beginning of the semester. The student will demonstrate their ability to perform the head-to-toe assessment on an assigned "patient" with the clinical instructor evaluating.
- **Health History Assignment/Clinical Documentation/BP log:** The Health History includes conducting a complete database-style interview on an assigned patient. Clinical documentation will be completed during or after lab/clinical days. The BP log will require the completion of 50 blood pressures throughout the semester.

Important Course Dates:

Note: The complete course schedule is available on the Course Canvas site.

Course preview days: May 1 – May 4, 2025
15-week Classes Begin: May 5, 2025
Memorial Day Holiday: May 26, 2025
Juneteenth Holiday: May 19, 2025
July 4th Holiday: July 4, 2025
Census Date (withdraw without penalty): May 19, 2025
Last Date to Withdraw: July 8, 2025
For forms from the Office of the Registrar: https://www.uttyler.edu/registrar/forms/
Final Exam Date: n/a in this course
End of Classes: August 8, 2025

Calendar of Topics, Readings, and Due Dates:

Date	Wk.	Pre-lab Assignments	In lab Activities	Post-lab Assignments
Course preview days: May 1st – May 4th, 2025				
UNIT 1 MATERIAL (WEEK 1-4)				
May 5-9	1	• Access Canvas "Important Message from your UTT Team," "Getting Started," and "How Should I Study for this Class" tabs. • Complete assignments in the "Getting Started" tab. • Print & bring to class: - student lab portfolio -calendar/syllabus - 3-ring binder	Orientation Review ATI **Introduction to Health Assessment** --Key Areas: - Components of Health Assess • Nursing Process • Basic Skills in Health Assessment, including ethics, safety, privacy, communication • Assessment Techniques • Documentation --Special Topic: Evidence-Based/Cultural plus Fun First Day Activity: taking pulse and resp!	• Review the *Introduction to Health Assessment* ATI Module and take notes on the outline. Correlate these to what we did in class. • Take a Practice Quiz over today's material. • Finish any "Getting Started" tab items that have not yet been completed. • Look ahead to assignments for next week!
May 12-16	2	• Go to Canvas & complete items in Module 2 pre-lab. • ATI Module *Health History* • ATI Module *Head-to-Toe Assessment*	Week 2 Quiz: ATI **Health History/Head -Toe** --Key Areas: • Review components of Health History • Introduce complete Head-to-Toe Assessment with SON Video • Start Head-Toe Practice/ Intro BP	• **Review the Health History Assignment and start planning for your patient.** • Start practicing any skills you have learned on family and friends!
May 19-23	3	• Go to Canvas & complete items in Module 3 pre-lab. • ATI Module *General Survey*	Week 3 Quiz: ATI **General Survey** --Key Areas: Initial Assessment Checklist • General Survey (+ functional assess) • Measurement (w/Nutritional Considerations) • Vital Signs/Pain Review Health History Assignment VS check-in	• Look ahead to assignments for next week!

Date	Week	Pre-Lab / To Do	Lab / Content	Homework / Practice
May 26-30	4	• Vital Signs	**Vital Signs/Pain**	• Start practicing on 50 blood pressures this week (do 10/wk.) • Start working on Health History • Study for Unit 1 Exam
June 2-6	5	• Prepare for Unit 1 Exam • **Submit Unit 1 Lab Portfolio** •	**Unit 1 Exam** _____ **Start Unit 2 material** _____ ATI Head, Neck, and Neuro --Key Areas: • Health History Neuro Overview • Head, Eyes, Ears, Nose, Mouth, Neck • Health Promotion **POST Quiz wk 5**	Go to Canvas & complete items in Module 5 pre-lab • ATI Module Head, Neck, and Neuro • Practice on 50 blood pressures (do 5/wk) Work on Health History-Section 1
			Unit 2 material (week 5-9)	
June 9-13	6	• Go to Canvas & complete items in Module 6 pre-lab • ATI Module Respiratory • Bring a white T-shirt to lab Bring BP Log for verification of progress (minimum of 10 BP's)	Week 6 Quiz: ATI Respiratory --Key Areas: • Preliminary Stats • Health History Respiratory • Chest/ Breath Sounds • Health Promotion Review History Assignment Respiratory Simulation	• Practice on 50 blood pressures and any new skills • Work on Health History • Practice for Midterm Head-to-Toe Check-off
June 16-20	7	• **Virtual Week** • Go to Canvas & complete items in Module 5 pre-lab ATI Module Skin	**Online** Skin with Quiz (timed with honor lock) --Key Areas: • Health history overview • Skin Color, Skin Texture, and Moisture • Skin Integrity • Skin Temperature • Skin Mobility and Turgor • Nails • Health Promotion	Practice on 50 blood pressures and new skills • Work on Health History • Study for Unit 2 Exam • Practice for Midterm Head-to-Toe Check-off
June 23-27	8	• Prepare for Unit 2 Exam • **Submit Unit 2 Lab Portfolio**	**Unit 2 Exam** MIDTERM HEAD-TO-TOE CHECK-OFFS Online SIM: Harold Stevens	• Practice on 50 blood pressures and new skills • Complete Online SIM: Harold Stevens
			UNIT 3 MATERIAL (WEEK 9-12)	
June 30-July 4	9	• **Virtual Week** • Go to Canvas & complete items in Module 9 pre-lab • ATI Module *Cardiovascular*	**Online** Cardiovascular Quiz (Timed with honor lock) --Key Areas: • Health History Cardiac Overview • Neck Vessels/Chest/Heart Sounds • Extremities/Peripheral Pulses • Health Promotion	• Practice on 50 blood pressures and new skills • Work on Health History
July 7-11	10	• Go to Canvas & complete items in Module 10 pre-lab • ATI Module *Cardiac, Breast, Rectum, Genitourinary* • Bring the white T-shirt to the lab	Week 10 Quiz: ATI *Abdomen, Breast, Rectum, Genitourinary* --Key Areas: • Health History Overview Abd/Breast/GU • Assessment • Health Promotion Review Health History Assignment	• Practice on 50 blood pressures and new skills • Work on Health History
July 14-18	11	• Go to Canvas & complete items in Module 11 pre-lab. • ATI Module *Musculoskeletal/ Neuro*	Week 11 Quiz: ATI *Musculoskeletal/ Neuro* --Key Areas: • Health History Overview MSK/Neuro • ROM/Muscle Testing/Assessment • Trauma Assessment • Health Promotion • ATI Simulation: David Rodriquez/SBAR Wrap up Health History Assignment	• Practice on 50 blood pressures and new skills • Wrap up Health History • **Practice & Prepare for Final H-T Check-off** • **Study for Unit 3 Exam**
July 21-25	12	• **Print/review clinical paperwork.**	*Note: weeks **12 & 13** content may be switched depending on the campus simulation space*	• Complete 50 blood pressures this week • Complete Clinical/SIM Paperwork
		• Prepare for Unit 3 Exam	**Unit 3 Exam**	• **Vital Signs logs due.**

| July 28 – Aug 1 | 13 | • **Submit Unit 3 Lab Portfolio**
• **Submit Health History** | FINAL HEAD-TO-TOE CHECK-OFFS
Online SIM: Head to Toe Challenge | • **Complete Online SIM: Head to Toe Challenge** |
| Aug 4-8 | 14 | • Submit your course evals | **No in-person class No Final** | End of Semester!!! |

School of Nursing Policies and Additional Information can be found at the website below.
https://www.uttyler.edu/nursing/college/student_guide_and_policies.php
Student Resources and University Policies and Information are provided in Canvas.