



**Health Assessment for Registered Nurses
RNBS 3312
Spring 2023- First 7 Weeks**

Scheduled Class Days and Times: Online

Instructor's Name: Karen Walker, Ph.D., MBA, RN (060)

Office: BRB 2145

Phone: 903.565.5649

Email: kwalker@uttyler.edu*

Office Hours: Tuesdays 11am-2pm CST and available via appointment, email, conference and/or Zoom.

*Best way to contact me is email

Instructor's Name: Amanda Cartwright, MSN, RN, CNE (061)

Office: BRB

Phone: 903.566.7320

Email: acartwright@uttyler.edu*

Office Hours: Mondays 9AM – 12PM available via appointment to zoom or call (email to confirm prior). Other times also available via appointment.

*Best way to contact me is email.

Course Description: This course focuses on the synthesis of nursing knowledge and skills to perform a comprehensive health assessment of individuals across the lifespan. Students practice health assessment skills in laboratory settings. 2:1

Prerequisites: Registered Nurse, Admission to the RN-BSN Track.

Student Learning Outcomes:

1) **Professionalism:** Exhibit behaviors that reflect professional values, empathy, and the concept of caring in developing nurse/patient relationships. Integrate knowledge of legal, ethical, and professional values and standards in the assessment and nursing care of patients and their families in a variety of settings and levels of wellness and illness.

2) **Patient-Centered Care:** Demonstrate increasing skill in the assessment of clients across the lifespan, understanding normal and abnormal variations in assessment findings, while recognizing clients and their families as unique individuals with varied preferences, values, and needs.

- 3) **Evidence-Based Practice (EBP):** Integrate evidence-based practice into health assessment techniques and approaches across the life span.
- 4) **Informatics & Technology:** Utilize technology and information systems to facilitate, document, and improve patient assessment.
- 5) **Quality Improvement:** Explore quality improvement initiatives in collecting and responding to health assessment findings to improve patient outcomes.
- 6) **Teamwork and Collaboration:** Evidence teamwork and interprofessional collaboration and communication in shared decision-making towards quality patient care as it relates to health assessment.
- 7) **Wellness and Prevention:** Integrate patient care measures that support wellness and health promotion, health maintenance, health restoration, and disease prevention to promote healthy patient outcomes.
- 8) **Leadership:** Explore the role of the nurse as a leader regarding advocacy and patient education, as it relates to holistic health assessment.
- 9) **Safety:** Prioritize the promotion of safe environments for patients, others, and self, based on holistic health assessment findings.
- 10) **Strengths:** Analyze how Strengths (signature talent themes) influence the role of the student nurse and clinical decision-making.

Required Textbooks and Readings:

Jarvis, C. (2020). Physical examination and health assessment (8th Edition).
ISBN: 978-0-323-51080-6

Baccalaureate Student Guide, which can be found at:

https://www.utt Tyler.edu/nursing/college/documents/son_student_guide.pdf

Special Course Notes:

This is an online course and content is delivered through the Canvas learning management system, including recorded lectures. Access to Canvas by means of a laptop or desktop computer is necessary. Additionally, some assignments and class meetings may require use of video and audio technology, which are built into most smartphones, laptops, and desktop computers.

Computer Requirements: Access to a current, working computer or laptop with internet access using Firefox or Chrome browser is required for this internet-based course. The Canvas learning system works best using Firefox or Chrome browsers. It is essential to have access to a reliable PC/laptop and internet access for this course.

Internet Instructions: Course modules are online in Canvas (see course calendar). UT Tyler online canvas courses use Java, JavaScript, browser plug-ins, helper application and cookies. Canvas works best using Chrome or Firefox browser. It is essential that you have these elements installed and enabled in your web browser for optimal viewing of the content and functions of your online course content. Lecture videos are optimally viewed in high definition.

- Adobe Reader allows you to view, save, and print Portable Document Format (PDF) files. <http://get.adobe.com/reader/>
- Java Runtime Environment (JRE) allows you to use interactive tools on the web. <http://www.java.com/en/download/>
- QuickTime allows users to play back audio and video files. <http://www.apple.com/quicktime/download/>

Assignments and Weights/Percentage/Point Values

1. Interactive Learning Activities	10%
2. Discussion Boards	20%
3. Assignments	30%
4. Exams (4)	40%

Grading Scale: Specific guidelines and grading criteria for all assignments are in the Modules. Final grades for the course will be determined based upon the following point assignments:

- A - 90-100
- B - 80-89
- C - 75-79
- D - 60-74
- F - Below 60

Final course grades less than 75% are not rounded up. The combined weighted calculation of all course assignments, quizzes, exams, and clinical activities must be at least 75% in order to pass the course.

Academic Integrity: Cheating of any kind, as defined in Section 8 of the UT Tyler Manual of Policies and Procedures (MOPP) for Student Affairs (<https://www.uttyler.edu/mopp/>), will not be tolerated. Consequences may include:

- reprimand
- exam failure
- course failure
- expulsion from the Nursing program
- expulsion from the University
- other consequences as assigned

Exam and homework materials, questions, and problems are the intellectual property of faculty, UT Tyler, or publishers.

- These materials may not be distributed without permission.
- Distributing or uploading them to online resources destroys the integrity of the assignment and the course, allowing others an unfair advantage by letting them view the materials.
- Uploading these materials to online resources is a violation of UT Tyler's academic misconduct policies and may result in formal conduct charges.
- Sanctions for uploading or otherwise divulging the contents of these materials can include:
 - a reduced or failing grade on an assignment
 - a reduced or failing grade for the course
 - removal from the Nursing program
 - removal from UT Tyler

Late Policy: 5% will be deducted each day an assignment is past due unless prior arrangements have been made with your course faculty. Extenuating circumstances may apply.

Repeating a Course: Students repeating this course may not use previously submitted assignments nor utilize the same patients for an assignment. Submitting the same or slightly modified assignments from previous semesters is considered self-plagiarism and is subject to academic discipline, including failing the assignment or the course.

Attendance and Make-up Policy: Attendance/participation is expected. Make-up for exams, quizzes, assignments, and missed clinical time is at the instructor's discretion.

Grade Replacement: Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the Census Date of the semester in which the course will be repeated. Grade Replacement Contracts are available in the Enrollment Services Center or at <http://www.uttyler.edu/registrar>. Each semester's Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar.

Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract.

Graded Course Requirements Information:

Detailed information about each assignment will be provided in the Canvas course.

1. Quality Improvement Discussion Board

2. Strengths Discussion Board
3. Health History Assignment
4. Head to Toe Documentation
5. Exams (4)
6. Interactive Learning Activities

Important Course Dates:

Classes Begin: January 9, 2023

Census Date (withdraw without penalty): January 13, 2023

Last Date to Withdraw: February 17, 2023, please contact your advisor to discuss withdrawing from the course and notify your instructor.

Last day of class: 2/25/2023

Calendar of Topics, Readings, and Due Dates: On next page.

RNBS 3312 Health Assessment for Registered Nurses Course Schedule				
Week #	Date	Class Topic	Readings	Assignments Due
1	1/9	Course Orientation Evidence-Based Assessment Cultural Assessment The Interview The Complete Health History Functional Assessment of the Older Adult	Course Intro Module Canvas Module 1 Textbook Ch. 1, 2 Ch. 3, 4, 32	-Undergraduate Affirmation Forms -Syllabus quiz -Video Introduction All Due by Mon., 1/16 @ 2359
	1/13	Course Census Date		
2	1/16	Assessment Techniques & Safety General Survey, Measurement & Vital Signs Bedside Assessment & Documentation Mental Status Assessment Substance Use Assessment Domestic and Family Violence Assessment	Canvas Module 2 Textbook Ch. 8-10 & 30 Ch. 5-7	Discussion Board: Quality Improvement Project Due by Mon., 1/23 @ 2359
3	1/23	Pain Assessment Nutrition Assessment Thorax & Lungs	Canvas Module 3 Textbook Ch. 11, 12 Ch. 19	Exam 1 (Mod. 1-3): Opens Mon. 1/23 @ 0800 Closes Mon. 1/30 @ 2359
4	1/30	Heart & Neck Vessels Peripheral Vascular & Lymphatic System Abdomen Musculoskeletal System 1/31/23 Synchronous Zoom for Health History @ 8pm	Canvas Module 4 Textbook Ch. 20-21 Ch. 22-23	Exam 2 (Mod. 4-6): Opens Mon., 1/30 @ 0800 Closes Mon., 2/6 @ 2359 Health History Due by 2/6 @ 2359
5	2/6	Eyes Ears Nose, Mouth & Throat Neurologic System 2/7/23 Synchronous Zoom Head-to-Toe Assessment & Documentation @ 8pm	Canvas Module 5 Textbook Ch. 15-17 Ch. 24	Exam 3 (Mod. 7-10): Opens Mon. 2/6 @ 0800 Closes Mon. 2/13 @ 2359 Head-to-Toe: Assessment & Documentation-Due by 2/13 @ 2359 Discussion Board: Strengths-Due by 2/13 @ 2359
	2/17	Course Withdrawal Deadline		
6	2/13	Skin, Hair, & Nails Head, Face, Neck, & Regional Lymphatics Male GU System Anus, Rectum, & Prostate Breasts, Axillae, & Regional Lymphatics Female GU System The Pregnant Woman	Canvas Module 6 Textbook Ch. 13, 14 Ch. 25, 26 Ch. 18, 27, 31	Exam 4 (Mod. 11-13): Opens Mon. 2/13 @ 0800 Closes Mon. 2/20 @ 2359
7	2/20	End of Course Reflection Course Evaluations		Complete course Reflection and Course Evaluations
	2/25	End of 7-week Course Please check that all required activities are completed in Canvas!		

UT Tyler School of Nursing Justice, Equity, Diversity and Inclusion Statement

The University of Texas at Tyler School of Nursing aspires to create, foster, and sustain a culture of justice, equity, diversity, and inclusion irrespective of one's identity. We value and embrace all backgrounds, experiences, and identities, realizing that no one group, person or perspective

has all the answers. We are richer when our individual skills, knowledge, experiences, cultures, backgrounds, and identities are combined in an accepting community. We strive to ensure that every individual gets a fair and equal chance to participate and thrive in a nurturing environment where all feel a sense of belonging. We are committed to intentionally and deliberately creating a diverse community that instills a sense of equitable justice and belonging for everyone affiliated with our school.

School of Nursing Policies and Additional Information:

https://www.utt Tyler.edu/nursing/college/student_guide_and_policies.php

Student Resources and University Policies are provided in Canvas.