



Holistic Health Assessment

NURS 3308

Spring 2023

Scheduled Class Days and Times vary, please check your class schedule

Instructor's Name: George Barajaz, MSN, APRN, FNP-BC

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Phone: Cell 318-820-4909

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Office Hours: Fridays 8-9, 2-4 and available via appointment, email, zoom, or conference call

*Best way to contact me is email through Canvas.

Instructor's Name: Carla Biondillo, MSN, RN

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Office Hours: Tuesday 11-2 and available via appointment, email, conference call, and/or Zoom.

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Instructor's Name: Erica Conway, MSN, RN

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Office Hours: Wednesday 8-9 & 2-2:30, Thursday 8-9 & 2-2:30 and also available via appointment, email, conference call, and/or Zoom.

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Instructor's Name: Hannah Gean, MSN, RN, CCRN

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Office Hours: Tuesday 8-11 and available via appointment, email, conference call, and/or Zoom.

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Instructor's Name: Caroline Hardee, MSN, RN

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Office Hours: Monday 09-12 and available via appointment, email, conference call, and/or Zoom

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Instructor's Name: J. Michelle Nelson, MSN, RN, CNE

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Office Hours: Tuesdays 9-12 and also by appointment in person, zoom, or conference call

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Instructor's Name: Bethany Rudolph, MSN, RN

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Instructor's Name: Mary Williams, MSN, RN

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Office Hours: Thursdays 2-5 and also by appointment, email, conference call, and/or Zoom.

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Course Description: This course focuses on patient assessment across the lifespan, including health history and physical assessment. Cultural perspectives, diversity, belief systems, and holistic healthcare are addressed.

Prerequisites: Admission to the Bachelor of Science in Nursing Program and NURS 3303.

Corequisites: Concurrent enrollment in NURS 3605.

Note: NURS 3308 Holistic Health Assessment is a pre-requisite or co-requisite of NURS 3605 Fundamentals of Nursing. If a student is failing and drops NURS 3308 Holistic Health Assessment, the student must also drop NURS 3605 Fundamentals of Nursing.

Student Learning Outcomes:

Upon successful completion of this course, the student will be able to:

1. **Professionalism:** Demonstrate behaviors that reflect professional values, empathy, and the concept of caring in developing nurse/patient relationships. Integrate knowledge of legal, ethical, and professional values and standards in the assessment and nursing care of clients and their families in a variety of settings and levels of wellness and illness.
2. **Patient-Centered Care:** Demonstrate increasing skill in the assessment of clients across the life span, understanding normal and abnormal variations of findings while recognizing clients and their families as unique individuals with varied preferences, values, and needs.
3. **Evidence Based Practice (EBP):** Utilize and apply evidence-based practice to health assessment techniques and approaches across the life span.
4. **Informatics & Technology:** Utilize technology and information systems to facilitate, document, and improve patient assessment.
5. **Quality Improvement:** Identify a systematic approach to obtain positive outcomes through quality improvement based on health assessment findings.
6. **Teamwork & Collaboration:** Recognize the importance of teamwork and inter/intraprofessional collaboration and communication in shared decision making towards quality patient care as it relates to health assessment.
7. **Wellness & Prevention:** Integrate wellness and health promotion, health maintenance, health restoration, and disease prevention to promote healthy outcomes in a variety of communities and populations.
8. **Leadership:** Identify the roles of the nurse as leader in regard to advocacy, education, and health team member as it relates to holistic health assessment.
9. **Safety:** Demonstrate the importance of promoting quality and safe environments for patients, others, and self, based on holistic health assessment findings.
10. **Strengths:** Determine how Strengths (signature talent themes) influences the role of the student nurse and clinical decision-making.

Required Textbooks and Readings:

Jarvis, C. (2020). Pocket Companion for Physical examination & health assessment (8th Ed.). St. Louis, MO: Elsevier. ISBN: 978-0-323-53202-0

ATI HealthAssess 2.0 & ATI Engage Fundamentals (see details below)

Recommended Textbooks and Readings:

Jarvis, C. (2020). Physical examination & health assessment (8th Ed.). St. Louis, MO: Elsevier. ISBN: 978-0-323-51080-6

Special Course Notes:

1. Additional Supplies Needed: Manual Blood Pressure Cuff, stethoscope, watch with second hand, pulse oximeter, penlight, laptop, and white t-shirt.

2. Clinical and Lecture Credit Hours:
 - Holistic Health Assessment includes one lecture credit hour per week. Lecture content may include online ATI Health Assess 2.0 assignments, lecture videos, and other content found in your Canvas course.
 - Additionally, 75 face-to-face clinical hours are required for the completion of this 14-week course.
 - Please see Attendance and Make-Up Policy.
3. This course requires you to use ATI HealthAssess 2.0, an external resource, for content readings and assignments. Your ATI access is included in your course fees and you will be given access information in class during the first week.

Assignments and Weights/Percentage/Point Values

Criteria for Evaluation:	Percentage of Grade:
ATI, Weekly Assignments, & Portfolio	15%
8 Weekly Quizzes	25%
3 Unit Exams	45%
Midterm Head-to-Toe Assessment	P/F
Final Head-to-Toe Assessment (Clinical Evaluation)	P/F
Health History Assignment/Clinical Documentation/BP Log	15%

***Please note:**

- Your lowest weekly quiz grade will automatically be dropped (the gradebook will identify your one lowest grade by “shading out” that grade’s column. Note that the column that is shaded may change throughout the semester, depending on which is your “one lowest grade” at that time).
- A missed quiz will be given a grade of “0”.
- There will be no opportunities for extra credit, re-graded assignments, or points added at the end of the term to boost scores. Please follow assignment directions carefully and be mindful of the weights for each graded category.

Grading Scale: Specific guidelines and grading criteria for all assignments are in the Modules. Final grades for the course will be determined based upon the following point assignments:

- A - 90-100
- B - 80-89
- C - 75-79
- D - 60-74
- F - Below 60

- The simple average of all **Unit Exam** grades must first be at or above 75% to pass the course. Additionally, the simple average of all **Weekly Quiz** grades must first be at or above 75% to pass the course. Once the student has achieved the simple average of all unit exams at 75% or above and weekly quizzes at 75% or above, course grades will be determined based on the weighted calculation of quizzes, exams and other required course work.
- Final course grades less than 75 are not rounded up.
- Student must achieve 90% or above on Midterm Head-to-Toe Assessment to pass the checkoff. 89% or below on Midterm Head-to-Toe Assessment results in a Success Plan and mandatory remediation.
- ***Student must achieve 90% or above on Final Head-to-Toe Assessment to pass the course.***

Academic Integrity: Cheating of any kind, as defined in Section 8 of the UT Tyler Manual of Policies and Procedures (MOPP) for Student Affairs (<https://www.uttyler.edu/mopp/>), will not be tolerated. Consequences may include:

- reprimand
- exam failure
- course failure
- expulsion from the Nursing program
- expulsion from the University
- other consequences as assigned

Exam and homework materials, questions, and problems are the intellectual property of faculty, UT Tyler, or publishers.

- These materials may not be distributed without permission.
- Distributing or uploading them to online resources destroys the integrity of the assignment and the course, allowing others an unfair advantage by letting them view the materials.
- Uploading these materials to online resources is a violation of UT Tyler's academic misconduct policies and may result in formal conduct charges.
- Sanctions for uploading or otherwise divulging the contents of these materials can include:
 - a reduced or failing grade on an assignment
 - a reduced or failing grade for the course
 - removal from the Nursing program
 - removal from UT Tyler

Late Policy:

- Five points will be deducted each day that an assignment is past due, and all work submitted more than 3 days after the due date will receive a grade of 0.
- Extenuating circumstances may apply at the discretion of course faculty.

Repeating a Course: Students repeating this course may not use previously submitted assignments nor utilize the same patients for an assignment. Submitting the same or slightly modified assignments from previous semesters is considered self-plagiarism and is subject to academic discipline, including failing the assignment or the course.

Attendance and Make-up Policy: Attendance/participation is expected. Make-up for exams, quizzes, assignments, and missed clinical time is at the instructor's discretion.

Grade Replacement: Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the Census Date of the semester in which the course will be repeated. Grade Replacement Contracts are available in the Enrollment Services Center or at <http://www.uttyler.edu/registrar>. Each semester's Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar.

Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract.

Graded Course Requirements Information:

- **ATI, Weekly Assignments, & Portfolio:** There are ATI HealthAssess modules that will need to be completed prior to the scheduled lab time. The portfolio includes learning activities that are completed during lab. Participation is key for success.
- **Weekly Quizzes:** These quizzes will be taken in Canvas at the beginning of lab on your laptop. The questions will come from the ATI HealthAssess modules for that scheduled week. This will ensure that you are prepared to participate in the learning activities in that week's lab/clinical day.
- **Unit Exams:** There will be three Unit Exams during the semester. This information will come from the ATI HealthAssess modules, pre-lab assignments, and the portfolio.
- **Midterm & Final Head-to-Toe Assessments:** There will be two head-to-toe assessment checkoffs scheduled through the semester. Detailed rubrics will be provided at the beginning of the semester. Student will demonstrate their ability to perform the head-to-toe assessment on an assigned "patient" with the clinical instructor evaluating.
- **Health History Assignment/Clinical Documentation/BP log:** The Health History includes conducting a complete database style interview on an assigned patient. Clinical documentation will be completed during or after lab/clinical days. The BP log will require the completion of 50 blood pressures throughout the semester.

Important Course Dates:

Note: The complete course schedule is available in the Course Canvas site.

14-week Classes Begin: January 9, 2023

Martin Luther King, Jr. Holiday: January 16, 2023

Census Date (withdraw without penalty): January 20, 2023

Spring Break: March 13 – 18, 2023

Last Date to Withdraw: March 20, 2023

For forms from Office of the Registrar: <https://www.utt Tyler.edu/registrar/forms/>

Final Exam Date: n/a in this course

End of 14-week Classes: April 22, 2023

Calendar of Topics, Readings, and Due Dates:

Date	Wk	Pre-lab Assignments	In lab Activities	Post-lab Assignments
UNIT 1 MATERIAL (WEEK 1-4)				
Jan. 9-13	1	<ul style="list-style-type: none"> Access Canvas "Important Message from your UTT Team", "Getting Started", and "How Should I Study for this Class" tabs. Complete assignments in "Getting Started" tab. Print & bring to class: <ul style="list-style-type: none"> student lab portfolio calendar/syllabus 3-ring binder 	Orientation Review ATI <i>Introduction to Health Assessment</i> --Key Areas: <ul style="list-style-type: none"> Components of Health Assessment Nursing Process Basic Skills of Health Assessment including ethics, safety, privacy, communication Assessment Techniques Documentation --Special Topic: Evidence-Based/Cultural Assess Fun First Day Activity: taking pulse and resp.	<ul style="list-style-type: none"> Review <i>Introduction to Health Assessment</i> ATI Module and take notes on the outline. Correlate these to what we did in class. Take Practice Quiz over today's material Finish any "Getting Started" tab items not yet completed. Look ahead to assignments for next week!
Jan. 16-20 *Jan. 20 Census Date	2	<ul style="list-style-type: none"> Go to Canvas & complete items in Module 2 pre-lab. ATI Module <i>Health History</i> ATI Module <i>Head-to-Toe Assessment</i> 	Week 2 Quiz: ATI <i>Health History/Head -Toe</i> --Key Areas: <ul style="list-style-type: none"> Review components of Health History Focused Assessment: <i>HH Amiral Hill</i> Introduce complete Head-to-Toe Assessment with SON Video Start Head-Toe Practice/ Intro BP 	<ul style="list-style-type: none"> Review Health History Assignment and start planning for your patient Start practicing any skills you have learned on family and friends!
Jan. 23-27	3	<ul style="list-style-type: none"> Go to Canvas & complete items in Module 3 pre-lab. ATI Module <i>General Survey</i> 	Week 3 Quiz: ATI <i>General Survey</i> --Key Areas: Initial Assessment Checklist <ul style="list-style-type: none"> General Survey (+ functional assess) Measurement (w/Nutritional Considerations) Vital Signs/Pain Focused Assess: <i>Gen. Survey A. Hill</i> Review Health History Assignment VS check-in Orientation to Simulation Hospital	<ul style="list-style-type: none"> Start practice on 50 blood pressures this week (do 10/wk) Start working on Health History Study for Unit 1 Exam
Jan. 30-	4	<ul style="list-style-type: none"> Prepare for Unit 1 Exam 	Unit 1 Exam	<ul style="list-style-type: none"> Turn in Clinical Paperwork

Feb. 3		<ul style="list-style-type: none"> • Submit Unit 1 Lab Portfolio • Print/review clinical paperwork. 	Vital Signs Check-in/Health History Check-in Clinical Expectations/ Clinical –Location TBA	<ul style="list-style-type: none"> • Practice on 50 blood pressures (do 5/wk) • Work on Health History-Section 1
UNIT 2 MATERIAL (WEEK 5-8)				
Feb. 6-10	5	<ul style="list-style-type: none"> • Go to Canvas & complete items in Module 5 pre-lab • ATI Module <i>Skin</i> • Bring BP Log for verification of progress (minimum of 10 BP's) 	Week 5 Quiz: ATI <i>Skin</i> --Key Areas: <ul style="list-style-type: none"> • Health history overview • Skin Color, Skin Texture and Moisture • Skin Integrity • Skin Temperature • Skin Mobility and Turgor • Nails • Health Promotion • Focused Assessment: <i>Jeremy Reilly</i> with EHR Documentation and SBAR Health History Section 1 Due Clinical – Location TBA	<ul style="list-style-type: none"> • Turn in Clinical Paperwork • Practice on 50 blood pressures and any new skills • Work on Health History
Feb. 13-17	6	<ul style="list-style-type: none"> • Go to Canvas & complete items in Module 6 pre-lab • ATI Module <i>Head, Neck, and Neuro</i> 	Week 6 Quiz: ATI <i>Head, Neck, and Neuro</i> --Key Areas: <ul style="list-style-type: none"> • Health History Neuro Overview • Head, Eyes, Ears, Nose, Mouth, Neck • Health Promotion • Focused Assessment Deion Barnes with EHR Documentation and SBAR Review Health History Assignment	<ul style="list-style-type: none"> • Practice on 50 blood pressures and new skills • Work on Health History
Feb. 20-24	7	<ul style="list-style-type: none"> • Go to Canvas & complete items in Module 7 pre-lab • ATI Module <i>Respiratory</i> • Bring white t-shirt to lab 	Week 7: ATI <i>Respiratory</i> --Key Areas: <ul style="list-style-type: none"> • Preliminary Stats • Health History Respiratory Overview <ul style="list-style-type: none"> • Chest • Breath Sounds • Health Promotion • Focused Assessment Leo Seko/SBAR Review History Assignment Respiratory Simulation	<ul style="list-style-type: none"> • Practice on 50 blood pressures and new skills • Work on Health History • Practice for Midterm Head-to-Toe Check-off • Study for Unit 2 Exam
Feb. 27-Mar. 3	8	<ul style="list-style-type: none"> • Prepare for Unit 2 Exam • Submit Unit 2 Lab Portfolio 	Unit 2 Exam MIDTERM HEAD-TO-TOE CHECK-OFFS Online SIM: Harold Stevens	<ul style="list-style-type: none"> • Practice on 50 blood pressures and new skills • Complete Online SIM: Harold Stevens
UNIT 3 MATERIAL (WEEK 9-12)				
March 6-10	9	<ul style="list-style-type: none"> • Go to Canvas & complete items in Module 9 pre-lab • ATI Module <i>Cardiovascular</i> • Bring white t-shirt to lab 	Week 9 Quiz: <i>Cardiovascular</i> --Key Areas: <ul style="list-style-type: none"> • Health History Cardiac Overview • Neck Vessels/Chest/Heart Sounds • Extremities/Peripheral Pulses • Health Promotion • Focused Assessment Doris Anderson Review Health History Assignment	<ul style="list-style-type: none"> • Practice on 50 blood pressures and new skills • Work on Health History
NO CLASS, SPRING BREAK MARCH 13-18				
March 20-24 March 20	10	<ul style="list-style-type: none"> • Go to Canvas & complete items in Module 10 pre-lab • ATI Module <i>Cardiac, Breast, Rectum, Genitourinary</i> 	Week 10 Quiz: ATI <i>Abdomen, Breast, Rectum, Genitourinary</i> --Key Areas:	<ul style="list-style-type: none"> • Practice on 50 blood pressures and new skills • Work on Health History

*last day to withdraw		<ul style="list-style-type: none"> Bring white t-shirt to lab 	<ul style="list-style-type: none"> Health History Overview Abd/Breast/GU Assessment Health Promotion Focused Assessment Tamika Shaw/Doc Review Health History Assignment	
March 27-31	11	<ul style="list-style-type: none"> Go to Canvas & complete items in Module 11 pre-lab. ATI Module <i>Musculoskeletal/ Neuro</i> 	Week 11 Quiz: ATI <i>Musculoskeletal/ Neuro</i> --Key Areas: <ul style="list-style-type: none"> Health History Overview MSK/Neuro ROM/Muscle Testing/Assessment Trauma Assessment Health Promotion ATI Simulation: David Rodriquez/SBAR Wrap up Health History Assignment Questions	<ul style="list-style-type: none"> Practice on 50 blood pressures and new skills Wrap up Health History Practice & Prepare for Final H-T Check-off Study for Unit 3 Exam
April 3-7	12	<ul style="list-style-type: none"> Print/review clinical paperwork. 	Clinical/PIT (Putting It Together) Sim <i>*Note: weeks 12 & 13 content may be switched depending on the campus simulation space</i>	<ul style="list-style-type: none"> Complete 50 blood pressures this week Complete Clinical/SIM Paperwork
April 10-14	13	<ul style="list-style-type: none"> Prepare for Unit 3 Exam Submit Unit 3 Lab Portfolio Submit Health History 	Unit 3 Exam FINAL HEAD-TO-TOE CHECK-OFFS Online SIM: Head to Toe Challenge	<ul style="list-style-type: none"> Vital Signs logs due Complete Online SIM: Head to Toe Challenge
Apr. 17-21	14	None!	No in-person class	End of Semester!!!

UT Tyler School of Nursing Justice, Equity, Diversity and Inclusion Statement

The University of Texas at Tyler School of Nursing aspires to create, foster, and sustain a culture of justice, equity, diversity, and inclusion irrespective of one's identity. We value and embrace all backgrounds, experiences, and identities, realizing that no one group, person or perspective has all the answers. We are richer when our individual skills, knowledge, experiences, cultures, backgrounds, and identities are combined in an accepting community. We strive to ensure that every individual gets a fair and equal chance to participate and thrive in a nurturing environment where all feel a sense of belonging. We are committed to intentionally and deliberately creating a diverse community that instills a sense of equitable justice and belonging for everyone affiliated with our school.

School of Nursing Policies and Additional Information can be found at the website below.

https://www.utt Tyler.edu/nursing/college/student_guide_and_policies.php

Student Resources and University Policies and Information are provided in Canvas.