

Spring 2022

NURS 3308, Holistic Health Assessment

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Course Description

This course focuses on patient assessment across the lifespan, including health history and physical assessment. Cultural perspectives, diversity, belief systems, and holistic healthcare are addressed.

Prerequisites

Admission to the Bachelor of Science in Nursing program and NURS 3303.

Corequisites

Concurrent enrollment in NURS 3605.

<u>Note:</u> NURS 3308 Holistic Health Assessment is a pre-requisite or co-requisite of NURS 3605 Fundamentals of Nursing. If a student is failing and drops NURS 3308 Holistic Health Assessment, the student must also drop NURS 3605 Fundamentals of Nursing.

Course Learning Objectives

Upon successful completion of this course, the student will be able to:

- Professionalism: Demonstrate behaviors that reflect professional values, empathy, and the
 concept of caring in developing nurse/patient relationships.
 Integrate knowledge of legal, ethical, and professional values and standards in the
 assessment and nursing care of clients and their families in a variety of settings and levels of
 wellness and illness.
- 2. Patient-Centered Care: Demonstrate increasing skill in the assessment of clients across the life span, understanding normal and abnormal variations of findings while recognizing clients and their families as unique individuals with varied preferences, values, and needs.
- **3. EBP**: Utilize and apply evidence-based practice to health assessment techniques and approaches across the life span.
- **4. Informatics & Technology**: Utilize technology and information systems to facilitate, document, and improve patient assessment.
- **5. Quality Improvement:** Identify a systematic approach to obtain positive outcomes through quality improvement based on health assessment findings.
- **6. Teamwork & Collaboration:** Recognize the importance of teamwork and inter/intra-professional collaboration and communication in shared decision making towards quality patient care as it relates to health assessment.
- **7. Wellness & Prevention:** Integrate wellness and health promotion, health maintenance, health restoration, and disease prevention to promote healthy outcomes in a variety of communities and populations.
- **8. Leadership:** Identify the roles of the nurse as leader in regard to advocacy, education, and health team member as it relates to holistic health assessment.
- **9. Safety:** Demonstrate the importance of promoting quality and safe environments for patients, others, and self, based on holistic health assessment findings.
- **10. Strengths:** Determine how Strengths (signature talent themes) influences the role of the student nurse and clinical decision-making.

Clinical & Lecture Credit Hours

Holistic Health Assessment includes one lecture credit hour per week. Lecture content may include online ATI Health Assess 2.0 assignments, lecture videos, and other content found in your Canvas course. Additionally, 75 face-to-face clinical hours are required for the completion of this 14-week course. Please see Attendance and Make-Up Policy.

Grading Policy and Criteria

Specific guidelines and grading criteria for all assignments are in the Modules. Final grades for the course will be determined based upon the following point assignments:

A - 90-100

B - 80-89

C - 75-79

D - 60-74

F - Below 60

Final course grades less than 75 are not rounded up.

The **simple average of all Unit Quiz grades must first be at or above 75%** in order to pass the course. Additionally, all **Weekly Quiz grades must first be at or above 75%** in order to pass the course. <u>Once this criterion is met</u>, course grades will be determined based on the weighted calculation of quizzes and other required course work.

Student must achieve 90% or above on Midterm Head-to-Toe Assessment in order to pass the course. 89% or below on Midterm Head-to-Toe Assessment results in a Success Plan and mandatory remediation.

Student must achieve 90% or above on Final Head-to-Toe Assessment in order to pass the course.

Late policy

Five points will be deducted each day that an assignment is past due unless prior arrangements have been made with your course faculty. **All assignments must be completed for successful completion of the course.** However, all work submitted more than 3 days after the due date will receive a grade of 0. Extenuating circumstances may apply at the discretion of course faculty.

Note: Quizzes are taken at the start of each class. **Prompt arrival to lab is essential!** Once quizzing begins, **no students will be permitted to enter the class**, and a grade of zero will be entered into the gradebook for that quiz.

Repeating a Course

Students repeating this course may not use previously submitted assignments nor utilize the same patients for an assignment. Submitting the same or slightly modified assignments from previous semesters is considered self-plagiarism and is subject to academic discipline, including failing the assignment or the course.

Criteria for Evaluation:	Percentage of Grade:
ATI, Weekly Assignments, Portfolio	15%
Weekly Quizzes	20%
3 Unit Quizzes	45%
Midterm Head-to-Toe Assessment	P/F
Final Head-to-Toe Assessment (Clinical Evaluation)	P/F
Health History Assignment/Clinical Documentation/BP log	15%
Capstone Project	5%

^{*}Please note: your lowest weekly quiz grade will automatically be dropped. There will be no opportunities for extra credit, re-graded assignments, or points added at the end of the term to boost scores. Please follow assignment directions carefully and be mindful of the weights for each graded category.

Important Course Dates:

Note: The complete course schedule is available in the Course Canvas site.

Census Date: January 21, 2022

Last Date to Withdraw: March 21, 2022

https://www.uttyler.edu/registrar/registration/withdrawals.php

Attendance and Make-up Policy

Attendance / participation is mandatory. Make-up for exams, quizzes, assignments, clinical time is required. Contact your instructor **prior** to missing scheduled clinical time. For example, if you miss a 5-hour clinical day then you will be required to make-up the 5-hours missed via face-to-face or virtual assignment. This decision is at the discretion of your clinical instructor.

Required Textbooks/Materials

Jarvis, C. (2020). Pocket Companion for Physical examination & health assessment (8th Ed.). St. Louis, MO: Elsevier. ISBN: 978-0-323-53202-0

ATI HealthAssess & ATI Engage Fundamentals (this resource is included in your course fees and you will be given access information in class)

Optional Textbook

Jarvis, C. (2020). Physical examination & health assessment (8th Ed.). St. Louis, MO: Elsevier. ISBN: 978-0-323-51080-6

Additional Supplies

Manual BP Cuff, stethoscope, watch with second hand, pulse oximeter, penlight, laptop, & white t-shirt

School of Nursing Covid-19 Statement

"The COVID-19 situation continues to be fluid, with SON and university policies and procedures changing in response. Please keep apprised of the most recent updates through your SON program site in Canvas (Org-Be a Super Nurse and the university website (https://www.uttyler.edu/coronavirus/)"

School of Nursing Policies and Additional Information

https://www.uttyler.edu/nursing/college/student_guide_and_policies.php

University Policies and Additional Information (updated 5/2019)

The following course policies may be found at the website listed below: absence for religious observance, absence for university-supported trips, services to students with disabilities, grade replacement, state-mandated course drop policy, and Social Security and privacy. Refer to this site for the most current policies and changes that may have been made.

http://www.uttyler.edu/academicaffairs/files/syllabuspolicy.pdf

UT Tyler Honor Code

Every member of the UT Tyler community joins together to embrace: Honor and integrity that will not allow me to lie, cheat, or steal, nor to accept the actions of those who do.

Students Rights and Responsibilities

To know and understand the policies that affect your rights and responsibilities as a student at UT Tyler, please follow this link: http://www.uttyler.edu/wellness/rightsresponsibilities.php

Campus Carry

We respect the right and privacy of students 21 and over who are duly licensed to carry concealed weapons in this class. License holders are expected to behave responsibly and keep a handgun secure and concealed. More information is available at http://www.uttyler.edu/about/campus-carry/index.php

UT Tyler a Tobacco-Free University

All forms of tobacco will not be permitted on the UT Tyler main campus, branch campuses, and any property owned by UT Tyler. This applies to all members of the University community, including students, faculty, staff, University affiliates, contractors, and visitors.

Forms of tobacco not permitted include cigarettes, cigars, pipes, water pipes (hookah), bidis, kreteks, electronic cigarettes, smokeless tobacco, snuff, chewing tobacco, and all other tobacco products.

There are several cessation programs available to students looking to quit smoking, including counseling, quit-lines, and group support. For more information on cessation programs please visit www.uttyler.edu/tobacco-free.

Grade Replacement/Forgiveness and Census Date Policies

Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the Census Date of the semester in which the course will be repeated. Grade Replacement Contracts are available in the Enrollment Services Center or at http://www.uttyler.edu/registrar. Each semester's Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar.

Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract.

The Census Date is the deadline for many forms and enrollment actions of which students need to be aware. These include:

- Submitting Grade Replacement Contracts, Transient Forms, requests to withhold directory information, approvals for taking courses as Audit, Pass/Fail or Credit/No Credit.
- Receiving 100% refunds for partial withdrawals. (There is no refund for these after the Census Date).
- Schedule adjustments (section changes, adding a new class, dropping without a "W" grade)
- Being reinstated or re-enrolled in classes after being dropped for non-payment.
- Completing the process for tuition exemptions or waivers through Financial Aid.

State-Mandated Course Drop Policy

Texas law prohibits a student who began college for the first time in Fall 2007 or thereafter from dropping more than six courses during their entire undergraduate career. This includes courses dropped at another 2-year or 4-year Texas public college or university. For purposes of this rule, a

dropped course is any course that is dropped after the census date (See Academic Calendar for the specific date).

Exceptions to the 6-drop rule may be found in the catalog. Petitions for exemptions must be submitted to the Enrollment Services Center and must be accompanied by documentation of the extenuating circumstance. Please contact the Enrollment Services Center if you have any questions.

Disability/Accessibility Services

In accordance with Section 504 of the Rehabilitation Act, Americans with Disabilities Act (ADA) and the ADA Amendments Act (ADAAA) the University of Tyler at Texas offers accommodations to students with learning, physical and/or psychological disabilities. If you have a disability, including non-visible a diagnosis such as a learning disorder, chronic illness, TBI, PTSD, ADHD, or you have a history of modifications or accommodations in a previous educational environment, you are encouraged to visit https://hood.accessiblelearning.com/UTTyler and fill out the New Student application. The **Student Accessibility and Resources** (SAR) office will contact you when your application has been submitted and an appointment with Cynthia Lowery, Assistant Director Student Services/ADA Coordinator. For more information, including filling out an application for services, please visit the SAR webpage at http://www.uttyler.edu/disabilityservices, the SAR office located in the University Center, # 3150 or call 903.566.7079.

Student Absence due to Religious Observance

Students who anticipate being absent from class due to a religious observance are requested to inform the instructor of such absences by the second class meeting of the semester.

Student Absence for University-Sponsored Events and Activities

If you intend to be absent for a university-sponsored event or activity, you (or the event sponsor) must notify the instructor at least two weeks prior to the date of the planned absence. At that time the instructor will set a date and time when make-up assignments will be completed.

Social Security and FERPA Statement

It is the policy of The University of Texas at Tyler to protect the confidential nature of social security numbers. The University has changed its computer programming so that all students have an identification number. The electronic transmission of grades (e.g., via e-mail) risks violation of the Family Educational Rights and Privacy Act; grades will not be transmitted electronically.

Emergency Exits and Evacuation

Everyone is required to exit the building when a fire alarm goes off. Follow your instructor's directions regarding the appropriate exit. If you require assistance during an evacuation, inform

your instructor in the first week of class. Do not re-enter the building unless given permission by University Police, Fire department, or Fire Prevention Services.

Student Standards of Academic Conduct

Disciplinary proceedings may be initiated against any student who engages in scholastic dishonesty, including, but not limited to, cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts.

- i. "Cheating" includes, but is not limited to:
 - copying from another student's test paper;
 - using, during a test, materials not authorized by the person giving the test;
 - failure to comply with instructions given by the person administering the test;
 - possession during a test of materials which are not authorized by the person giving the test, such as class notes or specifically designed "crib notes". The presence of textbooks constitutes a violation if they have been specifically prohibited by the person administering the test;
 - using, buying, stealing, transporting, or soliciting in whole or part the contents of an unadministered test, test key, homework solution, or computer program;
 - collaborating with or seeking aid from another student during a test or other assignment without authority;
 - discussing the contents of an examination with another student who will take the examination;
 - divulging the contents of an examination, for the purpose of preserving questions for use by another, when the instructors has designated that the examination is not to be removed from the examination room or not to be returned or to be kept by the student;
 - substituting for another person, or permitting another person to substitute for oneself to take a course, a test, or any course-related assignment;
 - paying or offering money or other valuable thing to, or coercing another person to obtain an unadministered test, test key, homework solution, or computer program or information about an unadministered test, test key, home solution or computer program;
 - falsifying research data, laboratory reports, and/or other academic work offered for credit:
 - taking, keeping, misplacing, or damaging the property of The University of Texas at Tyler, or of another, if the student knows or reasonably should know that an unfair academic advantage would be gained by such conduct; and
 - misrepresenting facts, including providing false grades or resumes, for the purpose of obtaining an academic or financial benefit or injuring another student academically or financially

- ii. "Plagiarism" includes, but is not limited to, the appropriation, buying, receiving as a gift, or obtaining by any means another's work and the submission of it as one's own academic work offered for credit.
- iii. "Collusion" includes, but is not limited to, the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any section of the rules on scholastic dishonesty.
- iv. All written work that is submitted will be subject to review by plagiarism software.

<u>Exam and homework materials, questions, and problems are the intellectual property of faculty,</u> UT Tyler, or publishers.

- These materials may not be distributed without permission.
- Distributing them or uploading them to online resources destroys the integrity of the assignment and the course, allowing others an unfair advantage by letting them view the materials.
- Uploading these materials to online resources is a violation of UT Tyler's academic misconduct policies and may result in formal conduct charges.
- Sanctions for uploading or otherwise divulging the contents of these materials can include:
 - o a reduced or failing grade on an assignment
 - o a reduced or failing grade for the course
 - removal from the Nursing program
 - o removal from UT Tyler

UT Tyler Resources for Students

- <u>UT Tyler Writing Center</u> (903.565.5995), <u>writingcenter@uttyler.edu</u>
- UT Tyler Tutoring Center (903.565.5964), tutoring@uttyler.edu
- The Mathematics Learning Center, RBN 4021, this is the open access computer lab for math students, with tutors on duty to assist students who are enrolled in early-career courses.
- UT Tyler Counseling Center (903.566.7254)
- <u>UT Tyler Muntz Library</u> (903 566-7343), Library Liaison for Nursing, Suzanne Abbey (903.566.7165) email: <u>sabbey@uttyler.edu</u>