



**Mental Health Nursing  
NURS 3311 (001, 090, 070)  
Fall 2023**

**Scheduled Class Days and Times:**

**Instructor's Name:** George Barajaz, MSN, APRN, FNP-BC

**Office:** LUC 234A

**Phone:** Cell 318-820-4909

**Email:** gbarajaz@uttyler.edu\*

**Office Hours:** Thursdays 10-1, available via appointment, email, conference call, and/or Zoom.

\*Best way to contact me

**Instructor's Name:** Dr. Rose Guidry, DNP

**Office:** Tyler

**Phone:** 903-565-5717

**Email:** rguidry@uttyler.edu

**Office Hours:** By appointment

**Instructor's Name:** Lavada Fields, MSN, RN

**Office:** Tyler

**Phone:** 903-570-9868

**Email:** lfields@uttyler.edu

**Office Hours:** Tuesday 9-12am (by appointment)

**Instructor's Name:**

**Office:** 2133

**Phone:**

**Email:**

**Office Hours:**

**Instructor's Name:** Dr. Karen Walker, PhD, RN, MBA

**Office:** TBA

**Phone:** 903.521.6854

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**Office Hours:** Wednesday's 11-2pm available via appointment, email conference call, and Zoom

\*Best way to contact me: Text

**Course Description:**

This course utilizes theories and concepts related to human behavior and alterations in human behavior. Using a holistic nursing approach, emphasis is on communication skills, self awareness, and therapeutic use of self (credit:3)

**Prerequisites:** Level 1 Courses

**Student Learning Outcomes:**

Upon successful completion of this course, the student will be able to:

1. **Patient-Centered Care:** Utilize the nursing process and knowledge of mental health to provide holistic care to diverse populations across the lifespan.
2. **Safety:** Explain the importance of promoting quality and safe environments and their impact on the mental health and well-being of individuals, families, and communities.
3. **Teamwork and Collaboration:** Integrate therapeutic use of self, including therapeutic relationships, therapeutic communication, and interprofessional processes with diverse individuals, families, and communities.
4. **EBP:** Integrate evidence-based findings in the provision of mental health nursing care.
5. **Informatics & Technology:** Utilize technology and information systems to facilitate the delivery of mental health nursing care.
6. **Leadership:** Discuss the impact of health care policy and the regulatory process in the provision of mental health nursing care.
7. **Wellness and Prevention:** Promote, maintain and/or restore optimal mental health throughout the continuum
8. **Professionalism:** Demonstrate conduct that reflects core professional values and legal and ethical principles.
9. **Patient-Centered Care:** Utilize the nursing process and knowledge of mental health to provide holistic care to diverse populations across the lifespan.
10. **Strengths:** Determine how Strengths (signature talent themes) influence the role of the student nurse and clinical decision-making.

**Required Textbooks and Readings:**

Purchase ATI Products as outlined per course requirements

1.ATI Engage Mental Health Modules

2.ATI Mental Health Content Mastery Series Review Module **Special Course**

**Notes:**

1. This course requires you to use ATI Engage Mental Health, an external website/resource, to complete homework or assessments <https://www.atitesting.com>.

### Assignments and Weights/Percentage/Point Values

Criteria for Evaluation:	Percentage of Grade:	Additional information
		<p><i>Late policy: 5% will be deducted each day an assignment is past due unless prior arrangements have been made with your course faculty. Extenuating circumstances may apply. Students should email faculty if an assignment will be late prior to the assignment deadline.</i></p>
ATI Engage Fundamentals Modules and Pharmacology Review	25 %	Posttest for each module (19 modules) Pharm Made Easy 4.0 Review <ul style="list-style-type: none"> <li>• The Neuro System Part 1</li> <li>• The Neuro System Part 2</li> </ul>
Reflection Journals	5%	8 Weekly reflections (See the rubric in Canvas)
ATI Mental Health Final Grade	10%	ATI Mental Health Practice A & B and Proctored Assessments  See rubric in Canvas
4 Unit Quizzes and a Final Quiz	60 %	Four multiple choice quizzes and a final comprehensive Quiz. Quizzes can only be made up for preapproved reasons. <b>Only the first attempt will be counted for grading purposes.</b>

**Grading Scale:** Specific guidelines and grading criteria for all assignments are in the Modules. Final grades for the course will be determined based upon the following point assignments:

- A - 90-100
- B - 80-89
- C - 75-79
- D - 60-74
- F - Below 60

Final course grades less than 75% are not rounded up.

The simple average of all exam grades, including a final, must first be at or above 75% in order to pass the course. Once the student has achieved a simple exam average of 75% or higher, course grades will be determined based on the weighted calculation of exams and other required course work.

**Grade Appeals:** Although the university policy allows 60 days for grade appeals, the School of Nursing follows a stricter timeline of 10 days to facilitate students' timely progression through the curriculum. In the case of extenuating circumstances, please consult the Associate Dean of Academic Affairs for guidance.

**Academic Integrity:** Cheating of any kind, as defined in Section 8 of the UT Tyler Manual of Policies and Procedures (MOPP) for Student Affairs (<https://www.uttyler.edu/mopp/>), will not be tolerated. Consequences may include:

- reprimand
- exam failure
- course failure
- expulsion from the Nursing program
- expulsion from the University
- other consequences as assigned

**Exam and homework materials, questions, and problems are the intellectual property of faculty, UT Tyler, or publishers.**

- These materials may not be distributed without permission.
- Distributing or uploading them to online resources destroys the integrity of the assignment and the course, allowing others an unfair advantage by letting them view the materials.
- Uploading these materials to online resources is a violation of UT Tyler's academic misconduct policies and may result in formal conduct charges.
- Sanctions for uploading or otherwise divulging the contents of these materials can include:
  - a reduced or failing grade on an assignment
  - a reduced or failing grade for the course
  - removal from the Nursing program
  - removal from UT Tyler

**Late Policy:** 5% will be deducted each day an assignment is past due unless prior arrangements have been made with your course faculty. Extenuating circumstances may apply.

**Repeating a Course:** Students repeating this course may not use previously submitted assignments nor utilize the same patients for an assignment. Submitting the same or slightly modified assignments from previous semesters is considered self-plagiarism and is subject to academic discipline, including failing the assignment or the course.

**Attendance and Make-up Policy:** Attendance/participation is expected. Make-up for exams, quizzes, assignments, and missed clinical time is at the instructor's discretion.

**Grade Replacement:** Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the Census Date of the semester in which the course will be repeated. Grade Replacement Contracts are available in the Enrollment Services Center or at

<http://www.uttyler.edu/registrar>. Each semester's Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar.

Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract.

### **Important Course Dates:**

**Classes Begin: August 28, 2023**

**Census Date (withdraw without penalty):** September 6, 2023

**Last Date to Withdraw:** Please contact your advisor to discuss withdrawing from the course and notify your instructor.

**Final exam: Due 12/6**

**Last day of class: 12/6**

**Calendar of Topics, Readings, and Due Dates:**

Week	Due Date	Topic	Mental Health Module Activities (Reflections, Engage Modules, and Pharmacology Made Easy Review) are Due Tuesdays at 1159pm except for the first week*
1	<b>Monday 8/28 F2F Orientation TBA (will occur alongside CCI and Pop Health Wednesday 8/30 No F2F)</b>	Orientation Independent Learning topics: Foundational Concepts of Mental Health Nursing Client and Mental Health Team Member Safety: Legal & Ethical Considerations Continuum of Treatment	<b>*Undergraduate Affirmation Forms 2023 Completed by Wednesday, August 30, 2023*</b> <b>Activities to complete this week:</b> Foundational Concepts of Mental Health Nursing Client and Mental Health Team Member Safety: Legal & Ethical Considerations Continuum of Treatment <b>Due Sunday, September 3<sup>rd</sup> at 1159 pm</b>
2	9/6 <b>F2F</b> <b>Census Day</b>	Evidence-Based Practice in Mental Health Nursing Mental Health Theories & Therapies Building Therapeutic Relationships	<b>Remaining activities are due on Tuesdays @ Midnight</b> <b>Due Tuesday, September 5 at 1159 pm</b> Evidence-Based Practice in Mental Health Nursing Mental Health Theories & Therapies Building Therapeutic Relationships
3	<b>9/13</b> <b>No F2F</b>	<b>Quiz 1 Due: Modules 1, 2 Online</b> Psychopharmacology	<b>Due Tuesday September 12 at 1159 pm</b> Psychopharmacology
4	9/20 <b>F2F</b>	Physiological and Psychological Responses to Stress Anxiety, Obsessive-Compulsive, and Related Disorders	<b>Due Tuesday September 19 at 1159 pm</b> Physiological and Psychological Responses to Stress Anxiety, Obsessive-Compulsive, and Related Disorders
5	9/27 <b>No F2F</b>	Personality Disorders Eating Disorders	<b>Due Tuesday September 26 1159 pm</b> Personality Disorders Eating disorders
6	<b>10/4</b> <b>F2F</b>	<b>Quiz 2 Due - Modules 3, 4 Online</b> Abuse, Aggression, and Violence Trauma, Crisis, Disaster, and Related Disorders	<b>Due Tuesday October 3 at 1159 pm</b> Abuse, Aggression, and Violence Trauma, Crisis, Disaster, and Related Disorders
7	10/11 <b>NoF2F</b>	Mood Disorders and Suicide <b>*Crisis Simulation Report and Video*</b>	<b>Due Tuesday October 10 at 1159 pm</b> Mood Disorders and Suicide

8	10/18 <b>F2F</b>	Schizophrenia Spectrum Disorders and Psychosis	<b>Due Tuesday October 17 at 1159 pm</b> Schizophrenia Spectrum Disorders and Psychosis
9	10/25 <b>F2F</b>	Neurocognitive Disorders <b>ATI Practice A Mental Health ATI Online Due</b>	<b>Due Tuesday October 24 at 1159 pm</b> Neurocognitive Disorders <b>Pharm Made Easy Part 1 Neuro Review (continuation of Psychopharmacology Lesson and Activities)</b>
10	11/1 <b>No F2F</b>	<b>Quiz 3 Due – Modules 5, 6, 7 Online</b> Disruptive Behavioral Substance-Related and Addiction Disorders	<b>Due Tuesday October 31 at 1159 pm</b> Disruptive Behavioral Disorders Substance-Related and Addiction Disorders
11	11/8 <b>No F2F</b>	Neurodevelopmental Disorders <b>ATI Practice B Mental Health ATI Online Due</b>	<b>Due Tuesday November 7 at 1159 pm</b> <b>Pharm Made Easy Part 2 Neuro Review (Continuation of Pharmacology Activities)</b>
12	11/16 <b>F2F BRB at 8am Group A and 930am Group B</b>	<b>Quiz 4 Due – Modules 8, 9,10,11 online MANDATORY Proctored ATI Exam @ computer lab</b>	The MH ATI Proctored Assessment Report and remediation are <b>Due Tuesday 11/28 by 1159 pm</b>
		<b>Thanksgiving Break</b>	
13	11/29 <b>F2F BRB at 8am</b>	<b>ATI Retake @ Computer lab</b>	No remediation due after the retake
14	12/6 <b>No F2F</b>	<b>Comprehensive FINAL Quiz Due Online</b>	
	12/12	<b>Final Grades due</b>	

### UT Tyler School of Nursing Justice, Equity, Diversity and Inclusion Statement

The University of Texas at Tyler School of Nursing aspires to create, foster, and sustain a culture of justice, equity, diversity, and inclusion irrespective of one's identity. We value and embrace all backgrounds, experiences, and identities, realizing that no one group, person or perspective has all the answers. We are richer when our individual skills, knowledge, experiences, cultures, backgrounds, and identities are combined in an accepting community. We strive to ensure that every individual gets a fair and equal chance to participate and thrive in a nurturing environment where all feel a sense of belonging. We are committed to intentionally and

deliberately creating a diverse community that instills a sense of equitable justice and belonging for everyone affiliated with our school.

**School of Nursing Policies and Additional Information:**

[https://www.utt Tyler.edu/nursing/college/student\\_guide\\_and\\_policies.php](https://www.utt Tyler.edu/nursing/college/student_guide_and_policies.php)

**Student Resources and University Policies are provided in Canvas.**

**Syllabus Addendum:**

We have added in the ATI Final Grade assignment and weight/percentage, which is the combined Practice and Proctored grades. You can find the rubric in Canvas.