



Holistic Health Assessment
NURS 3308.060, Concurrent ADN-BSN
Fall 2023

Scheduled Class Days and Times:

Online; synchronous Zoom sessions are required and will be announced

Instructor's Name: Erica Conway, MSN, RN

Phone: cell 903-312-0221, for urgent matters only please

Email: econway@uttyler.edu

Office Hours: Since this is an online course, office hours will be available via appointment, email, conference call, and/or Zoom.

*Best way to contact me is via Canvas email.

Course Description: This course focuses on patient assessment across the lifespan, including health history and physical assessment. Cultural perspectives, diversity, belief systems, and holistic healthcare are addressed.

Prerequisites: Admission to the Concurrent ADN-BSN Program.

Corequisites: Concurrent enrollment in an approved ADN Program.

Student Learning Outcomes:

Upon successful completion of this course, the student will be able to:

- 1. Professionalism:** Demonstrate behaviors that reflect professional values, empathy, and the concept of caring in developing nurse/patient relationships. Integrate knowledge of legal, ethical, and professional values and standards in the assessment and nursing care of clients and their families in a variety of settings and levels of wellness and illness.
- 2. Patient-Centered Care:** Demonstrate increasing skill in the assessment of clients across the life span, understanding normal and abnormal variations of findings while recognizing clients and their families as unique individuals with varied preferences, values, and needs.
- 3. Evidence-Based Practice (EBP):** Utilize and apply evidence-based practice to health assessment techniques and approaches across the life span.
- 4. Informatics & Technology:** Utilize technology and information systems to facilitate, document, and improve patient assessment.
- 5. Quality Improvement:** Identify a systematic approach to obtain positive outcomes

through quality improvement based on health assessment findings.

6. **Teamwork & Collaboration:** Recognize the importance of teamwork and inter/intra- professional collaboration and communication in shared decision making towards quality patient care as it relates to health assessment.
7. **Wellness & Prevention:** Integrate wellness and health promotion, health maintenance, health restoration, and disease prevention to promote healthy outcomes in a variety of communities and populations.
8. **Leadership:** Identify the roles of the nurse as leader in regard to advocacy, education, and health team member as it relates to holistic health assessment.
9. **Safety:** Demonstrate the importance of promoting quality and safe environments for patients, others, and self, based on holistic health assessment findings.
10. **Strengths:** Determine how Strengths (signature talent themes) influences the role of the student nurse and clinical decision-making.

Required Textbooks and Readings:

- You may use the Health Assessment Text from your ADN program as a resource (most assignment/readings will be from ATI, see below).

Recommended Textbooks and Readings:

- Jarvis, C. (2020). Pocket Companion for Physical examination & health assessment (8th Ed.). St. Louis, MO: Elsevier. ISBN: 978-0-323-53202-0 (*this is not mandatory but is very useful as an assessment resource throughout your entire nursing program and beyond—fits in your uniform pocket easily*).

Additional Required Supplies

- Manual BP Cuff, stethoscope, pulse oximeter, penlight, computer, & white t-shirt

Special Course Notes:

- Proctoring Notice: All Unit Exams will be taken via Canvas through ProctorU Live. This service will NOT be an additional cost to you but you MUST schedule the exam through ProctorU 72 hours in advance of your exam time. You will be given information about obtaining a ProctorU account through UT Tyler.
 - ***Please note: there are equipment and internet requirements for ProctorU because it is a live proctoring service.** These requirements cannot be waived. Please plan in advance to ensure you have the required setup for the exam. If your home internet or computer equipment does not meet specifications, you may have to test at your home school.
- This class will meet for synchronous Zoom sessions on Fridays at 2pm **most weeks**. Please see your course calendar for specifics. You are required to attend at least ½ of

these sessions. They will be an important part of your learning, and the material discussed in class is testable. Please plan accordingly. Recordings will also be made available but do not take the place of attendance.

- This course requires you to use ATI HealthAssess 2.0, an external resource, for content readings and assignments. Your ATI access is included in your course fees and you will be given access information in class during the first week. ***Note:** if your ADN program also uses ATI, please note that you must utilize your UT Tyler account for all homework.

Assignments and Weights/Percentage/Point Values

Criteria for Evaluation:	Percentage of Grade:
Learning Activities to include: ATI, Weekly Assignments, Portfolio, Participation	30%
3 Unit Exams	50%
Midterm Head-to-Toe Assessment	P/F
Final Head-to-Toe Assessment (Clinical Evaluation)	10%
Health History Assignment	10%

*There will be no opportunities for extra credit, re-graded assignments, or points added at the end of the term to boost scores. Please follow assignment directions carefully and be mindful of the weights for each graded category. Due dates are firm.

Clinical & Lecture Credit Hours

- Holistic Health Assessment includes one lecture credit hour per week. Lecture content may include Zoom sessions, online ATI Health Assess 2.0 assignments, lecture videos, and other content found in your Canvas course.
- Additionally, 75 clinical hours are required for the completion of this 14-week course. These will be completed virtually, via assignment completion, or through uploaded skills verification videos.
- Please see Attendance and Make-Up Policy.

Grading Scale:

Specific guidelines and grading criteria for all assignments are in the Modules. Final grades for the course will be determined based upon the following point assignments:

- A - 90-100
- B - 80-89
- C - 75-79
- D - 60-74
- F - Below 60

- The simple average of all exam grades must first be at or above 75% to pass the course. Once the student has achieved a simple exam average of 75% or higher, course grades will be determined based on the weighted calculation of exams and other required course work.
- Final course grades less than 75 are not rounded up.
- Student must achieve 90% or above on Midterm Head-to-Toe Assessment to pass the checkoff. 89% or below on Midterm Head-to-Toe Assessment results in a Success Plan and mandatory remediation.
- ***Student must achieve 90% or above on Final Head-to-Toe Assessment in order to pass the course.***

Grade Appeals: Although the university policy allows 60 days for grade appeals, the School of Nursing follows a stricter timeline of 10 days to facilitate students' timely progression through the curriculum. In the case of extenuating circumstances, please consult the Associate Dean of Academic Affairs for guidance.

Academic Integrity: Cheating of any kind, as defined in Section 8 of the UT Tyler Manual of Policies and Procedures (MOPP) for Student Affairs (<https://www.uttyler.edu/mopp/>), will not be tolerated. Consequences may include:

- reprimand
- exam failure
- course failure
- expulsion from the Nursing program
- expulsion from the University
- other consequences as assigned

Exam and homework materials, questions, and problems are the intellectual property of faculty, UT Tyler, or publishers.

- These materials may not be distributed without permission.
- Distributing or uploading them to online resources destroys the integrity of the assignment and the course, allowing others an unfair advantage by letting them view the materials.
- Uploading these materials to online resources is a violation of UT Tyler's academic misconduct policies and may result in formal conduct charges.
- Sanctions for uploading or otherwise divulging the contents of these materials can include:
 - a reduced or failing grade on an assignment
 - a reduced or failing grade for the course
 - removal from the Nursing program
 - removal from UT Tyler

Late Policy: Because you are given an exam "window," no late exam times will be granted.

Please plan accordingly, including allowing plenty of time to schedule with ProctorU. For weekly assignments and the QIP, you may submit up to one day late with an email to the instructor. A 10% penalty will be deducted from the grade. Extenuating circumstances may apply.

Repeating a Course: Students repeating this course may not use previously submitted assignments nor utilize the same patients for an assignment. Submitting the same or slightly modified assignments from previous semesters is considered self-plagiarism and is subject to academic discipline, including failing the assignment or the course.

Attendance and Make-up Policy: Attendance/participation is expected. Make-up for exams, quizzes, assignments, and missed class/clinical time is at the instructor's discretion.

Grade Replacement: Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the Census Date of the semester in which the course will be repeated. Grade Replacement Contracts are available in the Enrollment Services Center or at <http://www.uttyler.edu/registrar>. Each semester's Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar.

Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract.

Graded Course Requirements Information:

- Participation: this includes interacting during Zoom class sessions *with camera on*, completing the required forms on Canvas, and quality participation in assignments.
- Various Learning activities: these assignments are created to guide your learning and build your knowledge base of Holistic Health Assessment. They will include ATI focused assessments, weekly BP/VS practice sheets, ATI simulation, discussion boards, and other activities.
- Exams: there will be 3 exams to test your knowledge of health assessment. ***Exams will be given online through Canvas and proctored via ProctorU Live** as described above.
- Head to Toe assessment: The head-to-toe assessment is the mastery skill for this course. ***See minimum grade requirements above.**
- Health History: You will be doing a complete health history on a client of your choice (this can be a family member or older adult who has health problems).

Important Course Dates:

Note: The complete course schedule is available in the Course Canvas site.

- **14-week Classes Begin:** August 24, 2023

- **Labor Day Holiday:** September 4, 2023
- **Census Date (withdraw without penalty):** September 6, 2023
- **Last Date to Withdraw:** November 4, 2023
- **Thanksgiving Break:** November 20-24, 2023
- **For forms from Office of the Registrar:** <https://www.utt Tyler.edu/registrar/forms/>
- **Final Exam Date:** n/a in this course
- **End of 14-week Classes:** December 9, 2023

Calendar of Topics, Readings, and Due Dates:

Week	Class	Meeting	Content	Reading (Please see Canvas Module for Details)	Learning Activities (Please see Canvas Modules for Complete List)	Major Assignments (Please see Canvas Modules for Details)
1	9/1	Zoom Fri 2-3p	Course/Program Orientation Assessment Techniques	ATI Health Assess 2.0: Introduction to Health Assessment	Ice Breaker DB Syllabus Activity Getting Started Items	
2	9/8	Zoom Fri 2-3p	Safety, Health History, Cultural Assessment	ATI Health Assess 2.0: Health History and Head to Toe Assessment	In-class and Canvas Activities	9/1 – Labor Day Holiday *9/6 Census Day
3	9/15	No Zoom	Vital Signs, Pain, General Survey, Anthropometrics	ATI Health Assess 2.0: Vital Signs, Pain, General Survey, Anthropometrics	Canvas Activities	
4	9/22	Zoom Fri 2-3p	Integumentary Nutritional Assessment Functional Assessment	ATI Health Assess 2.0: Integumentary Nutritional Assessment Functional Assessment	Review Health History	
5	9/29	No Zoom	No new content		Health History	Exam 1 Health History
6	10/6	Zoom Fri 2-3p	Head/Neck/Neuro/ Mental Status	ATI Health Assess 2.0: Head/Neck/Neuro/ Mental Status	In-class and Canvas Activities	
7	10/13	No Zoom	Respiratory	ATI Health Assess 2.0: Respiratory	In-class and Canvas Activities	
8	10/20	Zoom Fri 2-3p	Cardiovascular	ATI Health Assess 2.0: Cardiovascular	Canvas Activities	
9	10/27	No Zoom	No new content		Online Simulation	Exam 2 MidTerm Head- Toe
10	11/3	Zoom Fri 2-3p	Abdomen	ATI Health Assess 2.0: Abdomen	In-class and Canvas Activities	
11	11/10	No Zoom	Musculoskeletal/ Neuro	ATI Health Assess 2.0: Musculoskeletal/Neuro	Canvas Activities; David Rodriguez SIM	*Last day to withdraw 11/4
12	11/17	Zoom Fri 2-3p	Breast,Rectum, GU	ATI Health Assess 2.0: Breast,Rectum, GU	In-class and Canvas Activities	BP Log
THANKSGIVING BREAK 11/20-24/2023						

13	12/1	No Zoom	No new content		Final Head-Toe Documentation	Exam 3 Final Head to Toe
14	12/8	No Zoom	No Class; Course Evals			Course Evals Due

UT Tyler School of Nursing Justice, Equity, Diversity and Inclusion Statement

The University of Texas at Tyler School of Nursing aspires to create, foster, and sustain a culture of justice, equity, diversity, and inclusion irrespective of one's identity. We value and embrace all backgrounds, experiences, and identities, realizing that no one group, person or perspective has all the answers. We are richer when our individual skills, knowledge, experiences, cultures, backgrounds, and identities are combined in an accepting community. We strive to ensure that every individual gets a fair and equal chance to participate and thrive in a nurturing environment where all feel a sense of belonging. We are committed to intentionally and deliberately creating a diverse community that instills a sense of equitable justice and belonging for everyone affiliated with our school.

School of Nursing Policies and Additional Information:

https://www.uttyler.edu/nursing/college/student_guide_and_policies.php

Student Resources and University Policies and Information are provided in Canvas.