



**PMHNP Practicum I
NURS 5367
Fall 2022**

Scheduled Class Days and Times: Online

Instructor's Name: Dr. Sandra Petersen DNP, APRN, FNP-BC, GNP-BC, PMHNP-BE, FAANP

Office: - Virtual

Phone: 903-566-7320

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Office Hours: Virtual Office Hours: Wednesday 1700-2100 CST; available via appointment, email, conference call, and/or Zoom.

*Best way to contact me.

Instructor's Name: Dr. Gabrielle Davis, DNP, APRN, PMHNP-BC, CNE

Office: -Virtual

Phone: 903-566-7320

Email: gabrielledavis@uttyler.edu*

Office Hours: Virtual Office Hours: Wednesday 1700-2100 CST; available via appointment, email, conference call, and/or Zoom.

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Course Description:

This course provides clinical training in the full role of the psychiatric mental health nurse practitioner. Emphasis is placed on the integration of two content areas: the knowledge and skills for PMHNP practice; and the specific mental health needs of adults and older adults. Clinical experiences, lectures, case discussions, and projects allow students the opportunity to develop competencies in the ethical, safe, collaborative, and evidence-based provision of mental health care to adults and older adults in the context of a changing health care system. (125 clinical hours)

Prerequisites: Successful completion of, or concurrent enrollment in NURS 5368

Corequisites: Successful completion of, or concurrent enrollment in NURS 5368

Student Learning Outcomes:

Upon successful completion of this course, the student will be able to:

- 1) Demonstrate ability to apply theory and research to children, adolescents and families experiencing complex health problems.
- 2) Develop an age-appropriate treatment plan for mental health problems and psychiatric disorders based on biopsychosocial theories, evidence-based standards of care, and practice guidelines.
- 3) Apply and integrate appropriate mental health theory and research in clinical application of the care of adults/geriatrics.
- 4) Demonstrate provision of ethical, evidence-based mental health care to across the lifespan.
- 5) Generate appropriate differential diagnosis for mental health problems and psychiatric disorders.
- 6) Assess impact of acute and chronic medical problems on psychiatric treatment.
- 7) Demonstrate ability to conduct individual and group psychotherapy.
- 8) Apply supportive, psychodynamic principles, cognitive-behavioral and other evidence-based psychotherapy/-ies to both brief and long-term individual practice.
- 9) Plan care to minimize the development of complications and promote function and quality of life.
- 10) Demonstrate ability to develop treatment plans for acute and chronic psychiatric disorders and mental health problems.
- 11) Demonstrate understanding of the importance of providing consultation to health care providers and others to enhance quality and cost-effective services.
- 12) Facilitate the transition of patients across levels of care, as appropriate.
- 13) Demonstrate understanding of the importance of attending to the patient- nurse practitioner relationship as a vehicle for therapeutic change.
- 14) Demonstrate ability to therapeutically conclude the nurse-patient relationship when transitioning the patient to other levels of care.
- 15) Demonstrate ability to address sexual/physical abuse, substance abuse, sexuality, and spiritual conflict across the lifespan.
- 16) Apply principles of self-efficacy/empowerment and other self-management theories in promoting relationship development and behavior change.
- 17) Identify and maintain ethical and professional boundaries to preserve the integrity of the therapeutic process.
- 18) Teach patients, families, and groups about treatment options with respect to developmental, physiological, cognitive, cultural ability and readiness.
- 19) Demonstration of the provision of psychoeducation to individuals, families, and groups regarding mental health problems and psychiatric disorders.
- 20) Modify treatment approaches based on the patient's ability and readiness to learn.
- 21) Consider motivation and readiness to improve self-care and healthy behavior when teaching individuals, families, and groups of patients.

Required Textbooks and Readings:

- 1) American Nurses Association (2010). Nursing: Scope and standards of practice, 2nd Ed. Silver Springs, MD: Nursingbooks.org. ISBN: 9781558102828
- 2) American Psychiatric Association (2013). Diagnostic and Statistical Manual of Mental Disorders Fifth Edition Paperback (DSM-5). American Psychiatric Association. ISBN 978-0-89042-555-8
- 3) Johnson, K. & Vanderhoef, D. (2016). Psychiatric-mental health nurse practitioner, 4th Edition, Maryland, Silver Spring. ISBN: 9781935213826
- 4) Stahl, S. (2021). The Prescriber's guide, 7th Edition. New York, Cambridge University Press. ISBN: 9781108926010

APEA PMHNP Package: WAIT FOR FACULTY DIRECTION AT BEGINNING OF SEMESTER TO PURCHASE.

- 1) Go to: <https://apea.com/products/collection/ut-tyler-88/>
- 2) Select UT Tyler PMHNP Bundle and Add to Cart
- 3) Click on your shopping bag at the top of the page.
- 4) Enter Discount (Promo) Code: (Promo code will be given in class, do not purchase early)
- 5) Your discounted total is \$TBD
- 6) Log in or create an account using your university email address. Enter your account information, billing information, and payment information. The total for the package required by your university is \$TBD. This total reflects your discounts.

If you are in a clinical course, all students are required to have an active InPlace subscription.

Recommended Textbooks and Readings:

- 1) Sadock, B. J., & Sadock, V. A. (2022). Kaplan & Sadock's Synopsis of psychiatry: Behavioral sciences/Clinical psychiatry, 12th Ed. Philadelphia: Lippincott Williams & Wilkins. ISBN: 97819751455697.
- 2) Wheeler, K. (2022). Psychotherapy for the advanced practice psychiatric nurse: A how to guide for evidence-based practice 3rd Edition Springer Publishing. ISBN: 9780826193797
- 3) Zimmerman, Mark (2013). Interview guide for evaluating DSM-5 psychiatric disorders and the mental status examination. East Greenwich, RI: Psych Products Press. ISBN 9780963382115

Special Course Notes: --**REQUIRED COURSE EQUIPMENT**

- Lab coat
- UT Tyler student name badge (\$15.00)
- UT Tyler patch – purchased locally at CR Scrubs

- Cell phone with internet access
- Web Cam for your computer

Locations of Class: Online, check course calendar there is a midweek class meeting in the evening, likely to be Wednesdays from 1800-2000. Subject to change, check the calendar published in the course when the semester begins.

This course requires you to use the Canvas learning management system to complete course work. Some assignments are timed and once logged on will need to be completed at that time in the time allotted; ensure you have reliable internet access for this online course. Some semesters there may be quizzes or an exam through APEA. This is accomplished in their online secure website. A link will be provided in the course if this assessment method is in use.

Assignments and Weights/Percentage/Point Values

Clinical Challenge 1	15%
Clinical Challenge 2	15%
Clinical Challenge 3	15%
Clinical Challenge 4	15%
GENOGRAM Assignment	20%
Weekly BIRP Notes (at least 10)	10%*
Clinical Documents	10%
Weekly debriefings	Required P/F

*BIRP notes are ineligible for grading/points award if the student does not attend 10/12 of the mandatory clinical debriefings.

CLINICAL PARTICIPATION: Each student must log 125 hours of precepted clinical time in this class. Observation is NOT ACCEPTABLE in the clinical setting. You must be actively assessing patients and planning care for them. Clinical time may be awarded for OSCE's and for selected other experiences offered by the instructor throughout the semester. You must attend clinical debrief meetings via zoom as scheduled.

All hours must be logged into InPlace and all CPE's completed in order to fulfill the clinical requirements of this course.

You must submit a Preceptor Signature Document in the assignment link along with CPE's (Clinical Performance Evaluations) and Summary of Clinical hours.

Grading Scale:

Specific guidelines and grading criteria for all assignments are in the Modules. Final grades for the course will be determined based upon the following point assignments:

A - 90-100

B - 80-89

C - 70-79

D - 60-69

F - Below 60

Grades will not be rounded when calculating the average (79.5 is not rounded to 80, and 89.5 is not rounded to 90). The simple average of all unit exam grades, including a final must be at or above 80% in order to pass the course. Once the student has achieved a simple unit exam average of 80% or higher, course grades will be determined based on the weighted calculation of exams and other required course work. Students are required to achieve an average of 80% (B) to complete the course successfully.

Exams, including Clinical Challenges, and homework materials, questions, and problems are the intellectual property of faculty, UT Tyler, or publishers.

- These materials may not be distributed without permission.
- Distributing or uploading them to online resources destroys the integrity of the assignment and the course, allowing others an unfair advantage by letting them view the materials.
- Uploading these materials to online resources is a violation of UT Tyler's academic misconduct policies and may result in formal conduct charges.
- Sanctions for uploading or otherwise divulging the contents of these materials can include:
 - a reduced or failing grade on an assignment
 - a reduced or failing grade for the course
 - removal from the Nursing program
 - removal from UT Tyler

Late Policy: 5% will be deducted each day an assignment is past due unless prior arrangements have been made with your course faculty. Extenuating circumstances may apply.

Repeating a Course: Students repeating this course may not use previously submitted assignments nor utilize the same patients for an assignment. Submitting the same or slightly

modified assignments from previous semesters is considered self-plagiarism and is subject to academic discipline, including failing the assignment or the course.

Attendance and Make-up Policy: Attendance/participation is expected. Make-up for exams, quizzes, assignments, and missed clinical time is at the instructor's discretion.

Graded Course Requirements Information:

Clinical Challenges are an opportunity to synthesize materials learned in previous didactic courses and demonstrate clinical competency in the evaluation, diagnosis, and treatment of a patient presented in a time limited unfolding case study. Additional information will be provided in the course. (4 challenges, each worth 15% of the grade (60% in total))

- Clinical Challenges in the course will be given ONLINE, in a monitored environment. Clinical Challenges, like exams, must be taken during the time specifically designated unless other arrangements are made with instructors prior to the challenge. Special arrangements must be decided on an as needed basis. There is no guarantee that any request will be approved.
- Students must achieve an AVERAGE of 80 on all four Clinical Challenges to pass the course. Even though you may have enough percentage in other areas to raise your overall grade, you still will not pass the course without an 80 overall AVERAGE on all Clinical Challenges.
- Each Clinical Challenges may be opened during the designated hours listed within Canvas. Once opened the student will have 240-minutes to complete the challenge, after the allotted time has expired the challenge will shut off. These are individual assignments

Genogram chart and paper: this assignment requires the synthesis of learning from previous didactic courses in the examination of the genogram of the central subject with an accompanying paper constructed in proper APA style that explores the central subject's familial attachment styles, trauma, mental health diagnoses, epigenetics, and coping skills. Additional information and a detailed rubric are found in the course. (20% of grade)

BIRP notes: these are weekly required submissions of documentation of the behavior, background, interventions, responses, and plan for future care of a patient seen that week at clinical. BIRP notes are ineligible for grading if a student misses the mandatory weekly debriefings. Ideally the student will write the BIRP note for one of the patients that was seen in clinical that week. Additional information and a detailed rubric are found in the course. (10% of grade)

Clinical documents: This consists of items like : the Clinical Schedule, Mid-term and Final CPE, Clinical Hour documentation with preceptor signature, and other documentation concerning clinical attendance. Additional information will be provided in the course. (10% of grade)


Weekly Debriefings: Debriefings are held on a weekly basis in the evening on the day of the week as listed in the course calendar. A debriefing is an opportunity for the student to do a case presentation, participate in professional discussion and collegial discourse on the diagnosis and treatment of psychiatric patients seen by the students that week. Students must attend and participate in the weekly debriefings as listed in the course calendar. Students are required to arrive on time, be in a quiet private setting, and have their camera on the entire time. (required attendance is 10 out of 12 opportunities or the student is ineligible to pass the course, and the BIRP notes are ineligible for grading).

Calendar of Topics, Readings, and Due Dates:

(Fall 2022) COURSE CALENDAR: Combined 5367 & 5368

Courses begin 08/29/2022	Zoom link will be posted in the course: all meetings are on WEDNESDAYS 6pm-8pm.		Topic: Zoom Meeting Room Time: This is a recurring meeting
MAY NOT BEGIN CLINICAL ROTATION(S) UNTIL CLINICAL SCHEDULE IS SUBMITTED IN CANVAS			
August 31st	Q & A about course 1st debriefing/case presentation Zoom Meeting: link in course		Brief Q&A of course requirements, course materials- students should have already reviewed course and all course videos/rubrics 1 st debriefing meeting
Weekly: Wednesdays 6pm-8pm Mandatory attendance with CAMERAS ON	Case Presentation	**%	Debriefing/case presentation- every week except week 14 no debriefing on week 14. (≥10 opportunities possible, must attend at least 10 debriefings in the semester) **20% of grade in 5368 – must attend to earn BIRP note grade **10% of grade in 5367 - must attend to earn BIRP note grade
Weekly : <i>First domain assignment due by 09/11/2022 All domains must be complete by 12/04/2022</i>	Weekly	50%	APEA Domain assignments. Minimum submission grade is an 80% (5368)

Weekly <i>First note Due by 09/11/2022 and weekly thereafter</i>	BIRP NOTES	10%	Total of 10 BIRP Notes – 10 unique entries for each course (5367 & 5368).
09/11/2022	Genogram	20%	Per course rubric: genogram and reflective paper (5368)
09/11/2022 MAY NOT BEGIN CLINICALS UNTIL SCHEDULE IS SUBMITTED	Full Clinical schedule due	*%	*All required clinical documents constitute (10% of grade 5367; 15% in 5368)
09/18/2022	Clinical Challenge one	15%	Course exam: (5367) Clinical Challenge one Opens at 12:01 AM and closes at 1159PM ON 09/18/2022
10/01/2022	Final Filing Deadline for FALL Graduation		
10/09/2022	Clinical Challenge two	15%	Course exam(5367): Clinical Challenge two Opens at 12:01 AM and closes at 1159PM On 10/09/2022
10/9/2022	Mid-term CPE by preceptor due	*%	Download from InPlace – may need to remind preceptor to complete this. *All required clinical documents constitute 10% of grade
11/07/2022	LAST DAY TO WITHDRAW		
11/12/2022	Clinical Challenge three	15%	Course exam (5367): Clinical Challenge three Opens at 12:01 AM and closes at 1159PM ON 11/12/2022
11/20/2022	Clinical Challenge four	15%	Course exam (5367): Clinical Challenge four Opens at 12:01 AM and closes at 1159PM On the 13th Sunday after course begins
NOTE: there are no clinicals during finals week or over Holidays– check academic calendar do NOT schedule clinicals on finals week or over a Holiday without prior permission from course professor			
12/04/2022	OSCE's	10%	Plan for the full day: do not work or schedule clinical on this day.
12/04/2022	Clinical Schedule Hours	*%	*All required clinical documents constitute 10% of grade

	Signature page		
12/04/2022	Final Preceptor CPE	*%	: download from InPlace & upload PDF into assignment box *All required clinical documents constitute 10% of grade
Any remaining paperwork must be submitted by 12/3/2022 to be eligible to be graded.			
12/9/2022	End of 14 Week Session		 UTYLER
All students are required to have an active InPlace subscription.			
** strongly advised you do not work on clinical challenge days as they can take up to 6 hours to complete			

School of Nursing Policies and Additional Information:

https://www.uttyler.edu/nursing/college/student_guide_and_policies.php

Student Resources to assist you in this course:

[UT Tyler Student Accessibility and Resource \(SAR\) Office](#) (provides needed accommodations to students with document needs related to access and learning)

[UT Tyler Writing Center](#)

[The Mathematics Learning Center](#)

[UT Tyler PASS Tutoring Center](#)

[UT Tyler Supplemental Instruction](#)

[Robert Muntz Library \(Links to an external site.\)](#) and [Library Liaison](#)

[Canvas 101](#) (learn to use Canvas, proctoring, Unicheck, and other software)

Digital Support Toolkit (for supported courses only. Students are automatically enrolled in the toolkit for supported courses)

LIB 422 -- Computer Lab where students can take a proctored exam

[The Career Success Center](#)

[UT Tyler Testing Center](#)

[Office of Research & Scholarship Design and Data Analysis Lab](#)

Resources available to UT Tyler Students

[UT Tyler Counseling Center](#) (available to all students)

[TAO Online Support Center](#) (online self-help modules related to mental & emotional health)

[Military and Veterans Success Center](#) (support for all of our military-affiliated students)

[UT Tyler Patriot Food Pantry](#)

[UT Tyler Financial Aid and Scholarships](#)

[UT Tyler Registrar's Office](#)

[Office of International Programs](#)

[Title IX Reporting](#)

[Patriots Engage](#) (available to all students. Get engaged at UT Tyler.)

University Policies and Information

Withdrawing from Class: Students, you are allowed to [withdraw](#) (drop) from this course through the University's Withdrawal Portal. Texas law prohibits students who began college for the first time in Fall 2007 or thereafter from dropping more than six courses during their entire undergraduate career. This includes courses dropped at other 2-year or 4-year Texas public colleges and universities. Make sure to consider the impact withdrawing from this class has on your academic progress as well as the financial implications. We encourage you to consult your advisor(s) and financial aid for additional guidance. CAUTION #1: Withdrawing before census day does not mean you get a full refund. Please see the [Tuition and Fee Refund Schedule](#). CAUTION #2: All international students must check with the [Office of International Programs](#) before withdrawing. All international students are required to enroll full-time for fall and spring terms.

Final Exam Policy: Final examinations are administered as scheduled. If unusual circumstances require that special arrangements be made for an individual student or class, the dean of the appropriate college, after consultation with the faculty member involved, may authorize an exception to the schedule. Faculty members are required to maintain student final examination papers for a minimum of three months following the examination date.

Incomplete Grade Policy: If a student, because of extenuating circumstances, is unable to complete all of the requirements for a course by the end of the semester, then the instructor may recommend an Incomplete (I) for the course. The "I" may be assigned in lieu of a grade only when all of the following conditions are met: (a) the student has been making satisfactory progress in the course; (b) the student is unable to complete all course work or final exam due to unusual circumstances that are beyond personal control and are acceptable to the instructor, and (c) the student presents these reasons prior to the time that the final grade roster is due. The semester credit hours for an Incomplete will not be used to calculate the grade point average for a student.

The student and the instructor must submit an Incomplete Form detailing the work required and the time by which the work must be completed to their respective department chair or college dean for approval. The time limit established must not exceed one year. Should the student fail to complete all of the work for the course within the time limit, then the instructor may assign zeros to the unfinished work, compute the course average for the student, and assign the appropriate grade. If a grade has not been assigned within one year, then the Incomplete will be changed to an F or NC if the course was originally taken under the CR/NC grading basis.

Grade Appeal Policy: UT Tyler's Grade Appeal policy requires the completion of a Grade Appeal form for this action to take place. The grade appeal begins with the instructor of your course. If you do not agree with the decision of the instructor, you may then move your appeal to the department chair/school director for that course. If you are still dissatisfied with the decision of the chair/director, you may move the appeal to the dean of the college offering that course, who has the final decision. Grade appeals must be initiated within sixty (60) days from the date of receiving the final course grade. The grade Appeal form is found on the [Registrar's Form Library](#).

Disability/Accessibility Services: The University of Texas at Tyler has a continuing commitment to providing reasonable accommodations for students with documented disabilities. Students with disabilities who may need accommodation(s) in order to fully participate in this class are urged to contact the Student Accessibility and Resources Office (SAR) as soon as possible to explore what arrangements need to be made to ensure access. If you have a disability, you are encouraged to visit the SAR Portal (<https://hood.accessiblelearning.com/UTTyler/>) and complete the New Student Application. For more information, please visit the [SAR webpage](#) or call 903.566.7079.

Military Affiliated Students: UT Tyler honors the service and sacrifices of our military-affiliated students. If you are a student who is a veteran, on active duty, in the reserves or National Guard, or a military spouse or dependent, please stay in contact with me if any aspect of your present or prior service or family situation makes it difficult for you to fulfill the requirements of a course or creates disruption in your academic progress. It is important to make me aware of any complications as far in advance as possible. I am willing to work with you and, if needed, put you in contact with university staff who are trained to assist you. Campus resources for military-affiliated students are in the [Military and Veterans Success Center \(MVSC\)](#). The MVSC can be reached at MVSC@uttyler.edu or via phone at 903.565.5972.

Academic Honesty and Academic Misconduct: The UT Tyler community comes together to pledge that "Honor and integrity will not allow me to lie, cheat, or steal, nor to accept the actions of those who do." Therefore, we enforce the [Student Conduct and Discipline policy](#) in the Student Manual Of Operating Procedures (Section 8).

FERPA: UT Tyler follows the Family Educational Rights and Privacy Act (FERPA) as noted in [University Policy 5.2.3](#). The course instructor will follow all requirements in protecting your confidential information.

COVID Guidance: The UT Tyler community of Patriots respects the rights of others to wear a mask if they desire to do so. COVID guidelines may change as the situation warrants, and students should follow the instructions warranted by the situation.

Absence for Official University Events or Activities: This course follows the practices related to approved absences as noted by the Student Manual of Operating Procedures ([Sec. 1 -501](#)).

Absence for Religious Holidays: Students who anticipate being absent from class due to a religious holiday are requested to inform the instructor by the second class meeting of the semester.

Campus Carry: We respect the right and privacy of students who are duly licensed to carry concealed weapons in this class. License holders are expected to behave responsibly and keep a handgun secure and concealed. More information is available at <http://www.uttyler.edu/about/campus-carry/index.php>.