



**Holistic Health Assessment**

**NURS 3308**

**Fall 2022**

**Scheduled Class Days and Times vary, please check your class schedule**

**Instructor's Name:** George Barajaz, MSN, APRN, FNP-BC

**Office:** LUC 234A

**Phone:** Cell 318-820-4909

**Email:** gbarajaz@uttyler.edu

**Office Hours:** Tuesdays 11-2 and available via appointment, email, zoom, or conference call

\*Best way to contact me is email through Canvas.

**Instructor's Name:** Carla Biondillo, MSN, RN

**Office:** BRB 1105

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**Email:** carlabiondillo@uttyler.edu

**Office Hours:** Tuesday 11-2 and available via appointment, email, conference call, and/or Zoom.

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**Instructor's Name:** Hannah Gean, MSN, RN, CCRN

**Office:** TBD

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**Office Hours:** Tuesday 11-2 and available via appointment, email, conference call, and/or Zoom.

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**Instructor's Name:** Caroline Hardee, MSN, RN

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**Phone:** 903-445-5960\*

**Email:** chardee@uttyler.edu

**Office Hours:** Monday 09-12 and available via appointment, email, conference call, and/or Zoom

\*Best way to contact me.

**Instructor's Name:** J. Michelle Nelson, MSN, RN

**Office:** BRB 2155

**Phone:** cell 281-433-0382 (only for urgent matters)

**Email:** jenelson@uttyler.edu

**Office Hours:** Tuesdays 9-12 and also by appointment in person, zoom, or conference call

\*Best way to contact me is email through Canvas.

**Instructor's Name:** Bethany Rudolph, MSN, RN

**Office:** BRB 2290

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**Office Hours:** Tuesdays 11-2 and also by appointment in person, zoom, or conference call

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**Instructor's Name:** Mary Williams, MSN, RN

**Office:** PMH 111

**Phone:** 903-312-4550

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**Office Hours:** Thursdays 2-5 and also by appointment, email, conference call, and/or Zoom.

\*Best way to contact me is email through Canvas.

**Course Description:** This course focuses on patient assessment across the lifespan, including health history and physical assessment. Cultural perspectives, diversity, belief systems, and holistic healthcare are addressed.

**Prerequisites:** Admission to the Bachelor of Science in Nursing Program and NURS 3303.

**Corequisites:** Concurrent enrollment in NURS 3605.

Note: NURS 3308 Holistic Health Assessment is a pre-requisite or co-requisite of NURS 3605 Fundamentals of Nursing. If a student is failing and drops NURS 3308 Holistic Health Assessment, the student must also drop NURS 3605 Fundamentals of Nursing.

### **Student Learning Outcomes:**

Upon successful completion of this course, the student will be able to:

- 1. Professionalism:** Demonstrate behaviors that reflect professional values, empathy, and the concept of caring in developing nurse/patient relationships. Integrate knowledge of legal, ethical, and professional values and standards in the assessment and nursing care of clients and their families in a variety of settings and levels of wellness and illness.
- 2. Patient-Centered Care:** Demonstrate increasing skill in the assessment of clients across the life span, understanding normal and abnormal variations of findings while recognizing clients and their families as unique individuals with varied preferences, values, and needs.
- 3. Evidence Based Practice (EBP):** Utilize and apply evidence-based practice to health assessment techniques and approaches across the life span.
- 4. Informatics & Technology:** Utilize technology and information systems to facilitate, document, and improve patient assessment.
- 5. Quality Improvement:** Identify a systematic approach to obtain positive outcomes through quality improvement based on health assessment findings.

6. **Teamwork & Collaboration:** Recognize the importance of teamwork and inter/intraprofessional collaboration and communication in shared decision making towards quality patient care as it relates to health assessment.
7. **Wellness & Prevention:** Integrate wellness and health promotion, health maintenance, health restoration, and disease prevention to promote healthy outcomes in a variety of communities and populations.
8. **Leadership:** Identify the roles of the nurse as leader in regard to advocacy, education, and health team member as it relates to holistic health assessment.
9. **Safety:** Demonstrate the importance of promoting quality and safe environments for patients, others, and self, based on holistic health assessment findings.
10. **Strengths:** Determine how Strengths (signature talent themes) influences the role of the student nurse and clinical decision-making.

### **Required Textbooks and Readings:**

Jarvis, C. (2020). Pocket Companion for Physical examination & health assessment (8th Ed.). St. Louis, MO: Elsevier. ISBN: 978-0-323-53202-0

ATI HealthAssess 2.0 & ATI Engage Fundamentals (see details below)

### **Recommended Textbooks and Readings:**

Jarvis, C. (2020). Physical examination & health assessment (8th Ed.). St. Louis, MO: Elsevier. ISBN: 978-0-323-51080-6

### **Special Course Notes:**

1. Additional Supplies Needed: Manual Blood Pressure Cuff, stethoscope, watch with second hand, pulse oximeter, penlight, laptop, and white t-shirt.
2. Clinical and Lecture Credit Hours:
  - Holistic Health Assessment includes one lecture credit hour per week. Lecture content may include online ATI Health Assess 2.0 assignments, lecture videos, and other content found in your Canvas course.
  - Additionally, 75 face-to-face clinical hours are required for the completion of this 14-week course.
  - Please see Attendance and Make-Up Policy.
3. This course requires you to use ATI HealthAssess 2.0, an external resource, for content readings and assignments. Your ATI access is included in your course fees and you will be given access information in class during the first week.

### Assignments and Weights/Percentage/Point Values

Criteria for Evaluation:	Percentage of Grade:
ATI, Weekly Assignments, & Portfolio	15%
8 Weekly Quizzes	25%
3 Unit Quizzes	45%
Midterm Head-to-Toe Assessment	P/F
Final Head-to-Toe Assessment (Clinical Evaluation)	P/F
Health History Assignment/Clinical Documentation/BP Log	15%

**\*Please note:**

- your lowest weekly quiz grade will automatically be dropped (the gradebook will identify your one lowest grade by “shading out” that grade’s column. Note that the column that is shaded may change throughout the semester, depending on which is your “one lowest grade” at that time).
- A missed quiz will be given a grade of “0”.
- There will be no opportunities for extra credit, re-graded assignments, or points added at the end of the term to boost scores. Please follow assignment directions carefully and be mindful of the weights for each graded category.

### Grading Scale:

Specific guidelines and grading criteria for all assignments are in the Modules. Final grades for the course will be determined based upon the following point assignments:

- A - 90-100
- B - 80-89
- C - 75-79
- D - 60-74
- F - Below 60

- The simple average of all Quiz grades must first be at or above 75% to pass the course. Once the student has achieved a simple exam average of 75% or higher, course grades will be determined based on the weighted calculation of exams and other required course work.
- Final course grades less than 75 are not rounded up.
- Student must achieve 90% or above on Midterm Head-to-Toe Assessment to pass the checkoff. 89% or below on Midterm Head-to-Toe Assessment results in a Success Plan and mandatory remediation.
- ***Student must achieve 90% or above on Final Head-to-Toe Assessment to pass the course.***

**Late Policy:**

- Five points will be deducted each day that an assignment is past due, and all work submitted more than 3 days after the due date will receive a grade of 0.
- Extenuating circumstances may apply at the discretion of course faculty.

**Attendance and Make-up Policy:**

- Attendance/participation is mandatory. **Make-up for exams, quizzes, assignments, clinical time is required for successful completion of the course because assignments count toward the lecture and clinical hour calculation.**
- Prompt arrival to lab is essential! Once quizzing begins, no students will be permitted to enter the class, and a grade of zero will be entered into the gradebook for that quiz.
- Contact your instructor prior to missing scheduled clinical time. For example, if you miss a 5-hour clinical day then you will be required to make-up the 5-hours missed via face-to-face or virtual assignment. This decision is at the discretion of your clinical instructor.

**Exam and homework materials, questions, and problems are the intellectual property of faculty, UT Tyler, or publishers.**

- These materials may not be distributed without permission.
- Distributing or uploading them to online resources destroys the integrity of the assignment and the course, allowing others an unfair advantage by letting them view the materials.
- Uploading these materials to online resources is a violation of UT Tyler's academic misconduct policies and may result in formal conduct charges.
- Sanctions for uploading or otherwise divulging the contents of these materials can include:
  - a reduced or failing grade on an assignment
  - a reduced or failing grade for the course
  - removal from the Nursing program
  - removal from UT Tyler

**Repeating a Course:** Students repeating this course may not use previously submitted assignments nor utilize the same patients for an assignment. Submitting the same or slightly modified assignments from previous semesters is considered self-plagiarism and is subject to academic discipline, including failing the assignment or the course.

**Important Course Dates**

Note: The complete course schedule is available in the Course Canvas site.

14-week Classes Begin: August 29, 2022

Labor Day: September 5, 2022

Census Date: September 9, 2022

Last Date to Withdraw: November 7, 2022

For forms from Office of the Registrar: <https://www.utt Tyler.edu/registrar/forms/>

Final Exam Date: n/a in this course

**Calendar of Topics, Readings, and Due Dates (Please see Canvas Modules for Final Schedule):**

Date	Wk	Pre-lab Assignments	In lab Activities	Post-lab Assignments
<b>UNIT 1 MATERIAL (WEEK 1-4)</b>				
Aug 29 - Sep 2	1	<ul style="list-style-type: none"> <li>Access Canvas "Getting Started" tab.</li> <li>Print &amp; bring to class:               <ul style="list-style-type: none"> <li>student lab portfolio</li> <li>calendar</li> <li>3 ring binder</li> </ul> </li> </ul>	Orientation Assessment Techniques and Safety Health History Evidence Based Assessment Cultural Assessment Communication	<ul style="list-style-type: none"> <li>Submit required forms in Getting Started tab</li> </ul>
Sep 5 - 9 *Labor Day 9/5 *Census Date 9/9/22	2	<ul style="list-style-type: none"> <li>Go to Canvas &amp; complete items in Module 2 pre-lab.</li> </ul>	Week 2 Quiz Vital Signs, Pain General Survey Anthropometric Measurements	<ul style="list-style-type: none"> <li>Start practice on 100 blood pressures this week (do 10/wk)</li> </ul>
Sep 12 - 16	3	<ul style="list-style-type: none"> <li>Go to Canvas &amp; complete items in Module 3 pre-lab.</li> </ul>	Week 3 Quiz Head-to-Toe Introduction Integumentary Nutritional & Functional Assessment <b>Orientation to Simulation Hospital Vital Signs Check-in</b>	<ul style="list-style-type: none"> <li>Practice on 100 blood pressures and new skills</li> <li><b>Study for Unit 1 Quiz</b></li> </ul>
Sep 19 - 23	4	<ul style="list-style-type: none"> <li>Prepare for Unit 1 Quiz</li> <li><b>Submit Unit 1 Lab Portfolio</b></li> <li><b>Print/review clinical paperwork.</b></li> </ul>	<b>Unit 1 Quiz</b>  <b>Clinical – Location TBA</b>	<ul style="list-style-type: none"> <li>Practice on 100 blood pressures and new skills</li> <li>Start <b>Health History Assignment</b></li> </ul>
<b>UNIT 2 MATERIAL (WEEK 5-8)</b>				
Sep 26 - 30	5	<ul style="list-style-type: none"> <li>Go to Canvas &amp; complete items in Module 5 pre-lab</li> <li><b>Bring BP Log for verification of progress (minimum of 30 BP's)</b></li> </ul>	Week 5 Quiz Head, Neck, and Neuro Mental Status	<ul style="list-style-type: none"> <li>Practice on 100 blood pressures and new skills</li> </ul>
Oct 3 - 7	6	<ul style="list-style-type: none"> <li>Go to Canvas &amp; complete items in Module 6 pre-lab</li> <li><b>Submit Health History Assignment</b></li> <li>Bring white t-shirt to lab</li> </ul>	Week 6 Quiz Respiratory <b>Clinical – Location TBA</b>	<ul style="list-style-type: none"> <li>Practice on 100 blood pressures and new skills</li> <li>Complete Clinical Paperwork</li> </ul>
Oct 10 - 14	7	<ul style="list-style-type: none"> <li>Go to Canvas &amp; complete items in Module 7 pre-lab</li> <li>Bring white t-shirt to lab</li> </ul>	Week 7 Quiz Cardiovascular <b>Respiratory Simulation</b>	<ul style="list-style-type: none"> <li>Practice on 100 blood pressures + new skills</li> <li><b>Practice for Midterm Head-to-Toe (H-T) Check-off, Study for Unit 2 Quiz</b></li> </ul>
Oct 17 - 21	8	<ul style="list-style-type: none"> <li>Prepare for Unit 2 Quiz</li> <li><b>Submit Unit 2 Lab Portfolio</b></li> </ul>	<b>Unit 2 Quiz</b>  MIDTERM HEAD-TO-TOE CHECK-OFFS <b>Online SIM</b>	<ul style="list-style-type: none"> <li>Practice on 100 blood pressures and new skills</li> <li><b>Complete Online SIM</b></li> </ul>
<b>UNIT 3 MATERIAL (WEEK 9-12)</b>				
Oct 24 - 28	9	<ul style="list-style-type: none"> <li>Go to Canvas &amp; complete items in Module 9 pre-lab.</li> <li><b>Print/review clinical paperwork.</b></li> </ul>	Week 9 Quiz Abdomen content <b>Clinical – Location TBA</b>	<ul style="list-style-type: none"> <li>Practice on 100 blood pressures and new skills</li> <li>Complete Clinical Paperwork</li> </ul>

Oct 31 - Nov 4	10	<ul style="list-style-type: none"> <li>Go to Canvas &amp; complete items in Module 10 pre-lab</li> </ul>	Week 10 Quiz Musculoskeletal/Neuro	<ul style="list-style-type: none"> <li>Practice on 100 blood pressures and new skills</li> </ul>
Nov 7 - 11 *Nov 7 - Last day to withdraw	11	<ul style="list-style-type: none"> <li>Go to Canvas &amp; complete items in Module 11 pre-lab.</li> </ul>	Week 11 Quiz Breast, Rectum, Genitourinary	<ul style="list-style-type: none"> <li>Complete 100 blood pressures this week, and practice new skills</li> <li><b>Practice &amp; Prepare for Final H-T Check-off, Study for Unit 3 Quiz</b></li> </ul>
Nov 14 - 18	12	<ul style="list-style-type: none"> <li>Prepare for Unit 3 Quiz</li> <li><b>Submit Unit 3 Lab Portfolio</b></li> </ul>	<b>Unit 3 Quiz</b>  <b>FINAL HEAD-TO-TOE CHECK-OFFS</b> <b>Online SIM</b>	<ul style="list-style-type: none"> <li><b>Complete Online SIM</b></li> </ul>
<b>November 21 - 26 Thanksgiving Holidays for Faculty and Students</b>				
Nov 28 - Dec 2	13	<ul style="list-style-type: none"> <li><b>Print/review clinical paperwork.</b></li> </ul>	<b>Clinical/PIT (Putting It Together) Sim</b>	<ul style="list-style-type: none"> <li>Complete Clinical Paperwork</li> </ul>
Dec 5 - 10	14	<ul style="list-style-type: none"> <li><b>Vital Signs logs due</b></li> </ul>	No in-person class	End of Semester!!! (grades due in by Noon 12/13/22)

### School of Nursing Policies and Additional Information:

[https://www.utt Tyler.edu/nursing/college/student\\_guide\\_and\\_policies.php](https://www.utt Tyler.edu/nursing/college/student_guide_and_policies.php)

### Student Resources to assist you in this course:

[UT Tyler Student Accessibility and Resource \(SAR\) Office](#) (provides needed accommodations to students with document needs related to access and learning)

[UT Tyler Writing Center](#)

[The Mathematics Learning Center](#)

[UT Tyler PASS Tutoring Center](#)

[UT Tyler Supplemental Instruction](#)

[Upswing \(24/7 online tutoring\) - covers nearly all undergraduate course areas](#)

[Robert Muntz Library \(Links to an external site.\)](#) and [Library Liaison](#)

[Canvas 101](#) (learn to use Canvas, proctoring, Unicheck, and other software)

Digital Support Toolkit (for supported courses only. Students are automatically enrolled in the toolkit for supported courses)

LIB 422 - Computer Lab where students can take a proctored exam

[The Career Success Center](#)

[UT Tyler Testing Center](#)

[Office of Research & Scholarship Design and Data Analysis Lab](#)

## Resources available to UT Tyler Students

[UT Tyler Counseling Center](#) (available to all students)

[TAO Online Support Center](#) (online self-help modules related to mental & emotional health)

[Military and Veterans Success Center](#) (support for all of our military-affiliated students)

[UT Tyler Patriot Food Pantry](#)

[UT Tyler Financial Aid and Scholarships](#)

[UT Tyler Registrar's Office](#)

[Office of International Programs](#)

[Title IX Reporting](#)

[Patriots Engage](#) (available to all students. Get engaged at UT Tyler.)

## University Policies and Information

**Withdrawing from Class:** Students are allowed to [withdraw](#) (drop) this course through the University's withdrawal portal. Texas law prohibits students who began college for the first time in Fall 2007 or thereafter from dropping more than six courses during their entire undergraduate career. This includes courses dropped at other 2-year or 4-year Texas public colleges and universities. Make sure to consider the impact withdrawing from this class has on your academic progress as well as the financial implications. We encourage you to consult your advisor(s) and financial aid for additional guidance. CAUTION #1: Withdrawing before census day does not mean you get a full refund. Please see the [Tuition and Fee Refund Schedule](#). CAUTION #2: All international students must check with the [Office of International Programs](#) before withdrawing. All international students are required to enroll full-time for fall and spring terms.

**Final Exam Policy:** Final examinations are administered as scheduled. If unusual circumstances require that special arrangements be made for an individual student or class, the dean of the appropriate college, after consultation with the faculty member involved, may authorize an exception to the schedule. Faculty members are required to maintain student final examination papers for a minimum of three months following the examination date.

**Incomplete Grade Policy:** If a student, because of extenuating circumstances, is unable to complete all of the requirements for a course by the end of the semester, then the instructor may recommend an Incomplete (I) for the course. The "I" may be assigned in lieu of a grade only when all of the following conditions are met: (a) the student has been making satisfactory progress in the course; (b) the student is unable to complete all course work or final exam due to unusual circumstances that are beyond personal control and are acceptable to the instructor, and (c) the student presents these reasons prior to the time that the final grade



roster is due. The semester credit hours for an Incomplete will not be used to calculate the grade point average for a student.

The student and the instructor must submit an Incomplete Form detailing the work required and the time by which the work must be completed to their respective department chair or college dean for approval. The time limit established must not exceed one year. Should the student fail to complete all of the work for the course within the time limit, then the instructor may assign zeros to the unfinished work, compute the course average for the student, and assign the appropriate grade. If a grade has not been assigned within one year, then the Incomplete will be changed to an F or NC if the course was originally taken under the CR/NC grading basis.

**Grade Appeal Policy:** UT Tyler's Grade Appeal policy requires the completion of a Grade Appeal form for this action to take place. The grade appeal begins with the instructor of your course. If you do not agree with the decision of the instructor, you may then move your appeal to the department chair/school director for that course. If you are still dissatisfied with the decision of the chair/director, you may move the appeal to the dean of the college offering that course, who has the final decision. Grade appeals must be initiated within sixty (60) days from the date of receiving the final course grade. The grade Appeal form is found on the [Registrar's Form Library](#).

**Disability/Accessibility Services:** The University of Texas at Tyler has a continuing commitment to providing reasonable accommodations for students with documented disabilities. Students with disabilities who may need accommodation(s) in order to fully participate in this class are urged to contact the Student Accessibility and Resources Office (SAR) as soon as possible to explore what arrangements need to be made to ensure access. If you have a disability, you are encouraged to visit the SAR Portal (<https://hood.accessiblelearning.com/UTTyler/>) and complete the New Student Application. For more information, please visit the [SAR webpage](#) or call 903.566.7079.

**Military Affiliated Students:** UT Tyler honors the service and sacrifices of our military-affiliated students. If you are a student who is a veteran, on active duty, in the reserves or National Guard, or a military spouse or dependent, please stay in contact with me if any aspect of your present or prior service or family situation makes it difficult for you to fulfill the requirements of a course or creates disruption in your academic progress. It is important to make me aware of any complications as far in advance as possible. I am willing to work with you and, if needed, put you in contact with university staff who are trained to assist you. Campus resources for military-affiliated students are in the [Military and Veterans Success Center \(MVSC\)](#). The MVSC can be reached at MVSC@uttyler.edu or via phone at 903.565.5972.

**Academic Honesty and Academic Misconduct:** The UT Tyler community comes together to pledge that "Honor and integrity will not allow me to lie, cheat, or steal, nor to accept the

actions of those who do." Therefore, we enforce the [Student Conduct and Discipline policy](#) in the Student Manual Of Operating Procedures (Section 8).

**FERPA:** UT Tyler follows the Family Educational Rights and Privacy Act (FERPA) as noted in [University Policy 5.2.3](#). The course instructor will follow all requirements in protecting your confidential information.

**COVID Guidance:** The UT Tyler community of Patriots respects the rights of others to wear a mask if they desire to do so. COVID guidelines may change as the situation warrants, and students should follow the instructions warranted by the situation.

**Absence for Official University Events or Activities:** This course follows the practices related to approved absences as noted by the Student Manual of Operating Procedures ([Sec. 1 -501](#)).

**Absence for Religious Holidays:** Students who anticipate being absent from class due to a religious holiday are requested to inform the instructor by the second class meeting of the semester.

**Campus Carry:** We respect the right and privacy of students who are duly licensed to carry concealed weapons in this class. License holders are expected to behave responsibly and keep a handgun secure and concealed. More information is available at <http://www.uttyler.edu/about/campus-carry/index.php>.