



Holistic Health Assessment
NURS 3308.060, Concurrent ADN-BSN
Fall 2022

Scheduled Class Days and Times:

Online; synchronous Zoom sessions are required and will be announced

Instructor's Name: J. Michelle Nelson, MSN, RN

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Office Hours: Since this is an online course, office hours will be available via appointment, email, conference call, and/or Zoom.

*Best way to contact me is via Canvas Inbox.

Course Description: This course focuses on patient assessment across the lifespan, including health history and physical assessment. Cultural perspectives, diversity, belief systems, and holistic healthcare are addressed.

Prerequisites: Admission to the Concurrent ADN-BSN Program.

Corequisites: Concurrent enrollment in an approved ADN Program.

Student Learning Outcomes:

Upon successful completion of this course, the student will be able to:

- 1. Professionalism:** Demonstrate behaviors that reflect professional values, empathy, and the concept of caring in developing nurse/patient relationships. Integrate knowledge of legal, ethical, and professional values and standards in the assessment and nursing care of clients and their families in a variety of settings and levels of wellness and illness.
- 2. Patient-Centered Care:** Demonstrate increasing skill in the assessment of clients across the life span, understanding normal and abnormal variations of findings while recognizing clients and their families as unique individuals with varied preferences, values, and needs.
- 3. Evidence-Based Practice (EBP):** Utilize and apply evidence-based practice to health assessment techniques and approaches across the life span.
- 4. Informatics & Technology:** Utilize technology and information systems to facilitate, document, and improve patient assessment.
- 5. Quality Improvement:** Identify a systematic approach to obtain positive outcomes

through quality improvement based on health assessment findings.

6. **Teamwork & Collaboration:** Recognize the importance of teamwork and inter/intra- professional collaboration and communication in shared decision making towards quality patient care as it relates to health assessment.
7. **Wellness & Prevention:** Integrate wellness and health promotion, health maintenance, health restoration, and disease prevention to promote healthy outcomes in a variety of communities and populations.
8. **Leadership:** Identify the roles of the nurse as leader in regard to advocacy, education, and health team member as it relates to holistic health assessment.
9. **Safety:** Demonstrate the importance of promoting quality and safe environments for patients, others, and self, based on holistic health assessment findings.
10. **Strengths:** Determine how Strengths (signature talent themes) influences the role of the student nurse and clinical decision-making.

Required Textbooks and Readings:

- You may use the Health Assessment Text from your ADN program as a resource (most assignment/readings will be from ATI, see below).

Recommended Textbooks and Readings:

- Jarvis, C. (2020). Pocket Companion for Physical examination & health assessment (8th Ed.). St. Louis, MO: Elsevier. ISBN: 978-0-323-53202-0 (*this is not mandatory but is very useful as an assessment resource throughout your entire nursing program and beyond—fits in your uniform pocket easily*).

Additional Required Supplies

- Manual BP Cuff, stethoscope, pulse oximeter, penlight, computer, & white t-shirt

Special Course Notes:

- Proctoring Notice: All Unit Quizzes will be taken via Canvas through ProctorU Live. This service will NOT be an additional cost to you but you MUST schedule the exam through ProctorU 72 hours in advance of your exam time. You will be given information about obtaining a ProctorU account through UT Tyler.
 - ****Please note: there are equipment and internet requirements for ProctorU because it is a live proctoring service.*** These requirements cannot be waived. Please plan in advance to ensure you have the required setup for the exam. If your home internet or computer equipment does not meet specifications, you may have to test at your home school.
- This class will meet for synchronous Zoom sessions on Fridays at 2pm most weeks. Please see your course calendar for specifics.

- This course requires you to use ATI HealthAssess 2.0, an external resource, for content readings and assignments. Your ATI access is included in your course fees and you will be given access information in class during the first week. ***Note:** if your ADN program also uses ATI, please note that you must utilize your UT Tyler account for all homework.

Assignments and Weights/Percentage/Point Values

Criteria for Evaluation:	Percentage of Grade:
Learning Activities to include: ATI, Weekly Assignments, Portfolio, Participation	20%
3 Unit Quizzes	50%
Midterm Head-to-Toe Assessment	P/F
Final Head-to-Toe Assessment (Clinical Evaluation)	15%
Health History Assignment	15%

*There will be no opportunities for extra credit, re-graded assignments, or points added at the end of the term to boost scores. Please follow assignment directions carefully and be mindful of the weights for each graded category. Due dates are firm.

Clinical & Lecture Credit Hours

- Holistic Health Assessment includes one lecture credit hour per week. Lecture content may include online ATI Health Assess 2.0 assignments, lecture videos, and other content found in your Canvas course.
- Additionally, 75 clinical hours are required for the completion of this 14-week course. These will be completed virtually, via assignment completion, or through uploaded skills verification videos.
- Please see Attendance and Make-Up Policy.

Grading Scale:

Specific guidelines and grading criteria for all assignments are in the Modules. Final grades for the course will be determined based upon the following point assignments:

- A - 90-100
- B - 80-89
- C - 75-79
- D - 60-74
- F - Below 60

- The simple average of all Quiz grades must first be at or above 75% in order to pass the course. Once the student has achieved a simple exam average of 75% or higher, course grades will be determined based on the weighted calculation of exams and other required course work.
- Final course grades less than 75 are not rounded up.
- Student must achieve 90% or above on Midterm Head-to-Toe Assessment in order to pass the checkoff. 89% or below on Midterm Head-to-Toe Assessment results in a Success Plan and mandatory remediation.
- ***Student must achieve 90% or above on Final Head-to-Toe Assessment in order to pass the course.***

Exam and homework materials, questions, and problems are the intellectual property of faculty, UT Tyler, or publishers.

- These materials may not be distributed without permission.
- Distributing or uploading them to online resources destroys the integrity of the assignment and the course, allowing others an unfair advantage by letting them view the materials.
- Uploading these materials to online resources is a violation of UT Tyler's academic misconduct policies and may result in formal conduct charges.
- Sanctions for uploading or otherwise divulging the contents of these materials can include:
 - a reduced or failing grade on an assignment
 - a reduced or failing grade for the course
 - removal from the Nursing program
 - removal from UT Tyler

Late Policy: Five points will be deducted each day that an assignment is past due, and all work submitted more than 3 days after the due date will receive a grade of 0. **However, all assignments must be completed and turned in for successful completion of the course (assignments count toward the lecture and clinical hour calculation).** Extenuating circumstances may apply at the discretion of course faculty.

Repeating a Course: Students repeating this course may not use previously submitted assignments nor utilize the same patients for an assignment. Submitting the same or slightly modified assignments from previous semesters is considered self-plagiarism and is subject to academic discipline, including failing the assignment or the course.

Attendance and Make-up Policy: Attendance/participation is expected. Make-up for exams, quizzes, assignments, and missed class/clinical time is at the instructor's discretion.

Graded Course Requirements Information:

- **Participation:** this includes interacting during Zoom class sessions *with camera on*, completing the required forms on Canvas, and quality participation in assignments.

- Various Learning activities: these assignments are created to guide your learning and build your knowledge base of Holistic Health Assessment.
- Quizzes: there will be 3 quizzes to test your knowledge of health assessment. ***Quizzes will be given online through Canvas and proctored via ProctorU Live** as described above.
- Head to Toe assessment: The head to toe assessment is the mastery skill for this course. ***See minimum grade requirements above.**
- Health History: You will be doing a complete health history on a client of your choice (this can be a family member or older adult who has health problems).

Calendar of Topics, Readings, and Due Dates:

Week	Week of	Meeting	Content	Reading (Please see Canvas Module for Details)	Learning Activities (Please see Canvas Modules for Complete List)	Major Assignments (Please see Canvas Modules for Details)
1	8/29	Zoom Fri 2-3p	Course/Program Orientation Assessment Techniques	ATI Health Assess 2.0: Assessment Techniques Communication	Ice Breaker DB Syllabus Activity Getting Started Items	
2	9/5	Zoom Fri 2-3p	Safety, Health History, Cultural Assessment,	ATI Health Assess 2.0: Safety, Health History, Cultural Assessment,	In-class and Canvas Activities	*9/9 Census Day
3	9/12	No Zoom	Vital Signs, Pain, General Survey, Anthropometrics	ATI Health Assess 2.0: Vital Signs, Pain, General Survey, Anthropometrics	Canvas Activities	
4	9/19	Zoom Fri 2-3p	Integumentary Nutritional Assessment Functional Assessment	ATI Health Assess 2.0: Integumentary Nutritional Assessment Functional Assessment	Review Health History	
5	9/26	No Zoom	No new content		Health History	Quiz 1, Health History
6	10/3	Zoom Fri 2-3p	Head/Neck/Neuro/ Mental Status	ATI Health Assess 2.0: Head/Neck/Neuro/ Mental Status	In-class and Canvas Activities	
7	10/10	Zoom Fri 2-3p	Respiratory	ATI Health Assess 2.0: Respiratory	In-class and Canvas Activities	
8	10/17	No Zoom	Cardiovascular	ATI Health Assess 2.0: Cardiovascular	Canvas Activities	
9	10/24	Zoom Fri 2-3p	No new content		Online Simulation	Quiz 2 MidTerm Head to Toe
10	10/31	Zoom Fri 2-3p	Abdomen	ATI Health Assess 2.0: Abdomen	In-class and Canvas Activities	
11	11/7	No Zoom	Musculoskeletal/Neuro	ATI Health Assess 2.0: Musculoskeletal/Neuro	Canvas Activities	*last day to withdraw 11/7
12	11/14	Zoom Fri 2-3p	Breast,Rectum, GU	ATI Health Assess 2.0: Breast,Rectum, GU	David Rodriquiz SIM	BP Log
No	Class	for	Thanksgiving Holiday	November 21-26		
13	11/28	No Zoom	No new content		Final Head-Toe Documentation	Quiz 3 Final Head to Toe
14	12/5	No Zoom	No Class; Course Evals			Course Evals Due

School of Nursing Policies and Additional Information:

https://www.utt Tyler.edu/nursing/college/student_guide_and_policies.php

Student Resources to assist you in this course:

[UT Tyler Student Accessibility and Resource \(SAR\) Office](#) (provides needed accommodations to students with document needs related to access and learning)

[UT Tyler Writing Center](#)

[The Mathematics Learning Center](#)

[UT Tyler PASS Tutoring Center](#)

[UT Tyler Supplemental Instruction](#)

[Upswing \(24/7 online tutoring\) - covers nearly all undergraduate course areas](#)

[Robert Muntz Library \(Links to an external site.\)](#) and [Library Liaison](#)

[Canvas 101](#) (learn to use Canvas, proctoring, Unicheck, and other software)

Digital Support Toolkit (for supported courses only. Students are automatically enrolled in the toolkit for supported courses)

LIB 422 - Computer Lab where students can take a proctored exam

[The Career Success Center](#)

[UT Tyler Testing Center](#)

[Office of Research & Scholarship Design and Data Analysis Lab](#)

Resources available to UT Tyler Students

[UT Tyler Counseling Center](#) (available to all students)

[TAO Online Support Center](#) (online self-help modules related to mental & emotional health)

[Military and Veterans Success Center](#) (support for all of our military-affiliated students)

[UT Tyler Patriot Food Pantry](#)

[UT Tyler Financial Aid and Scholarships](#)

[UT Tyler Registrar's Office](#)

[Office of International Programs](#)

[Title IX Reporting](#)

[Patriots Engage](#) (available to all students. Get engaged at UT Tyler.)

University Policies and Information

Withdrawing from Class: Students are allowed to [withdraw](#) (drop) this course through the University's withdrawal portal. Texas law prohibits students who began college for the first time in Fall 2007 or thereafter from dropping more than six courses during their entire undergraduate career. This includes courses dropped at other 2-year or 4-year Texas public colleges and universities. Make sure to consider the impact withdrawing from this class has on

your academic progress as well as the financial implications. We encourage you to consult your advisor(s) and financial aid for additional guidance. CAUTION #1: Withdrawing before census day does not mean you get a full refund. Please see the [Tuition and Fee Refund Schedule](#). CAUTION #2: All international students must check with the [Office of International Programs](#) before withdrawing. All international students are required to enroll full-time for fall and spring terms.

Final Exam Policy: Final examinations are administered as scheduled. If unusual circumstances require that special arrangements be made for an individual student or class, the dean of the appropriate college, after consultation with the faculty member involved, may authorize an exception to the schedule. Faculty members are required to maintain student final examination papers for a minimum of three months following the examination date.

Incomplete Grade Policy: If a student, because of extenuating circumstances, is unable to complete all of the requirements for a course by the end of the semester, then the instructor may recommend an Incomplete (I) for the course. The "I" may be assigned in lieu of a grade only when all of the following conditions are met: (a) the student has been making satisfactory progress in the course; (b) the student is unable to complete all course work or final exam due to unusual circumstances that are beyond personal control and are acceptable to the instructor, and (c) the student presents these reasons prior to the time that the final grade roster is due. The semester credit hours for an Incomplete will not be used to calculate the grade point average for a student.

The student and the instructor must submit an Incomplete Form detailing the work required and the time by which the work must be completed to their respective department chair or college dean for approval. The time limit established must not exceed one year. Should the student fail to complete all of the work for the course within the time limit, then the instructor may assign zeros to the unfinished work, compute the course average for the student, and assign the appropriate grade. If a grade has not been assigned within one year, then the Incomplete will be changed to an F or NC if the course was originally taken under the CR/NC grading basis.

Grade Appeal Policy: UT Tyler's Grade Appeal policy requires the completion of a Grade Appeal form for this action to take place. The grade appeal begins with the instructor of your course. If you do not agree with the decision of the instructor, you may then move your appeal to the department chair/school director for that course. If you are still dissatisfied with the decision of the chair/director, you may move the appeal to the dean of the college offering that course, who has the final decision. Grade appeals must be initiated within sixty (60) days from the date of receiving the final course grade. The grade Appeal form is found on the [Registrar's Form Library](#).

Disability/Accessibility Services: The University of Texas at Tyler has a continuing commitment to providing reasonable accommodations for students with documented disabilities. Students

with disabilities who may need accommodation(s) in order to fully participate in this class are urged to contact the Student Accessibility and Resources Office (SAR) as soon as possible to explore what arrangements need to be made to ensure access. If you have a disability, you are encouraged to visit the SAR Portal (<https://hood.accessiblelearning.com/UTTyler/>) and complete the New Student Application. For more information, please visit the [SAR webpage](#) or call 903.566.7079.

Military Affiliated Students: UT Tyler honors the service and sacrifices of our military-affiliated students. If you are a student who is a veteran, on active duty, in the reserves or National Guard, or a military spouse or dependent, please stay in contact with me if any aspect of your present or prior service or family situation makes it difficult for you to fulfill the requirements of a course or creates disruption in your academic progress. It is important to make me aware of any complications as far in advance as possible. I am willing to work with you and, if needed, put you in contact with university staff who are trained to assist you. Campus resources for military-affiliated students are in the [Military and Veterans Success Center \(MVSC\)](#). The MVSC can be reached at MVSC@uttyler.edu or via phone at 903.565.5972.

Academic Honesty and Academic Misconduct: The UT Tyler community comes together to pledge that "Honor and integrity will not allow me to lie, cheat, or steal, nor to accept the actions of those who do." Therefore, we enforce the [Student Conduct and Discipline policy](#) in the Student Manual Of Operating Procedures (Section 8).

FERPA: UT Tyler follows the Family Educational Rights and Privacy Act (FERPA) as noted in [University Policy 5.2.3](#). The course instructor will follow all requirements in protecting your confidential information.

COVID Guidance: The UT Tyler community of Patriots respects the rights of others to wear a mask if they desire to do so. COVID guidelines may change as the situation warrants, and students should follow the instructions warranted by the situation.

Absence for Official University Events or Activities: This course follows the practices related to approved absences as noted by the Student Manual of Operating Procedures ([Sec. 1 -501](#)).

Absence for Religious Holidays: Students who anticipate being absent from class due to a religious holiday are requested to inform the instructor by the second class meeting of the semester.

Campus Carry: We respect the right and privacy of students who are duly licensed to carry concealed weapons in this class. License holders are expected to behave responsibly and keep a handgun secure and concealed. More information is available at <http://www.uttyler.edu/about/campus-carry/index.php>.