



Texas Child Health Access Through Telemedicine



The Texas Child Health Access Through Telemedicine (TCHATT) program was created to provide no-cost telemedicine services for at-risk students in pre-K through 12th grades. TCHATT collaborates with schools throughout the state to provide mental health resources to which they may not have access, such as referrals and counseling. TCHATT assists school staff with identifying or assessing mental health needs, and provides access to mental health care services.

TCHATT is a component of the Texas Child Mental Health Care Consortium (TCMHCC). Our services include consultation, risk assessment, medication evaluation, counseling, community referrals, and training (all through mediums of telehealth). All referrals to the TCHATT program must be submitted by the liaison assigned at each school.

Services Provided Through TCHATT

- Up to five sessions per year with a mental health professional
- Psychological and psychiatric support
- Mental health care and crisis intervention
- Community referrals for long-term counseling
- Consultation with school staff
- Training for schools

Our *Multidisciplinary* TCHATT Team

- Licensed Clinical Social Workers (LCSWs)
- Licensed Professional Counselors (LPCs)
- Child psychiatrists
- Care coordinators
- Intake specialists
- Referral coordinators



Who We Serve

The University of Texas at Tyler Health Science Center TCHATT program offers mental health services to children who live in the following 25 counties in Northeast Texas: Anderson, Bowie, Camp, Cass, Cherokee, Delta, Franklin, Gregg, Harrison, Henderson, Hopkins, Lamar, Marion, Morris, Nacogdoches, Panola, Rains, Red River, Rusk, Shelby, Smith, Titus, Upshur, Van Zandt, and Wood.

The *Mission* of TCHATT

- Decrease disparities by increasing access to psychological care and support through telebehavioral health care.
- Increase student engagement and academic achievement through the reduction of psychological distress and the development of mental wellness.
- Collaborate with school staff to build lasting relationships and support for students.
- Utilize telebehavioral support to provide crisis prevention and intervention for at-risk students across Northeast Texas.
- Provide brief interventions and psychiatric support for students in need.
- Support school staff in building safe and successful academic environments.
- Provide training for members of the community regarding child and adolescent development and psychological wellness.

For more information or to get TCHATT services set up at your school, contact:

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