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Texas Child Mental
Health Care Consortium

TCHAT

Texas Child Health Access
Through Telemedicine



UT Tyler

**HEALTH SCIENCE
CENTER**

Enrollment in the Texas Child Health Access Through Telemedicine (TCHAT) Program

What to Expect

When a child is referred by their school to take part in the Texas Child Health Access Through Telemedicine (TCHAT) program, the child's parent/legal guardian will receive a call from a TCHAT Referral Coordinator within one to two business days. This call will appear as (903) 877-7777 on caller ID.

During the call with the referral coordinator, details will be shared regarding:

- How the child was referred for the TCHAT program.
- The purpose of the program and how it works.
- The steps required to enroll the child in the program.

Enrollment & Assessment

Once all documentation in the enrollment packet has been completed:

- A care coordinator will contact the parent/legal guardian to schedule an assessment session with an intake specialist. (The care coordinator will serve as the main point of contact throughout the process.)
- The purpose of the assessment session is to gather more information on the top concerns to be addressed, which will allow the care team to determine the best treatment plan for the child.
- Treatment plans may include counseling, psychiatry, or a combination of both, as well as case management. All of these options are provided at no cost by TCHAT and are 100% voluntary.

Next Steps

Up to five secure telehealth sessions with a licensed mental health professional will be scheduled for the child. If at any point the child needs additional treatment or support, their care team will provide resources and referrals to get connected to other behavioral health professionals or services within the community.



If you have any questions or concerns regarding the TCHAT program, please email TCHAT@uttyler.edu.