



# Need help locating mental health care **resources or referrals** for a patient?

The **Texas Child Psychiatry Access Network (CPAN)** and **Perinatal Psychiatry Access Network (PeriPAN)** will save you time and give you a patient-specific vetted list of referrals and resources within one business day. There is no cost to the clinician or patient. CPAN and PeriPAN will help do the work for you — for free and in one business day.

**Call us at 888-901-2726, dial 1, then 3  
or text CPAN and PeriPAN at 903-502-1351**

## Mental Health Care Coordination

In addition to free psychiatric consultations, CPAN and PeriPAN can vet local mental health care and support services tailored to your patients' needs and insurance within one business day. CPAN and PeriPAN staff will quickly follow up with a vetted short list of relevant resources, leaving you more time to focus on patient care. Just call CPAN and PeriPAN and provide the patient's information and the type of resource needed.

## What information is needed to request resource referrals?

- » DOB
- » Insurance
- » Race and Ethnicity
- » Zip Code
- » Type of Resource Needed
- » Gender

## We can help connect your patients to many mental health resources:

- » Assessments
- » Behavior Therapy
- » Behavioral Plans
- » Psychiatry Services
- » Cognitive Therapy Counseling
- » Family Therapy
- » Group Therapy
- » Individual Therapy
- » Inpatient Mental Health Treatment
- » Outpatient Services
- » Substance Use Disorder Treatment
- » Parenting Resources



**[This program] is an extremely efficient way to find behavioral health resources no matter the resources or the area of Texas.**

– Daphna Shaw, UT Southwestern Medical Center