



Date of Pollen and Mold Count:

Weather Conditions:

L Temp / H Temp:

Max Humidity:

Pollen & Mold Count Summary – Grains per Cubic Meter of Air

| Allergen | G/CM | Result | Primary Pollen / Mold |
|----------|------|--------|-----------------------|
| Trees | | | |
| Weeds | | | |
| Grasses | | | |
| Molds | | | |

Note: Pollen & Mold Count Summary should not be totaled. Trees, weeds, grasses, and molds all have different G/CM ranges.

Reading the Summary

| Allergen | G/CM | Result | Level of Symptoms |
|----------|--------------------|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Trees | 0 - 15 | Low | Absent - <u>No</u> symptoms |
| | 16 - 90 | Moderate | |
| | 91 - 1,500 | High | |
| | Greater than 1,500 | Very High | |
| Weeds | 0 - 10 | Low | Low - <u>Only</u> individuals extremely sensitive to these pollens and molds will experience symptoms |
| | 11 - 50 | Moderate | |
| | 51 - 500 | High | |
| | Greater than 500 | Very High | |
| Grasses | 0 - 5 | Low | High - <u>Most</u> individuals with any sensitivity to these pollens and molds will experience symptoms. |
| | 6 - 20 | Moderate | |
| | 21 - 200 | High | |
| | Greater than 200 | Very High | |
| Molds | 0 - 900 | Low | Very High - <u>Almost all</u> individuals with any sensitivity to these pollens and molds will experience symptoms. Extremely sensitive people could have severe symptoms. |
| | 901 - 2500 | Moderate | |
| | 2501 - 25000 | High | |
| | Greater than 25000 | Very High | |

Your personal Pollen and Mold Spore count is provided as a service by The University of Texas at Tyler Health Science Center.

Should you have concerns or questions, please contact (903) 877-5735.