

The University of Texas at Tyler  
 Department of Health and Kinesiology  
 Fall Session, 2021  
 Course Syllabus: ALHS 5323.060 Global Foodways

**Course Instructor**

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 Office Hours: By appointment; please send an email to arrange

**UT Tyler Honor Code: “I embrace honor and integrity. Therefore, I choose not to lie, cheat, or steal, nor to accept the actions of those who do.”**

**Course Description**

This course is a critical evaluation of issues, concepts, and controversies about cultural food relationships. Students will explore the meaning and significance of food in different cultures by exploring the way the ethnicity, gender, socioeconomic status and religion of individuals and countries influence global food choices or preferences.

**Required Texts**

GLOBAL FOOD & NUTRITION  
 Kona Publishing and Media Group by Keiko Goto/Nancy Anderson 2017  
 (ISBN-13: 978-1-935987-92-5)

**Student Learning Objectives**

After completing this course students will be able to:

- Identify global nutritional problems and policymaking challenges. Explain the impact of nutrition on chronic and infectious disease in developed and developing countries.
- Explain how cultural and socioeconomic beliefs influence dietary behaviors and how they impact the outcome of nutrition interventions.
- Define malnutrition and relate nutritional deficiencies to chronic and infectious disease, including obesity.
- Identify evidence-based nutritional interventions using appropriate planning and evaluation techniques. Discuss how dietary behaviors, food insecurity, and sustainability play a role in successful interventions in vulnerable populations.
- Explain the ways in which food and agricultural technology influence the nutritional status in populations in developing and developed countries.

**Methods of Instruction**

This course will be taught online. Students are actively involved in the integration of knowledge and skills gained in their Global Foodways course under the supervision of the instructor.

<input checked="" type="checkbox"/> Reading <input checked="" type="checkbox"/> Studio Talks	<input checked="" type="checkbox"/> Discussion Board <input checked="" type="checkbox"/> Research Paper
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### Methods of Evaluation

Students will be evaluated on their comprehension of the different components in the course through the assignments they will be given. Students will be expected to choose 3 countries of their choice and integrate the information learned through evidence-based research.

### Student Expectations

This course is 100% online and students will be expected to check Canvas periodically to ensure assignments are completed on time and are actively participating in discussion boards and studio talks.

### Grading

6 Studio Talk recordings	300 points (50 points each)
6 Discussion Board Posts	300 points (50 points each)
Final Research Paper	400 points

**Total Points possible            1000 points**

90% to 100% = 900 to 1000 points = A

80% to 89% = 800 to 899.9 points = B

70% to 79% = 700 to 799.9 points = C

60% to 69% = 600 to 699.9 points = D

≤ 59% = ≤ 599.9 points = F

**Class Assignments: All items are due by 11:59 pm. Central Standard Time on the assigned due date. No late assignments will be accepted. If you have an issue with a deadline, please contact me prior to the assignment being due.**

### Communication:

**Canvas:** The course will be taught completely online and therefore it is important for each student to have a good understanding of Canvas. A significant part of the course will require for the students to understand the different features and tools that are part of Canvas and will be utilized during the course of this semester. Please check Canvas daily for announcements as well as assignment details. To make sure you are always connected, it might be in your best interest to download the Canvas app to your smart phones and iPads.

**E-mail:** Please check and use your **Patriots e-mail** account as this is where I will be sending things. Please don't hesitate to e-mail me with any questions. Please allow 48 hours for an email response. However, it will typically be quicker. If you have an immediate need, feel free to send a text.

**Technical Information:** If you experience technical problems or have a technical question about this course, you can obtain assistance by emailing [itsupport@patriots.uttler.edu](mailto:itsupport@patriots.uttler.edu) or call 903.565.5555. When you email IT Support, be sure to include a complete description of your question or problem including:

- The title and number of the course
- The page in question

- If you get an error message, a description and message number
- What you were doing at the time you got the error message
- Canvas Help: <https://www.uttyler.edu/canvas/>

### **Netiquette Guide:**

"Netiquette" is network etiquette, the do's and don'ts of online communication. Netiquette covers both common courtesy online and informal "rules of the road" of cyberspace. Review and familiarize yourself with the guidelines provided. (URL: <http://www.learnthenet.com/learn-about/netiquette/index.php>)

## **University of Texas at Tyler Policies**

### **UT Tyler Honor Code**

Every member of the UT Tyler community joins together to embrace: Honor and integrity that will not allow me to lie, cheat, or steal, nor to accept the actions of those who do.

### *Students Rights and Responsibilities*

To know and understand the policies that affect your rights and responsibilities as a student at UT Tyler, please follow this link: <http://www.uttyler.edu/wellness/rightsresponsibilities.php>

### **Disability/Accessibility Services**

In accordance with Section 504 of the Rehabilitation Act, Americans with Disabilities Act (ADA) and the ADA Amendments Act (ADAAA) the University of Tyler at Texas offers accommodations to students with learning, physical and/or psychological disabilities. If you have a disability, including non-visible a diagnosis such as a learning disorder, chronic illness, TBI, PTSD, ADHD, or you have a history of modifications or accommodations in a previous educational environment, you are encouraged to visit <https://hood.accessiblelearning.com/UTTyler> and fill out the New Student application. The Student Accessibility and Resources (SAR) office will contact you when your application has been submitted and an appointment with an Accessibility Case Manager. For more information, including filling out an application for services, please visit the SAR webpage at <http://www.uttyler.edu/disabilityservices> the SAR office located in the University Center, # 3150 or call 903.566.7079.

### **Social Security and FERPA Statement**

It is the policy of The University of Texas at Tyler to protect the confidential nature of social security numbers. The University has changed its computer programming so that all students have an identification number. The electronic transmission of grades (e.g., via e-mail) risks violation of the Family Educational Rights and Privacy Act; grades will not be transmitted electronically.

### **Student Standards of Academic Conduct**

Disciplinary proceedings may be initiated against any student who engages in scholastic dishonesty, including, but not limited to, cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts.

- i. “Cheating” includes, but is not limited to:
  - copying from another student’s test paper;
  - using, during a test, materials not authorized by the person giving the test;
  - failure to comply with instructions given by the person administering the test;
  - possession during a test of materials which are not authorized by the person giving the test, such as class notes or specifically designed “crib notes”. The presence of textbooks constitutes a violation if they have been specifically prohibited by the person administering the test;
  - using, buying, stealing, transporting, or soliciting in whole or part the contents of an unadministered test, test key, homework solution, or computer program;
  - collaborating with or seeking aid from another student during a test or other assignment without authority;
  - discussing the contents of an examination with another student who will take the examination;
  - divulging the contents of an examination, for the purpose of preserving questions for use by another, when the instructor has designated that the examination is not to be removed from the examination room or not to be returned or to be kept by the student;
  - substituting for another person, or permitting another person to substitute for oneself to take a course, a test, or any course-related assignment;
  - paying or offering money or other valuable thing to, or coercing another person to obtain an unadministered test, test key, homework solution, or computer program or information about an unadministered test, test key, home solution or computer program;
  - falsifying research data, laboratory reports, and/or other academic work offered for credit;
  - taking, keeping, misplacing, or damaging the property of The University of Texas at Tyler, or of another, if the student knows or reasonably should know that an unfair academic advantage would be gained by such conduct; and
  - misrepresenting facts, including providing false grades or resumes, for the purpose of obtaining an academic or financial benefit or injuring another student academically or financially.
- ii. “Plagiarism” includes, but is not limited to, the appropriation, buying, receiving as a gift, or obtaining by any means another’s work and the submission of it as one’s own academic work offered for credit.
- iii. “Collusion” includes, but is not limited to, the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any section of the rules on scholastic dishonesty.
- iv. All written work that is submitted will be subject to review by plagiarism software.

### **UT Tyler Resources for Students**

- [UT Tyler Writing Center](https://www.uttyler.edu/writingcenter) (903.565.5995), [writingcenter@uttyler.edu](mailto:writingcenter@uttyler.edu)
- [UT Tyler Tutoring Center](https://www.uttyler.edu/tutoring) (903.565.5964), [tutoring@uttyler.edu](mailto:tutoring@uttyler.edu)
- [UT Tyler Counseling Center](https://www.uttyler.edu/counseling) (903.566.7254)

## Course Schedule (Tentative)

<b>Week 1</b> <b>(08/23-08/29)</b>	<ul style="list-style-type: none"> <li>• Read Chapter 1: Introduction to Global Food and Nutrition</li> <li>• Read Chapter 2: Food and Nutrition Transition in the Global Context: Food Science and Technology</li> </ul>
<b>Week 2</b> <b>(08/30-09/05)</b>	<ul style="list-style-type: none"> <li>• <b>08/31: Introduction Discussion Board and Studio Talk DUE</b></li> <li>• <b>09/05: Studio Talk Assignment 1 DUE by 11:59pm CST</b></li> </ul>
<b>Week 3</b> <b>(09/06-09/12)</b>	<ul style="list-style-type: none"> <li>• Read Chapter 3: Food and Nutrition Transition in the Global Context: Food Policy and Environment</li> <li>• Read Chapter 4: Good and Nutrition Transition in the Global Context: Socio-Cultural Factors</li> <li>• Additional reading posted on Canvas: Food Policy</li> <li>• <b>09/06-09/12: Discussion Board Assignment 1 (closes 11:59pm CST)</b></li> </ul>
<b>Week 4</b> <b>(09/13-09/19)</b>	<ul style="list-style-type: none"> <li>• <b>09/19: Studio Talk Assignment 2 Due by 11:59 CST</b></li> </ul>
<b>Week 5</b> <b>(09/20-09/26)</b>	<ul style="list-style-type: none"> <li>• Read Chapter 5: Hunger and Undernutrition</li> <li>• Read Chapter 6: Hidden Hunger: Micronutrient Deficiencies</li> <li>• Additional reading posted on Canvas: The Multiple Burdens of Malnutrition</li> <li>• <b>09/20-09/26: Discussion Board Assignment 2 (closes 11:59pm CST)</b></li> </ul>
<b>Week 6</b> <b>(09/27-10/03)</b>	<ul style="list-style-type: none"> <li>• <a href="#">Read Article 1: Link found in Canvas</a></li> <li>• <b>9/27-10/03: Discussion Board Assignment 3 (closes 11:59pm CST)</b></li> </ul>
<b>Week 7</b> <b>(10/04-10/10)</b>	<ul style="list-style-type: none"> <li>• Read Chapter 7: Diet, Nutrition, and HIV/AIDS</li> <li>• Read Chapter 8: Diet, Nutrition, and Obesity</li> <li>• <b>10/10: Studio Talk Assignment 3 Due by 11:59pm CST</b></li> </ul>
<b>Week 8</b> <b>(10/11-10/17)</b>	<ul style="list-style-type: none"> <li>• <a href="#">Read Article 2: Link found in Canvas</a></li> <li>• <b>10/11-10/17: Discussion Board Assignment 4 (closes 11:59pm CST)</b></li> </ul>
<b>Week 9</b> <b>(10/18-10/24)</b>	<ul style="list-style-type: none"> <li>• Read Chapter 9: Diet, Nutrition, and Diabetes</li> <li>• Read Chapter 10: Planning, Implementing, and Evaluating Nutrition Interventions</li> </ul>
<b>Week 10</b> <b>(10/25-10/31)</b>	<ul style="list-style-type: none"> <li>• <b>10/31: Studio Talk Assignment 4 Due by 11:59pm CST</b></li> </ul>
<b>Week 11</b> <b>(11/01-11/07)</b>	<ul style="list-style-type: none"> <li>• Read Chapter 11: Nutrition Intervention Addressing Dietary Behaviors</li> <li>• Read Chapter 12: Nutrition Intervention Addressing Nutrition, Food Security, and Sustainable Food Systems</li> <li>• <b>11/01-11/07: Discussion Board Assignment 5 ( closes 11:59pm CST)</b></li> </ul>
<b>Week 12</b> <b>(11/08-11/14)</b>	<ul style="list-style-type: none"> <li>• <a href="#">Read Article 3: Link Found in Canvas</a></li> <li>• <b>11/08-11/14: Discussion Board Assignment 6 (closes 11:59 CST )</b></li> </ul>
<b>Week 13</b> <b>(11/15-11/21)</b>	<ul style="list-style-type: none"> <li>• Additional reading posted on Canvas: Sustainable Diets: Aligning Food Systems and the Environment</li> <li>• Additional reading posted on Canvas: The Future of Food: Shaping Diets and Nutrition</li> <li>• <b>11/21 Studio Talk Assignment 5 Due by 11:59pm CST</b></li> </ul>

<b>Week 14</b> (11/22-11/28)	<b>Thanksgiving Break</b>
<b>Week 15</b> (11/29-12/05)	<ul style="list-style-type: none"><li>• <b>12/05: Studio Talk Assignment 6 Due by 11:59 CST</b></li></ul>
<b>Research Paper</b>	<b>Due by 12/08 11:59 CST</b>