

## **KINE 3103: Clinical Experiences in Athletic Training II**

### **INSTRUCTOR:**

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Schedule: Mondays 12:20-1:15

Location: HPC 3010

### **CLASS LOCATION & SCHEDULE**

### **OFFICE HOURS**

By Appointment

### **CATALOG DESCRIPTION**

This course is intended for students accepted into the athletic training education program with aspirations of sitting for the Texas State Athletic Training Licensure Exam. This is a laboratory based course designed to introduce students to aspects of the athletic training profession, procedures of the UT Tyler athletic training education program, and basic level clinical skills necessary to complete upper level clinical education requirements of the program.

### **TEXTBOOKS**

Required Text: Prentice, W.E. (2013). Principles of Athletic Training: A Competency-Based Approach. New York, NY: McGraw Hill. 15<sup>th</sup> edition.

Cage, SA (2014). University of Texas at Tyler Clinical Proficiency Assessment Tool. (Will be made available on Canvas)

**COURSE OBJECTIVES** At the end of this course students should be able to do the following:

1. Demonstrate a functional knowledge of UT Tyler athletic training education program procedures.
2. Explain and demonstrate knowledge of UT Tyler athletic training policies and procedures to incoming athletic training students.
3. Obtain and record a comprehensive medical history from an injured student-athlete.
4. Demonstrate familiarity with proper open wound care procedures.
5. Demonstrate proficiency with tape jobs including, but not limited to: foot, ankle, knee, wrist, hand, shoulder
6. Demonstrate knowledge and proper use of common athletic training and medical terminology.
7. Demonstrate proficiency with correctly applying therapeutic modalities in the athletic training room.
8. Demonstrate an ability to function as a member of a spine boarding team for an athlete with a suspected cervical spine injury.

### **ATTEDANCE POLICY**

Attendance is mandatory!!! Students are expected to attend all weekly seminars and scheduled clinical experience hours. All absences will be considered unexcused unless approved by the professor or an Approved Preceptor. Students are allowed no more than one excused absence. After this absence, each unexcused absence will result in a 20 point deduction from the attendance portion of your grade.

### **GRADING STRUCTURE**

Grading for this course is based off of an A-F scale, and will be judged off of completion of all assigned proficiency worksheets, as well as scoring on said worksheets and terminology assignments. Each assignment will carry an equal weight, and will be graded on a 100 point scale.

Proficiencies: 50%

Anatomy Quizzes: 20%

Skills Practical: 20%

Attendance: 10%

### **PROFICIENCY CARDS**

Following weekly lectures, students will be expected to complete the designated portion of their proficiency card, that will require initials of a peer, and initials and scores from an approved preceptor within the athletic training clinic. These assignments will test comprehension and retention of skills and information obtained through weekly lecture, as well as give students an opportunity to demonstrate their proficiency to the staff members of the athletic training department. If deadlines are not met for proficiencies as listed, students will be only be able to receive a maximum of a 3 on those proficiencies. **Please note that your clinical preceptors and staff members will be under express instructions to not sign off on any proficiencies if you do not have a copy of your own CPAT.**

### **ANATOMY QUIZZES**

The class following each anatomy assignment will begin with a quiz over the previously assigned anatomy. These quizzes will consist of 5 questions worth 2 points a piece. Any evidence of plagiarism, cheating, or collaboration will result in a grade of 0 on the assignment. Two cases of cheating will result in a conversation with the department chair about further consequences.

### **SKILLS PRACTICAL**

A final practical will be given that is designed to test comprehension, retention and mastery. This practical will be graded by the head and assistant athletic trainer, and will consist of multiple scenarios designed to evaluate the student. **PLEASE NOTE, THIS PRACTICAL WILL TAKE PLACE OUTSIDE OF SCHEDULED CLASS TIMES.**

## ATTENDANCE

Please note that tardiness and no shows will also be counted regarding practice coverage. 1 no show or 3 tardies to practice will result in 10 points being deducted from your attendance grade. It is important to know that you can receive a negative attendance score.

## COURSE SCHEDULE

<b>Jan.</b>	<b>10</b>	Emergency Procedures: Spine Boarding Practice
	<b>17</b>	<b>NO CLASS-MLK Day</b>
	<b>24</b>	Maintaining Medical Records
	<b>31</b>	Splinting
<b>Feb.</b>	<b>7</b>	Basic Rehab <b>4 Proficiencies to be Completed</b>
	<b>14</b>	Basic Rehab Continued
	<b>21</b>	Intro to Shock
	<b>28</b>	Bony Palpations: Upper Body <b>8 Proficiencies to be Completed</b>
<b>Mar.</b>	<b>7</b>	<b>Spring Break – NO CLASS</b>
	<b>14</b>	Bony Palpations: Lower Body
	<b>21</b>	Soft Tissue Palpations: Lower Body
	<b>28</b>	Soft Tissue Palpations: Upper Body
<b>Apr.</b>	<b>4</b>	Range of Motion
	<b>11</b>	Range of Motion Continued; Special Tests <b>12 Proficiencies to be Completed</b>
	<b>18</b>	Special Tests Continued
	<b>25-28</b>	Final Skills Practical