

Course Syllabus

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Course Logistics and Instructor Contact Information

Course Title: Prevention and Care of Athletic Injuries

Course Number and Section: KINE 2337.002

Scheduled Class Days and Times: Monday 9:05-10:00 AND Canvas

Instructor Name: D. Mitchelle Gallegos, MS, AT, ATC

Office Location: HPC 1045B

Phone Number: 903-565-5742

Email: dgallegos@uttyler.edu

Best way to contact: email

Office Hours: By appointment only

Course Outline

Regular print- module/assignment opens

Bold or *Italics*- assignment/exam due, important note

- **NO CLASS!!**
- Course Introduction
- Syllabus
- **Wk 1: August 21 ONLINE**
- History of Athletic Training/Sports Medicine
- Syllabus Quiz
- Discussion Board: HX Athletic Training
- Legal Issues in Athletic Training
- **Syllabus Quiz- due by 11:59 pm**
- **August 23 ONLINE**
- Quiz 1
- **Discussion board- initial post due by 11:59pm**
- **August 25 ONLINE**
- **Discussion board- responses due by 11:59pm**

- **Quiz 1- due by 11:59 pm**
- Wk 2: August 28 IN CLASS**
- Sports Nutrition
- Inclement Weather
- August 30 ONLINE**
- Quiz 2
- September 1 ONLINE**
- **Quiz 2 due by 11:59 pm**
- **Labor Day- NO CLASS!**
- Wk 3: September 4 ONLINE**
- Exam 1 (opens September 5)
- Extra Credit #1
- Wound Care Lab (ONLINE)
- September 6 ONLINE**
- **Exam 1, Due by 11:59 pm**
- September 8 ONLINE**
- **Wound Care Lab due by 11:59pm**
- **Extra Credit #1 due by 11:59 pm**
- Wk 4: September 11 IN CLASS**
- **Spine Boarding Lab**
- Cervical Spine Injuries
- Sickle Cell Trait
- September 11 ONLINE**
- Discussion Board: C-Spine/Spineboarding
- **Spine Boarding Lab due by 11:59pm**
- September 13 ONLINE**
- **Discussion board- initial post due by 11:59pm**
- Quiz 3
- September 15 ONLINE**
- **Discussion Board- responses due by 11:59pm**
- **Quiz 3 due by 11:59pm**
- Wk 5: September 18 IN CLASS**
- **Splinting Lab**

- September 18 ONLINE
 - Sudden Cardiac Death
 - Respiratory Distress
 - **Splinting Lab** *due by 11:59 pm*
- September 20 ONLINE
 - Quiz 4
- September 22 ONLINE
 - **Quiz 4** *due by 11:59 pm*
- Wk 6: September 25 IN CLASS
 - **Ankle Taping Lab A-L**
- September 25 ONLINE
 - Exam 2 (Opens September 26)
 - Extra Credit #2
 - **Ankle Taping Lab SHEET A-L** *due by 11:59pm*
- September 27 ONLINE
 - **Exam 2** *due by 11:59 pm*
- September 29 ONLINE
 - **Ankle Taping Lab VIDEO A-L** *due by 11:59pm*
 - **Extra Credit #2** *due by 11:59 pm*
- Wk 7: October 2 IN CLASS
 - Concussion Lecture
- October 2 ONLINE
 - Body's Response to Injury
- October 4 ONLINE
 - Quiz 5
- October 6 ONLINE
 - **Quiz 5** *due by 11:59pm*
- Wk 8: October 9 IN CLASS
 - **Concussion Lab**
- October 9 ONLINE
 - Therapeutic Modalities
 - Discussion Board: Concussions
 - **Concussion Lab** *due by 11:59pm*
- October 11 ONLINE
 - Quiz 6

- October 13 ONLINE**
 - **Discussion Board**- *responses due by 11:59pm*
 - **Quiz 6** *due by 11:59pm*

- Wk 9: October 16 IN CLASS**
 - **Ankle Taping Lab M-Z**
 - Exam 3 (Opens October 17)

- October 16 ONLINE**
 - Extra Credit #3
 - **Ankle Taping Lab SHEET M-Z** *due by 11:59pm*

- October 18 ONLINE**
 - **Exam 3** *due by 11:59 pm*

- October 20 ONLINE**
 - **Ankle Taping Lab VIDEO M-Z** *due by 11:59pm*
 - **Extra Credit #3** *due by 11:59pm*

- Wk 10: October 23 IN CLASS**
 - **Shoulder/Hip Lab**
 - Foot & Ankle Injuries

- October 23 ONLINE**
 - Knee Injuries
 - **Shoulder/Hip Lab** *due by 11:59pm*

- October 25 ONLINE**
 - Quiz 7

- October 27 ONLINE**
 - **Quiz 7** *due by 11:59pm*

- Wk 11: October 30 IN CLASS**
 - **Wrist Lab**
 - **EXTRA CREDIT: come in costume! +5 pts**
 - Research Paper

- October 30 ONLINE**
 - Hip Injuries
 - **Wrist Lab** *due by 11:59pm*

- November 1 ONLINE**
 - Quiz 8

- November 3 ONLINE** - **Quiz 8** *due by 11:59pm*

- Wk 12: November 6 IN CLASS** - **Arch Lab**

- November 6 ONLINE** - Exam 4 (Opens November 7)
- **Arch Lab** *due by 11:59pm*

- November 8 ONLINE** - **Exam 4** *due by 11:59pm*

- November 10 ONLINE** - Research Paper- due Monday!

- Wk 13: November 13 IN CLASS** - **NO CLASS!!**

- **Research Paper** *due by 11:59 pm*
- Elbow/Wrist/Hand Injuries
- Shoulder Injuries
- Discussion Board: MSK injuries

- November 13 ONLINE**

- **Discussion Board**-*initial post due by 11:59pm*
- Quiz 9

- **Discussion Board**-*responses due by 11:59pm*

- November 15 ONLINE**

- **Quiz 9** *due by 11:59pm*
- **Quiz/Lab Extra Credit** *due by 11:59 pm*

- November 17 ONLINE**

- **Thanksgiving Break- NO CLASS!**

- November 20-24**

- Wk 14: November 27 IN CLASS** - **Final Exam Review?**

- November 27 ONLINE** - Final Exam Extra Credit
- Discussion Board: Course wrap up

- November 29 ONLINE** - Final Exam (Open through due date)

- **Discussion Board- initial post due by 11:59pm**
- **Final Exam due by 11:59, December 9**
- **Final Exam EC due by 11:59pm**
- **Discussion Board -responses due by 11:59pm**

December 1 ONLINE

[Student Resources](#)

[University Policies and Information](#)

Course Summary:

Date	Details	due by
Wed Aug 23, 2023	Assignment Syllabus Quiz	due by
Fri Aug 25, 2023	Quiz Quiz 1	due by
Fri Sep 1, 2023	Discussion Topic Inclement Weather/Nutrition	due by
	Assignment Quiz 2	due by
Wed Sep 6, 2023	Quiz Exam 1	due by
Fri Sep 8, 2023	Assignment Extra Credit #1	due by
	Assignment Wound Care Lab	due by
Wed Sep 13, 2023	Assignment Spine Boarding Lab	due by
Fri Sep 15, 2023	Discussion Topic C-Spine/Spine boarding	due by
Wed Sep 20, 2023	Assignment Splinting Lab	due by

Date	Details	due by
Sat Sep 23, 2023	Quiz Quiz 4	due by
Sun Sep 24, 2023	Quiz Quiz 3 (26 students)	due by
Wed Sep 27, 2023	Assignment Ankle Taping Lab	due by
	Assignment Exam 2	due by
Sat Sep 30, 2023	Assignment Extra Credit #2	due by
Sun Oct 1, 2023	Assignment Ankle Taping Video	due by
Fri Oct 6, 2023	Discussion Topic Pre-Knowledge: Concussions	due by
	Assignment Quiz 5	due by
Wed Oct 11, 2023	Assignment Concussion Lab	due by
Fri Oct 13, 2023	Discussion Topic Post-Lesson/Lab Concussions	due by
	Quiz Quiz 6	due by
Wed Oct 18, 2023	Quiz Exam 3	due by
	Assignment Ankle Taping Lab (5 students)	due by
Fri Oct 20, 2023	Assignment Extra Credit #3	due by
Sun Oct 22, 2023	Assignment Ankle Taping Video (5 students)	due by

Date	Details	due by
Wed Oct 25, 2023	Assignment Shoulder/Hip Lab	due by
Fri Oct 27, 2023	Quiz Quiz 7	due by
Fri Nov 3, 2023	Quiz Quiz 8	due by
Wed Nov 8, 2023	Quiz Exam 4	due by
Fri Nov 10, 2023	Assignment Wrist/Arch Lab	due by
Sat Nov 11, 2023	Assignment Extra Credit #4	due by
Sun Nov 12, 2023	Assignment Wrist/Arch Lab Video	due by
Mon Nov 13, 2023	Assignment Research paper	due by
Fri Nov 17, 2023	Assignment Extra Credit Assignment	due by
	Quiz Quiz 9	due by
Fri Dec 1, 2023	Discussion Topic Course Wrap up	due by
Mon Dec 4, 2023	Assignment Quiz/Lab EC	due by
Wed Dec 6, 2023	Assignment Final Exam EC	due by
Sat Dec 9, 2023	Quiz Final Exam	due by
	Discussion Topic History of Athletic Training/Legalities	
	Discussion Topic Musculoskeletal Injuries	
	Quiz Quiz 3	

