

Fall, 2022  
Tuesday/Thursday 9:30-10:50  
HPE Room 3010  
Athletic Bldg

## **Physical Education Teaching Methods, K-12**

**PYED 4340-001**

**3 credit hours**

**Activity Setting: Jones Auxiliary Gym**

**Instructor Name:** Patti Henderson, M.S. Educational Leadership  
**Phone:** (936) 558-3390 home  
**E-mail:** [phenderson@uttyler.edu](mailto:phenderson@uttyler.edu) [pattih75763@yahoo.com](mailto:pattih75763@yahoo.com)  
**Office hours:** One hour before class or by appointment

### **Required course textbook:**

**Rink, Judith E. (2020). Teaching Physical Education for Learning.**  
McGraw Hill: Boston, 8<sup>th</sup> edition. ISBN 978-0-07-802269-2 (loose leaf)

### **Supplemental Reading Material:**

Physical Education Texas Essential Knowledge & Skills (TEKS)  
SPARK By John J. Ratey, MD

### **Catalog Description:**

Teaching Methods in Physical Education Study and application of theory and development of skills related to effective instruction in physical education.

### **Course Goal:**

Teaching methods will prepare and aid physical education teaching majors by providing students lab learning experience for teaching children prior to their actual student teaching experience. Students will formulate lesson plans based on TEKS using appropriate developmental motor skills and activities and then implement those plans. Students will receive immediate feedback along with corrective measures to improve their teaching.

### **Course Objectives:**

**Upon completion of this methods course, students should be able to:**

- Identify the attributes of a quality physical education program.
- Recognize and demonstrate appropriate activities/motor skills influencing a quality physical education curriculum, K-12.
- Apply the National Association for Sport and Physical Education (NASPE) Standards to the Texas Essential Knowledge and Skills (TEKS)
- Recommend appropriate assessments for skills/activities at each level: elementary, middle and high school.
- Verbalize the difference between health related fitness and physical fitness of K-12.
- Demonstrate the value physical education plays in wellness and good health over the life span of the individual.

<b>Grading Criteria:</b>	<b>Pt Value</b>	<b>Overall grade</b>
Attendance	40	780-680 A
Quizzes	50	679-579 B
Web Resources/Assessments Strategies/Distance Learning	30	578-478 D
Midterm	100	477-below F
Lesson Plans	100	
Campus Reflections	50	
Oral Presentation of Reflection	100	
Self-Critique-Whitehouse	30	
Teaching Logs/Time Sheets	80	
WISD Coaches Critique	100	
Final	100	

**Lab teaching evaluation determined through personal observation and scored evaluation with mentor teacher at Whitehouse. Lesson plans required for all lessons taught.**

### **Course Format:**

This course is designed as a face-to face experience. Class will be held on campus in HPE 3055. During classes we will have a mixture of lectures, discussion, group activity including your exams and individual presentations. You need to check canvas daily, as this is a quick way to reach every student should I need to announce something before the next class.

### **Attendance and Participation:**

I take regular attendance, it is important for your grade more importantly, receiving teaching material given out and discussed during class. This is also an important way to network with your classmates.

### **Assignments:**

Assignments are listed with due dates in the assignment outline of the syllabus. I will be going over details and specific instructions for all written assignments along with grading criteria for the written assignments. This specific information is listed on canvas. Check the syllabus and course outline as to the procedure for submitting each assignment, be it canvas or hard-copy.

**Quizzes:**

Most quizzes will be given at the end of the class period. There may be occasions in which you will complete some through canvas. If you have any problems loading the content, please make sure you have located the assignment through the files portion of canvas. If you have problems send me an e-mail or text and we will discuss further action.

**Observation/Teaching Hours:**

You are required to complete a combined 20 hours of observations and teaching during this semester. You will first observe at each of the teaching levels--elementary, middle school/6<sup>th</sup> grade campus and high school. The week for observations will be **September 13-September 16** . Once you have observed at all levels, we will implement a schedule in which you will create a lesson plan and conduct your lesson at each of these campuses as well. The window for presenting your campus lessons is **October 17<sup>th</sup> -November 5<sup>th</sup>**. We will utilize our scheduled class time throughout the semester to give you ample time to fulfill your observation/teaching requirements. The observations/teaching hours will be held on the Whitehouse ISD campuses, there is **required** paperwork that must be completed before UT Tyler students can visit any campus and a TIME LOG is required for this course. When teaching campus lessons, UT Tyler students will submit lesson plans to both the Whitehouse coach and me. **If lesson plans for your Whitehouse teaching times are not received by both me and the participating teacher the Friday before the week you are scheduled to teach, your beginning grade automatically starts at 80%**. We will not schedule teaching lessons on Friday, unless absolutely necessary, but circumstances might require it.

**Make-up:**

Late assignments will be penalized 10% for each day they are late. After one week, late work will not be accepted and a zero will be given for that particular grade. Contact me before the due date if you will be unable to complete it due to being sick, athletics, or emergencies and want to avoid a penalty. Do not email me assignments or projects unless otherwise asked to. A missed quiz or exam without a prior excuse receives an **automatic zero**. An excused, missed quiz or exam must be taken before the next class (arrange with instructor).

**Cell Phones and Computers:**

Cell phones are a daily part of everyone's life, however, please be respectful and courteous by NOT using your phones during class time. This requested is greatly appreciated.

Laptops and iPads are okay to use in class, for taking notes. If you are caught browsing the internet, playing games, facebook or anything else un-related to the class, you will be asked not to bring it to class anymore and an automatic deduction of 10 points will be taken off your total points for your final semester grade.

## **Communication:**

### **Canvas & Feedback:**

Canvas based assignments will be graded in a timely manner (usually within 2 days). Exams will be taken in class and are usually longer in length. Expect them to be graded and returned to you one week after the exam date. Written papers are to be submitted hard-copy and will be graded within one week of being submitted. My goal is to get the scores to you as quickly as possible!

### **E-mail or Text:**

I am comfortable with either one of these types of communication. I will respond within 24 hours or sooner. If you are having any type of issue concerning the classroom content or the observation requirements, please make sure to reach out to me for assistance. **I expect all students to be at the assigned time of teaching, no excuses nor e-mails the day of your scheduled teaching. It is difficult to arrange times for all UTT students around the school times as well as mine.**

### **Campus Revisions/Restrictions:**

As we begin this semester, we must be prepared for any unforeseen or unavoidable circumstances that may alter the direction of the university. I will continually communicate with you through the announcement section of canvas should there be changes to our assignments/observations and course direction. Please continually check canvas for updates so that you have all the necessary information needed for this course. I would also ask that you begin the semester with flexibility and open-mindedness.

### **Course Outline:**

#### **Session 1 (Aug. 23 & Aug. 25)**

- **Criminal History Forms Whitehouse**
- **Class syllabus with course criteria, and learning outcomes.**
- **UTT schedule for semester written out for observation times**
- **Reflection Activity #1**
- **Chapters 1 & 2**

#### **Session 2 (Aug. 30 & Sept. 1)**

- **Teacher Roles**
- **Reflection Activity #2**
- **Review and discuss Ch 6 & 7**
- **Discuss campus reflection criteria**

**Sept. 2nd Census date: deadline for all 15-Week session registrations and schedule changes.**

### Session 3 ( Sept 6 & Sept 8)

- Reflection Activity #3
- TEKS breakdown for understanding
- Review and Discuss Chapters 8&10
- Thinking about lesson plans—Canvas example
  - \*Open activities
  - \*Use of music in class
  - \*Intrinsic & extrinsic motivation
  - \*Scope & Sequence
  - \*Objectives for lessons
  - \*How to write a lesson plan for meaning and clarity

### Session 4 ( Sept. 13 & Sept. 15 )

- NO Class scheduled for this week—utilize this week to complete your observation hours at Whitehouse ISD (you must observe at all teaching levels—elementary, middle school/Holloway and high school).

### Session 5 (Sept. 20 & Sept. 24)

- Review and discuss chapters 3,4 & 5
- Reflection Activity #4
- Lesson planning (cont.)
- Decimation of Whitehouse Observation times
- Reflection of Whitehouse PE due by Sept. 25

### Session 6 (Sept. 27 & Sept.29)

- What to look for when I observe?
- Confirmation of Observation times at Whitehouse
- Review lesson plans
- Chapter 9
- Lesson plan peer practice—Jones Gym

### Session 7 ( Oct. 4 & Oct. 6)

- Regular class on TUESDAY ONLY—continue lesson plan practice
- NO CLASSES on Thursday
- Complete Midterm

**\*\*Mandatory attendance for OCTOBER 7<sup>th</sup> PE workshop\*\***

### Session 8 (Oct 11 & Oct. 13 )

- Review and peer practice lessons for Whitehouse—meet in Jones Gym

- Guest speaker
- Review procedures for lesson plans, lab settings and self critiques

### **Begin Whitehouse Lab Teaching – October 17**

- **Lesson plan(s) must be sent to supervising teacher to arrive the Friday before the week you are to teach. Example: Teaching Nov. 2 – lesson to teacher Fri. Oct. 30.**
- **Final Day for Whitehouse Lab Teaching—November 4**

### **Session 9 (Oct. 18 & Oct. 20)**

- Lab settings and self-critiques---Whitehouse ISD
- Lesson plan(s) must be sent to supervising teacher to arrive the Friday before the week you are to teach.
- Self-critiques are due the week that you complete your last observation. Use rubric as a guide.

### **Session 10 (Oct 25 & Oct. 27)**

- Lab settings and self-critiques---Whitehouse ISD (continued)
- Lesson plan(s) must be sent to supervising teacher to arrive the Friday before the week you are to teach.
- Self-critiques are due the week that you complete your last observation. Use rubric as a guide.

### **Session 11 (Nov 1 & Nov. 3)**

- Lab settings and self critiques---Whitehouse ISD (continued)
- Lesson plan(s) must be sent to supervising teacher to arrive the Friday before the week you are to teach.
- Self-critiques are due the week that you complete your last observation. Use rubric as a guide.

### **Session 12 (Nov. 8 & Nov.10)**

- Time logs turned in
- Review and discuss chapters 11 &12
- Oral presentation of Whitehouse experience
- Student conferences and coach's critiques

### **Session 13 (Nov. 15 & Nov. 17)**

- Discuss Distance learning, assessment and web resources
- Chapter 13 & 14
- Review student assignment of resources

## **Nov 21-Nov. 25 Thanksgiving Week**

### **Session 14 (Nov.29 & Dec. 1)**

- Review and discuss T-TESS process
- Classroom of discussion teaching goals
- Completion of all quizzes by Dec. 2

### **Session 15 (Dec. 6 & 8)**

- Completion of resource assignment and reflection of
- Final

The above schedule and material is subject to change at the instructor's discretion, based on the needs of the class. Assignments must be submitted by either canvas or hand copy as stated in the syllabus or to the instructor on the date due. Quizzes must be taken on the scheduled date for credit. No late assignments or make up accepted without instructor approval, then 10% grade deduction for each day late.

## **UTT POLICIES**

**<http://www.utt Tyler.edu/academicaffairs/syllabuspolicies.pdf>**

### **Concealed Handguns on Campus Policy**

Campus Carry law took effect on August 1, 2016 and restores the rights of licensed concealed carry permit holders to carry firearms on campus. Based on UT Tyler's approved policy outlined below, the Athletic Training room is the only "exclusion zone" in the HPC.

### **Students Rights and Responsibilities**

To know and understand the policies that affect your rights and responsibilities as a student at UT Tyler, please follow this link: **<http://www.utt Tyler.edu/wellness/rightsresponsibilities.php>**

### **Grade Replacement/Forgiveness and Census Date Policies**

Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the Census Date of the semester in which the course will be repeated. Grade Replacement Contracts are available in the Enrollment Services Center or at **<http://www.utt Tyler.edu/registrar>**. Each semester's Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar.

Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade

replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract.

The Census Date is the deadline for many forms and enrollment actions that students need to be aware of. These include:

- Submitting Grade Replacement Contracts, Transient Forms, requests to withhold directory information, approvals for taking courses as Audit, Pass/Fail or Credit/No Credit.
- Receiving 100% refunds for partial withdrawals. (There is no refund for these after the Census Date)
- Schedule adjustments (section changes, adding a new class, dropping without a “W” grade)
- Being reinstated or re-enrolled in classes after being dropped for non-payment
- Completing the process for tuition exemptions or waivers through Financial Aid

### **State-Mandated Course Drop Policy**

Texas law prohibits a student who began college for the first time in Fall 2007 or thereafter from dropping more than six courses during their entire undergraduate career. This includes courses dropped at another 2-year or 4-year Texas public college or university. For purposes of this rule, a dropped course is any course that is dropped after the census date (See Academic Calendar for the specific date). Exceptions to the 6-drop rule may be found in the catalog. Petitions for exemptions must be submitted to the Enrollment Services Center and must be accompanied by documentation of the extenuating circumstance. Please contact the Enrollment Services Center if you have any questions.

### **Disability Services**

#### **CURRENT AS OF 2017:**

**Disability/Accessibility Services:** In accordance with Section 504 of the Rehabilitation Act, Americans with Disabilities Act (ADA) and the ADA Amendments Act (ADAAA) the University of Texas at Tyler offers accommodations to students with learning, physical and/or psychological disabilities. If you have a disability, including non-visible a diagnosis such as a learning disorder, chronic illness, TBI, PTSD, ADHD, or you have a history of modifications or accommodations in a previous educational environment, you are encouraged to visit <https://hood.accessiblelearning.com/UTTyler> and fill out the New Student application. The **Student Accessibility and Resources (SAR)** office will contact you when your application has been submitted and an appointment with Cynthia Lowery, Assistant Director Student Services/ADA Coordinator. For more information, including filling out an application for services, please visit the SAR webpage at <http://www.uttyler.edu/disabilityservices>, the SAR office located in the University Center, # 3150 or call 903.566.7079.

### **Student Absence due to Religious Observance**

Students who anticipate being absent from class due to a religious observance are requested to inform the instructor of such absences by the second class meeting of the semester.

### **Student Absence for University-Sponsored Events and Activities**

If you intend to be absent for a university-sponsored event or activity, you (or the event sponsor) must notify the instructor at least two weeks prior to the date of the planned absence. At that time the instructor will set a date and time when make-up assignments will be completed.



**Social Security and FERPA Statement:**

It is the policy of The University of Texas at Tyler to protect the confidential nature of social security numbers. The University has changed its computer programming so that all students have an identification number. The electronic transmission of grades (e.g., via e-mail) risks violation of the Family Educational Rights and Privacy Act; grades will not be transmitted electronically.

**Emergency Exits and Evacuation:**

Everyone is required to exit the building when a fire alarm goes off. Follow your instructor's directions regarding the appropriate exit. If you require assistance during an evacuation, inform your instructor in the first week of class. Do not re-enter the building unless given permission by University Police, Fire department, or Fire Prevention Services.