

KINE 3102: Clinical Experiences in Athletic Training I

Fall 2022

INSTRUCTOR:

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Wednesdays 12:15-1:15pm HPC 3010

OFFICE HOURS

By Appointment

CATALOG DESCRIPTION

This course is intended for students accepted into the athletic training education program with aspirations of sitting for the Texas State Athletic Training Licensure Exam. This is a laboratory-based course designed to introduce students to aspects of the athletic training profession, procedures of the UT Tyler athletic training education program, and basic level clinical skills necessary to complete upper-level clinical education requirements of the program.

REQUIRED TEXTBOOKS

- Prentice, W.E. (2013). Principles of Athletic Training: A Competency-Based Approach. New York, NY: McGraw Hill. 15th edition.
- Cage, SA (2014). University of Texas at Tyler Clinical Proficiency Assessment Tool. (Will be made available on Canvas)

COURSE OBJECTIVES

At the end of this course students should be able to do the following:

1. Demonstrate a functional knowledge of UT Tyler athletic training education program procedures.
2. Explain and demonstrate knowledge of UT Tyler athletic training policies and procedures to incoming athletic training students.
3. Obtain and record a comprehensive medical history from an injured student-athlete.
4. Demonstrate familiarity with proper open wound care procedures.
5. Demonstrate proficiency with tape jobs including, but not limited to: foot, ankle, knee, wrist, hand, shoulder
6. Demonstrate knowledge and proper use of common athletic training and medical terminology.
7. Demonstrate proficiency with correctly applying therapeutic modalities in the athletic training room.
8. Demonstrate an ability to function as a member of a spine boarding team for an athlete with a suspected cervical spine injury.

ATTEDANCE POLICY

Attendance is mandatory!!! Students are expected to attend all weekly seminars and scheduled clinical experience hours. All absences will be considered unexcused unless approved by the professor or an Approved Preceptor. Students are allowed no more than one excused

absence. After this absence, each unexcused absence will result in a 20-point deduction from the attendance portion of your grade.

GRADING STRUCTURE

Grading for this course is based off of an A-F scale and will be judged off of completion of all assigned proficiency worksheets, as well as scoring on said worksheets and terminology assignments. Each assignment will carry an equal weight and will be graded on a 100-point scale.

Proficiencies: 15 x 5 points = 75
Proficiency Completion: 200 points
Terminology Assignments: 4 x 10 points = 40
Quizzes: 12 x 10 points = 120
Discussion Posts: 2x20 points = 40
Final Exam : 1 x 100 points = 100
Total = ~575 points

PROFICIENCY CARDS

Following weekly lectures, students will be expected to complete the designated portion of their proficiency card, that will require initials of a peer, and initials and scores from an approved preceptor within the athletic training clinic. These assignments will test comprehension and retention of skills and information obtained through weekly lecture, as well as give students an opportunity to demonstrate their proficiency to the staff members of the athletic training department. **Please note that your clinical preceptors and staff members will be under express instructions to not sign off on any proficiencies if you do not have a copy of your own CPAT. Also, please note that your proficiencies can be completed by Zoom at the discretion of the preceptor.**

TERMINOLOGY ASSIGNMENTS

There will be 4 terminology assignments distributed throughout the course of the semester. Students will be required to **type** definitions of the terms given. Any evidence of plagiarism, cheating, or collaboration will result in a grade of 0 on the assignment. Two cases of cheating will result in a conversation with the department chair about further consequences.

COURSE SCHEDULE

Week of August 23 rd – 27 ^h	<ul style="list-style-type: none"> - Introduction - Syllabus Review - Course Outline Syllabus Quiz Due August 26th Discussion Post 1 Due August 28th
Week of August 30 th – September 3 rd	<ul style="list-style-type: none"> - Taking a Medical History - SOAP Notes Discussion Post 1 Responses Due September 2nd Quiz 1 Due September 4th Terminology Assignment 1 Assigned
Week of September 7 th – 10 th	<ul style="list-style-type: none"> - Therapeutic Modalities Application Quiz 2 Due September 11th Terminology Assignment 1 Due September 11th
Week of September 13 th – 17 th	<ul style="list-style-type: none"> - Wound Care Quiz 3 Due September 18th Terminology Assignment 2 Assigned
Week of September 20 th – 24 th	<ul style="list-style-type: none"> - Athletic Training Room Inventory Quiz 4 Due September 25th Terminology Assignment 2 Due September 25th
Week of September 27 th – October 1 st	<ul style="list-style-type: none"> - Spine Boarding Quiz 5 Due October 2nd Terminology Assignment 3 Assigned
Week of October 4 th – October 8 th	<ul style="list-style-type: none"> - Upper Body Taping Quiz 6 Due October 9th Terminology Assignment 3 Due October 9th
Week of October 11 th – October 15 th	<ul style="list-style-type: none"> - Lower Body Taping Quiz 7 Due October 16th Terminology Assignment 4 Assigned
Week of October 18 th – October 22 nd	<ul style="list-style-type: none"> - Stretching Quiz 8 Due October 23rd Terminology Assignment 4 Due October 23rd
Week of October 25 th – October 29 th	<ul style="list-style-type: none"> - Upper Body Soft Tissue Anatomy Quiz 9 Due October 30th Discussion Post 2 Due October 30th
Week of November 1 st – 5 th	<ul style="list-style-type: none"> - Upper Body Bony Tissue Anatomy Discussion Post 2 Responses Due November 4th Quiz 10 Due November 6th
Week of November 8 th – 12 th	<ul style="list-style-type: none"> - Lower Body Soft Tissue Anatomy Quiz 11 Due November 13th
Week of November 15 th – 19 th	<ul style="list-style-type: none"> - Lower Body Bony Tissue Anatomy Quiz 12 Due November 20th
Week of November 22 nd – 26 th	<ul style="list-style-type: none"> - NO CLASS, Thanksgiving Break
Week of November 29 th – December 3 rd	<ul style="list-style-type: none"> - Final Exam Review
Final Exam	Open December 7th and Due December 9th