

## **KINE 3102: Clinical Experiences in Athletic Training I**

### **Fall 2021**

Department: Health and Kinesiology  
Class Credit: 3 semester hours  
Class Schedule: W 12:20- 1:15 PM (follow course outline)  
Class Location: HPC 1045 & Canvas (hybrid course)  
Instructor: D. Michelle Gallegos, MS, AT, ATC  
Contact Info: Email: [dgallegos@uttyler.edu](mailto:dgallegos@uttyler.edu)

### **CATALOG DESCRIPTION**

This course is intended for students accepted into the athletic training education program with aspirations of sitting for the Texas State Athletic Training Licensure Exam. This is a laboratory-based course designed to introduce students to aspects of the athletic training profession, procedures of the UT Tyler athletic training education program, and basic level clinical skills necessary to complete upper-level clinical education requirements of the program.

### **TEXTBOOKS**

Required Text: Prentice, W.E. (2013). Principles of Athletic Training: A Competency-Based Approach. New York, NY: McGraw Hill. 15<sup>th</sup> edition.

Cage, SA (2014). University of Texas at Tyler Clinical Proficiency Assessment Tool. (Will be made available on Canvas)

**COURSE OBJECTIVES:** At the end of this course students should be able to do the following:

1. Demonstrate a functional knowledge of UT Tyler athletic training education program procedures.
2. Explain and demonstrate knowledge of UT Tyler athletic training policies and procedures to incoming athletic training students.
3. Obtain and record a comprehensive medical history from an injured student-athlete.
4. Demonstrate familiarity with proper open wound care procedures.
5. Demonstrate proficiency with tape jobs including, but not limited to: foot, ankle, knee, wrist, hand, shoulder
6. Demonstrate knowledge and proper use of common athletic training and medical terminology.
7. Demonstrate proficiency with correctly applying therapeutic modalities in the athletic training room.
8. Demonstrate an ability to function as a member of a spine boarding team for an athlete with a suspected cervical spine injury.

### **ATTENDANCE POLICY**

Attendance is mandatory!!! Students are expected to attend all weekly seminars and scheduled clinical experience hours. All absences will be considered unexcused unless approved by the professor or an Approved Preceptor. Students are allowed no more than one excused absence. After this absence, each unexcused absence will result in a 20-point deduction from the attendance portion of your grade.

## **GRADING STRUCTURE**

Grading for this course is based off of an A-F scale and will be judged off of completion of all assigned proficiency worksheets, as well as scoring on said worksheets and terminology assignments. Each assignment will carry an equal weight and will be graded on a 100 point scale.

**Proficiencies: 15 x 5 points = 75**

**Proficiency Completion: 200 points**

Terminology Assignments: 4 x 10 points = 40

Quizzes: 12 x 10 points = 120

Discussion Posts: 2x20 points = 40

Practical Exam: 1 x 100 points = 100

Final Exam : 1 x 100 points = 100

Total = ~675 points

## **PROFICIENCY CARDS**

Following weekly lectures, students will be expected to complete the designated portion of their proficiency card, that will require initials of a peer, and initials and scores from an approved preceptor within the athletic training clinic. These assignments will test comprehension and retention of skills and information obtained through weekly lecture, as well as give students an opportunity to demonstrate their proficiency to the staff members of the athletic training department. **Please note that your clinical preceptors and staff members will be under express instructions to not sign off on any proficiencies if you do not have a copy of your own CPAT. Also, please note that your proficiencies can be completed by Zoom at the discretion of the preceptor.**

## **TERMINOLOGY ASSIGNMENTS**

There will be 4 terminology assignments distributed throughout the course of the semester. Students will be required to **type** definitions of the terms given. Any evidence of plagiarism, cheating, or collaboration will result in a grade of 0 on the assignment. Two cases of cheating will result in a conversation with the department chair about further consequences.

## **COURSE SCHEDULE**

Week of August 23 <sup>rd</sup> – 27 <sup>th</sup>	<ul style="list-style-type: none"><li>- Introduction</li><li>- Syllabus Review</li><li>- Course Outline</li></ul> <b>Syllabus Quiz Due August 26<sup>th</sup></b> <b>Discussion Post 1 Due August 27<sup>th</sup></b>
Week of August 30 <sup>st</sup> – September 3 <sup>rd</sup>	<ul style="list-style-type: none"><li>- Taking a Medical History</li><li>- SOAP Notes</li></ul>

	<b>Discussion Post 1 Responses Due September 3<sup>rd</sup></b> <b>Quiz 1 Due September 3<sup>rd</sup></b> <b>Terminology Assignment 1 Assigned</b>
Week of September 6 <sup>th</sup> – 10 <sup>th</sup>	<ul style="list-style-type: none"> <li>- Therapeutic Modalities Application</li> </ul> <b>Quiz 2 Due September 10<sup>th</sup></b> <b>Terminology Assignment 1 Due September 10<sup>th</sup></b>
Week of September 13 <sup>th</sup> – 17 <sup>th</sup>	<ul style="list-style-type: none"> <li>- Wound Care</li> </ul> <b>Quiz 3 Due September 17<sup>th</sup></b> <b>Terminology Assignment 2 Assigned</b>
Week of September 20 <sup>st</sup> – 24 <sup>th</sup>	<ul style="list-style-type: none"> <li>- Athletic Training Room Inventory</li> </ul> <b>Quiz 4 Due September 24<sup>th</sup></b> <b>Terminology Assignment 2 Due September 24<sup>th</sup></b>
Week of September 27 <sup>th</sup> – October 1 <sup>st</sup>	<ul style="list-style-type: none"> <li>- Spine Boarding</li> </ul> <b>Quiz 5 Due October 1<sup>st</sup></b> <b>Terminology Assignment 3 Assigned</b>
Week of October 4 <sup>th</sup> – October 8 <sup>th</sup>	<ul style="list-style-type: none"> <li>- Upper Body Taping</li> </ul> <b>Quiz 6 Due October 8<sup>th</sup></b> <b>Terminology Assignment 3 Due October 8<sup>th</sup></b>
Week of October 11 <sup>th</sup> – October 15 <sup>th</sup>	<ul style="list-style-type: none"> <li>- Lower Body Taping</li> </ul> <b>Quiz 7 Due October 15<sup>th</sup></b> <b>Terminology Assignment 4 Assigned</b>
Week of October 18 <sup>th</sup> – October 22 <sup>nd</sup>	<ul style="list-style-type: none"> <li>- Stretching</li> </ul> <b>Quiz 8 Due October 22<sup>nd</sup></b> <b>Terminology Assignment 4 Due October 22<sup>nd</sup></b>
Week of October 25 <sup>th</sup> – October 29 <sup>th</sup>	<ul style="list-style-type: none"> <li>- Upper Body Soft Tissue Anatomy</li> </ul> <b>Quiz 9 Due October 29<sup>th</sup></b> <b>Discussion Post 2 Due October 29<sup>th</sup></b>
Week of November 1 <sup>st</sup> – 5 <sup>th</sup>	<ul style="list-style-type: none"> <li>- Upper Body Bony Tissue Anatomy</li> </ul> <b>Discussion Post 2 Responses Due November 5<sup>th</sup></b> <b>Quiz 10 Due November 5<sup>th</sup></b>
Week of November 8 <sup>th</sup> – 12 <sup>th</sup>	<ul style="list-style-type: none"> <li>- Lower Body Soft Tissue Anatomy</li> </ul> <b>Quiz 11 Due November 12<sup>th</sup></b>
Week of November 15 <sup>th</sup> – 19 <sup>th</sup>	<ul style="list-style-type: none"> <li>- Lower Body Bony Tissue Anatomy</li> </ul> <b>Quiz 12 Due November 19<sup>th</sup></b>
Week of November 22 <sup>nd</sup> – 26 <sup>th</sup>	<b>NO CLASS, Thanksgiving Break</b>
Week of November 29 <sup>th</sup> – December 3 <sup>rd</sup>	<ul style="list-style-type: none"> <li>- Final Exam Review</li> <li>- <b>Practical Exams</b></li> </ul>
<b>Final Exam</b>	<b>Open December 6<sup>th</sup> and Due December 8<sup>th</sup></b>