

Syllabus – Spring 2024 – PSYC 1301 – Introduction to Psychology MWF 9:05am – 10:00am

STE 127

****NOTE** - this is a living, breathing document and will evolve over the course of the semester.

Quiz and Test Days will remain the same, but I will likely be including supplemental readings, videos, and other related materials that you will be responsible for consuming in preparation for the course assessments.

Instructor Information: Kristie Allen, M.A.

Hello! My name is Kristie Allen. I serve as a lecturer for the Department of Psychology and Counseling. I graduated from Grand Valley State University (Allendale, MI) with my Bachelors in Psychology and later from UT Tyler with my Masters in Clinical Mental Health Counseling. I am passionate about working with college students to find meaning in their coursework and a greater purpose in their educational journey. The human mind is one of the most fascinating and complex subjects of modern science. My goal is to help you develop a basic understanding of psychology as a science-based discipline. This includes providing you with an introduction to a number of domains within the psychology discipline including (but not limited to!) human development, cognition, personality theory, and the biological bases for human behavior. Additionally, it is important to me that you learn how to apply the course content to your chosen education and career pathways.

The best way to contact me is to send a message through CANVAS. I usually respond to messages within one business day, Monday through Friday. Weekend availability will vary. You can also e- mail me directly at kallen@uttyler.edu or call me at (903) 566-6177.

Each Wednesday, I will be available from 12:30pm-2:30pm in my Office (HPR 214) or via ZOOM for Office Hours.

Join Zoom Meeting

<https://uttyler.zoom.us/j/87692013840?pwd=dTBCa2twYVZaUldSRVRyV2lwcXNFQTO9>

Meeting ID: 876 9201 3840

Passcode: 354919

I am committed to facilitating a learning environment that is equitable, inclusive and welcoming and that fosters a climate of mutual respect and full participation. I expect you all to demonstrate that same level of respect to one another. Please be kind, open-minded, and receptive to feedback as that is the best way to ensure you get the most you can out of this class.

Personal Applications & Impact

It is impossible to study Psychology without thinking about our own lived experiences – that would take all the fun out of it! However, some topics we study may not be relevant to your own experiences, and your own experiences may not be consistent with the material presented. This does not mean that the research I present is inaccurate or that your experiences are “wrong”. No psychological study will account for every person’s experiences. In addition, some of the material in this class may provoke strong feelings about your past experiences or current life. It is a specific goal of this course to make sure you become good consumers of psychological information and sometimes that will mean challenging your own prior beliefs, values, and experiences.

Course Catalog Description:

A survey of empirically based knowledge of behavior and mentation of individuals.

Student Learning Outcomes:

- Demonstrate familiarity with the major concepts, theoretical perspectives, research methods, core empirical findings, and historic trends in psychology.
- Explain (including advantages and disadvantages) and compare major theoretical perspectives of psychology (e.g., behavioral, biological, cognitive, evolutionary, humanistic, psychodynamic and socio-cultural);
- Demonstrate knowledge and understanding of the following general domains: biological bases of behavior and mental processes, sensation and perception, learning and memory, cognition, consciousness, personality, social processes, developmental changes in behavior and mental processes that occur across the lifespan, emotion, and motivation;
- Draw the distinction between scientific and non-scientific methods of understanding and analysis.
- Recognize and understand the impact of diversity on psychological research, theory and application, including (but not limited to): age, race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation.
- Understand and apply psychological principles to personal experience and social and organizational settings.
- Demonstrate critical thinking skills and information competence as applied to psychological topics.

Textbook(s):

Great news: your textbook for this class is available for free online!

[Psychology 2e](#) from OpenStax [Links to an external site.](#)[Links to an external site.](#), ISBN 978-1-975076-45-0

You have several options to obtain this book:

- [View online](#) [Links to an external site.](#)[Links to an external site.](#)([Links to an external site.](#))
- [Download a PDF](#) [Links to an external site.](#)([Links to an external site.](#))

You can use whichever formats you want. Web view is recommended -- the responsive design works seamlessly on any device.

You will also be required to access the Portland State University Human Development Open Access textbook

Portland State University. Human Development Teaching and Learning Group, "Human Development" (2021). PDXOpen: Open Educational Resources. 35.

<https://pdxscholar.library.pdx.edu/pdxopen/35>[Links to an external site.](#)

And a few NOBA Modules

Diener, E., Biswas-Diener. (Eds.) (2017). Introduction to Psychology: The Full Noba Collection. Noba textbook series: Psychology. Champaign, IL: DEF publishers. DOI: <http://noba.to/d95jpvm7>[Links to an external site.](#)

Evaluation and Grading:

Quizzes	There will be four quizzes completed via Canvas. Each quiz will have 25 questions worth 1 point each	100
Exams	There will be 2 exams completed via Canvas. Each exam will have 50 questions worth 1 point each	100
Pop-Journal Prompts + Qualtrics Evaluation	Our class will be utilizing reflective journal prompts. There will be 12 prompts worth 12 points apiece done at random throughout the semester. Each journal will be stamped by me to signify credit. I will drop two of them (meaning you don't have to fret if you miss 2 as you will not be penalized). Additionally, you will be required to complete a 10- point Qualtrics evaluation of Learning and Conditioning videos.	130

Attendance	You will all start the class with 20 points for attendance on Canvas. You are allowed to miss 4 classes with no penalty. Once you surpass 4 classes, I will begin taking off 5 points per absence.	20
Psychology in the News Assignment	See Canvas for Instructions	50
Total Points		400
<i>Extra Credit: I will give extra credit questions on each exam and quiz. You will also have the opportunity to complete another "Psychology in the News" Assignment for 25 extra credit points.</i>		

360-400 points: A

320-359 points: B

280-319 points: C

240-279 points: D

<239 points: F

Course Flow – What Can You Expect?

The first 10 minutes of class will be considered an interactive study hall. Because reading is SO important for your success in this course, my expectation is that you will have read before class. However, I want to give you some time to reread and freshen up on the material so you can be active and engaged listeners who have things to contribute to our discussion. This also gives you a little bit of time to get to class and get situated and for me to take attendance.

Minutes 10 through 45 will usually be composed of a lecture (unless noted on the syllabus) and we will leave the last 5 minutes for reflection, burning questions, and any housekeeping items we need to discuss.

Attendance

A 2010 meta-analysis of the relationship between class attendance in college and college grades found that class attendance is a better predictor of college grades than any other known predictor of academic performance (Crede et al., 2010). Much of our learning will happen while working with peers and through our group discussions. These are learning

experiences that are almost impossible to make up individually. I will take attendance using Mentimeter each class meeting. You are allowed 4 absences over the course of the semester. There is no need to e-mail me or let me know you will be missing. You will all start out with 20 points (5% of overall grade) in the Canvas gradebook. Once you surpass 4 absences, I will start deducting 5 points for each absence

Credé, M., Roch, S. G., & Kieszczynka, U. M. (2010). Class attendance in college: A meta-analytic review of the relationship of class attendance with grades and student characteristics. *Review of Educational Research*, 80(2), 272-295.

Quizzes and Exams:

- Quizzes/Exams will open Wednesdays after class at 10 am and will remain open until 11:59pm on Friday evening.
- You may use the OERs, Power Points, notes, but NOT another person. Do not rely on these items exclusively because of the time constraints. You really need to KNOW the material.
- Each quiz is a mixture of 25 questions, true/false and multiple choice. Each exam will be 50 questions, true/false and multiple choice.
- The quizzes are timed at 60 minutes, exams will be timed at 120 minutes.
- Please study as if this was an in-person quiz!
- Please read the section on academic dishonesty. It is not tolerated AT ALL. If cheating is suspected, you will be reported to the Office of Student Affairs

Course Schedule:

Week 1		
Monday	January 15	MLK Jr. Day; No Class
Wednesday	January 17	Syllabus Overview 1.1 What is Psychology? 1.2 History of Psychology
Friday	January 19	1.3 Contemporary Psychology 1.4 Careers in Psychology Introduce Psychology in the News Assignment

Week 2		
Monday	January 22	2.1 Why is Research Important? 2.2 Approaches to Research
Wednesday	January 24	2.3 Analyzing Findings 2.4 Ethics
Friday	January 26	Quiz Day # 1 - No In-Person Class
Week 3		
Monday	January 29	3.1 Human Genetics 3.2 Cells of the Nervous System
Wednesday	January 31	3.3 Parts of the Nervous System 3.4 The Brain and the Spinal Cord
Friday	February 2	3.5 The Endocrine System NOBA: Psychophysiological Methods in Neuroscience
Week 4		
Monday	February 5	4.1 What is Consciousness? 4.2 Sleep and Why We Sleep 4.3 Stages of Sleep
Wednesday	February 7	4.5 Substance Use and Disorders 4.6 Other States of Consciousness
Friday	February 9	7. 1 What is Cognition?

		7.2 Language
Week 5		
Monday	February 12	5.1 Sensation vs. Perception
Wednesday	February 14	5.3 Vision 5.4 Hearing 5.5 The Other Senses
Friday	February 16	Quiz Day # 2 - No In-Person Class
Week 6		
Monday	February 19	8.1 How Memory Functions 8.2 Parts of the Brain Involved with Memory
Wednesday	February 21	8.3 Problems with Memory NOBA: Eyewitness Testimony and Memory Biases
Friday	February 23	VIDEO -Elizabeth Loftus TED Talk -Ronald Cotton CBS Eyewitness Testimony (Parts One and Two)
Week 7		
Monday	February 26	11.1 What is Personality 11.2 Freud and the Psychodynamic Perspective 11.3 Neo-Freudians: Adler, Erikson, Jung, and Horney
Wednesday	February 28	11.4 Learning Approaches

		11.5 Humanistic Approaches
Friday	March 1	11.6 Biological Approaches 11.7 Trait Theorists 11.8 Cultural Understandings of Personality 11.9 Personality Assessment
Week 8		
Monday	March 4	8.4 Ways to Enhance Memory
Wednesday	March 6	Exam 1 Review – Attendance Optional
Friday	March 8	Exam 1 – No In-Person Class
Week 9 - Enjoy Spring Break!		
Week 10		
Monday	March 18	12.1 What is Social Psychology 12.2 Self-presentation
Wednesday	March 20	12.3 Attitudes and Persuasion NOBA: Persuasion: So Easily Fooled
Friday	March 22	12.4 Conformity, Compliance, and Obedience
Week 11		
Monday	March 25	12.5 Prejudice and Discrimination
Wednesday	March 27	12.6 Aggression NOBA: Aggression and Violence

Friday	March 29	12.7 Prosocial Behavior NOBA: Positive Relationships
Week 12		
Monday	April 1	NOBA: Love, Friendship, and Social Support NOBA: Attraction and Beauty
Wednesday	April 3	10.1 Motivation NOBA: Motives and Goals 10.2 Emotion NOBA: Emotion Experience and Well-Being PSYCHOLOGY IN THE NEWS ASSIGNMENT DUE
Friday	April 5	Quiz Day # 3 – No In-Person Class
Week 13		
Monday	April 8	9.1 What is Lifespan Development? 9.2 Lifespan Theories PSU Human Development – Unit 8 – Early Adulthood PSU Human Development – Unit 9 – Middle Adulthood
Wednesday	April 10	Guest Speaker: Dr. Amy Hayes on Attachment Theory PSU Human Development – Unit 3 – Infancy
Friday	April 12	PSU Human Development – Unit 6 – Middle Childhood PSU Human Development – Unit 7 – Adolescence

Week 14		
Monday	April 15	6.1 What is Learning 6.2 Classical Conditioning 6.3 Operant Conditioning
Wednesday	April 17	At Home Review of PSYC 3325 Student Conditioning Videos; No In-Person Class.
Friday	April 19	Quiz Day # 4 - No In-Person Class
Week 15		
Monday	April 22	15.1 What are Psychological Disorders? 15.2 Diagnosing and Classifying Psychological Disorders 15.4 Anxiety Disorders 15.7 Mood Disorders 15.9 Dissociative Disorders 15.11 Personality Disorders
Wednesday	April 24	16.1 Mental Health Treatment: Past and Present 16.2 Types of Treatment
Friday	April 26	Final Exam Review - Attendance Optional
Final Exam Due Wednesday, May 1 by 11:59pm.		

Academic Dishonesty:

Canvas has tools that shows when/if a student has plagiarized information. It will generate a report once you submit your work and any information matching other sources will be highlighted in a document. I am sure you know that this would be

considered to violate our Academic Dishonesty Policy and you will be turned into the Student Affairs office for review. Your work must be original and in your own words. I cannot stress enough; make sure ALL of your work is ORIGINAL. If you aren't sure if the work you are about to submit abides by the academic dishonesty policy of the university) don't submit it. You know if the work you are submitting is completely original. Make sure that you always include in-text citations as well as a Works Cited page in APA format with all of your work. For assistance with APA formatting, you may visit the writing center on campus and find this site to be helpful:

<https://owl.english.purdue.edu/owl/resource/560/01/>.

University Policies

UT Tyler Honor Code

Every member of the UT Tyler community joins together to embrace: Honor and integrity that will not allow me to lie, cheat, or steal, nor to accept the actions of those who do.

Student Rights and Responsibilities

To know and understand the policies that affect your rights and responsibilities as a student at UT Tyler, please follow this

link: <http://www.uttyler.edu/wellness/rightsresponsibilities.php> (Links to an external site.)Links to an external site.

Campus Carry

We respect the right and privacy of students 21 and over who are duly licensed to carry concealed weapons in this class. License holders are expected to behave responsibly and keep a handgun secure and concealed. More information is available at [http://www.uttyler.edu/about/campus-](http://www.uttyler.edu/about/campus-carry/index.php) (Links to an external site.)Links to an external site.

[carry/index.php](http://www.uttyler.edu/about/campus-carry/index.php)

UT Tyler a Tobacco-Free University

All forms of tobacco will not be permitted on the UT Tyler main campus, branch campuses, and any property owned by UT Tyler. This applies to all members of the

University community, including students, faculty, staff, University affiliates, contractors, and visitors.

Forms of tobacco not permitted include cigarettes, cigars, pipes, water pipes (hookah), bidis, kreteks, electronic cigarettes, smokeless tobacco, snuff, chewing tobacco, and all other tobacco products.

There are several cessation programs available to students looking to quit smoking, including counseling, quitlines, and group support. For more information on cessation programs please visit

www.uttyler.edu/tobacco-free. (Links to an external site.)Links to an external site.

Grade Replacement/Forgiveness and Census Date Policies

Fall 2023 Census Date – September 1

Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the

Census Date of the semester in which the course will be repeated. Grade Replacement Contracts are available in the Enrollment Services Center or at <http://www.uttyler.edu/registrar>. (Links to an external site.)Links to an external site.Each semester's Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar.

Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract.

The Census Date is the deadline for many forms and enrollment actions that students need to be aware. These include:

- Submitting Grade Replacement Contracts, Transient Forms, requests to withhold directory information, approvals for taking courses as Audit, Pass/Fail or Credit/No
- Receiving 100% refunds for partial withdrawals. (There is no refund for these after the Census Date)
- Schedule adjustments (section changes, adding a new class, dropping without a "W, grade)
- Being reinstated or re-enrolled in classes after being dropped for non-payment

- Completing the process for tuition exemptions or waivers through Financial Aid

State-Mandated Course Drop Policy

Texas law prohibits a student who began college for the first time in Fall 2007 or thereafter from dropping more than six courses during their entire undergraduate career. This includes courses dropped at another 2-year or 4-year Texas public college or university. For purposes of this rule, a dropped course is any course that is dropped after the census date (See Academic Calendar for the specific date).

Exceptions to the 6-drop rule may be found in the catalog. Petitions for exemptions must be submitted to the Enrollment Services Center and must be accompanied by documentation of the extenuating circumstance. Please contact the Enrollment Services Center if you have any questions.

Disability Services

In accordance with Section 504 of the Rehabilitation Act, Americans with Disabilities Act (ADA) and the ADA Amendments Act (ADAAA) the University of Texas at Tyler offers accommodations to students with learning, physical and/or psychological disabilities. If you have a disability, including a non-visible diagnosis such as a learning disorder, chronic illness, TBI, PTSD, ADHD, or you have a history of modifications or accommodations in a previous educational environment, you are encouraged to visit

<https://hood.accessiblelearning.com/UTTyler> and fill out the New Student application.

The Student Accessibility and Resources (SAR) office will contact you when your application has been submitted and an appointment with Cynthia Lowery, Assistant Director of Student Services/ADA Coordinator. For more information, including filling out an application for services, please visit the SAR webpage at <http://www.uttyler.edu/disabilityservices>. (Links to an external site.)Links to an external site.the SAR office located in the University Center #3150 or call 903.566.7079.

Student Absence due to Religious Observance

Students who anticipate being absent from class due to a religious observance are requested to inform the instructor of such absences by the second class meeting of the semester.

Student Absence for University-Sponsored Events and Activities

If you intend to be absent for a university-sponsored event or activity, you (or the event sponsor) must notify the instructor at least two weeks prior to the date of the planned absence. At that time the instructor will set a date and time when make-up assignments will be completed.

Social Security and FERPA Statement

It is the policy of The University of Texas at Tyler to protect the confidential nature of social security numbers. The University has changed its computer programming so that all students have an identification number. The electronic transmission of grades (e.g., via e-mail) risks violation of the Family Educational Rights and Privacy Act; grades will not be transmitted electronically.

Emergency Exits and Evacuation

Everyone is required to exit the building when a fire alarm goes off. Follow your instructor's directions regarding the appropriate exit. If you require assistance during an evacuation, inform your instructor in the first week of class. Do not re-enter the building unless given permission by University Police, Fire department, or Fire Prevention Services.

Student Standards of Academic Conduct

Disciplinary proceedings may be initiated against any student who engages in scholastic dishonesty, including, but not limited to, cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts.

- "Cheating, includes, but is not limited to:
 - copying from another student's test paper;
 - using during a test, materials not authorized by the person giving the test;
 - failure to comply with instructions given by the person administering the test;

- possession during a test of materials which are not authorized by the person giving the test, such as class notes or specifically designed "crib notes,. The presence of textbooks constitutes a violation if they have been specifically prohibited by the person administering the test;
- using, buying, stealing, transporting, or soliciting in whole or part the contents of an unadministered test, test key, homework solution, or computer program;
- collaborating with or seeking aid from another student during a test or other assignment without authority;
- discussing the contents of an examination with another student who will take the examination;
- divulging the contents of an examination, for the purpose of preserving questions for use by another, when the instructor has designated that the examination is not to be removed from the examination room or not to be returned or to be kept by the student;
- substituting for another person, or permitting another person to substitute for oneself to take a course, a test, or any course-related assignment;
- paying or offering money or other valuable thing to, or coercing another person to obtain an unadministered test, test key, homework solution, or computer program, or information about an unadministered test, test key, homework solution or computer program;
- falsifying research data, laboratory reports, and/or other academic work offered for credit;
- taking, keeping, misplacing, or damaging the property of U. T. Tyler, or of another, if the student knows or reasonably should know that an unfair academic advantage would be gained by such conduct; and,
- misrepresenting facts, including providing false grades or resumes, for the purpose of obtaining an academic or financial benefit or injuring another student academically or financially.
- "Plagiarism, includes, but is not limited to, the appropriation, buying, receiving as a gift, or obtaining by any means another's work and the submission of it as one's own academic work offered for
- "Collusion, includes, but is not limited to, the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any section of the rules on scholastic
- All written work that is submitted will be subject to review by plagiarism

CEP Vision and Mission and Program Standards

Vision

The College of Education and Psychology is nationally recognized and respected for its academic programs and opportunities. It is a center of academic excellence, scholarly inquiry, and public service. The College prepares leaders to meet the critical challenges of the 21st Century, to make significant contributions to local and global communities, and to work toward individual and cultural equity.

Mission

The mission of the College of Education and Psychology is to provide a positive environment that fosters the acquisition of knowledge and skills. The mission is individually and collectively realized through a community of scholars that contributes to knowledge through scholarly inquiry; organizes knowledge for application, understanding and communication; and provides leadership and service. Additionally, the College is committed to affirming and promoting global perspectives, cultural diversity, and respect for individual differences as a means of enhancing learning, service, and scholarship.