

**Course Information:** PSYC 5392 Spring 2023

**Class Meeting:** Tuesdays 9:30-12:15 online synchronous

**Office Hours:** Thursdays 9-12, Wednesday by appointment

**Instructor:** Olga Berkout, Ph.D. Assistant Professor | **Office:** HPR 219 | **Phone:** 903-566-7341 | [oberkout@uttyler.edu](mailto:oberkout@uttyler.edu) (best way to reach me)

**Course Catalog Description:** A clinical skills course emphasizing the acquisition of practical therapeutic techniques through skill building sessions and modeling. Direct supervision using audio/video recordings will be provided. CR/NC only. Prerequisite: Grade of "B" or better in PSYC 5308, 5312, and 5328; and departmental consent.

This course is designed for advanced graduate students in clinical psychology. Students will learn more about themselves in relation to others, while learning basic clinical skills and beginning techniques for clinical interviewing, treatment planning, report writing, and individual therapy and practical consideration in their application. Familiarity with the DSM-5-TR is required. In addition to didactic learning, students will complete skill building sessions with a partner and digitally record their interviewing and psychotherapy techniques. You will receive supervision and feedback on your clinical skills throughout the course.

**Required Text:**

Sommers-Flanigan, J. & Sommers-Flanagan, R. (2017). Clinical Interviewing, 6th ed. John Wiley & Sons: NY. ISBN: 9781119365082

**\*\*\*Other readings as assigned.**

*A student at UT-Tyler is not under any obligation to purchase a textbook from a university-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.*

**Evaluation and Grading:** (1000 points total)

In all aspects of your transition from student to professional, I will be supporting you and challenging you to expand your knowledge base, to increase your breadth and depth of skill, and to improve your attitudes and dispositions related to your work. In order to provide structure to this assessment the following points have been assigned to portions of your performance. It is my expectation that you will do well in this class if you demonstrate mastery of the appropriate skills, complete assignments in a timely fashion, demonstrate an awareness and adherence to ethical decision-making processes, and demonstrate an attitude of seeking excellence in your therapeutic skills. Because attendance and participation are central to learning in this course, absences will result in a significant loss of points. Absences due to circumstances outside student control, such as illness, death in the family, and similar will be considered excused. Final determination of whether an absence is excused is determined by the instructor.

**Tentative overview of assignments subject to change at instructor discretion**

Attendance and Participation	280 points	Attendance, effort, and participation in class activities
Skill Building Session 1 & Intake	200 points	Session (100 points) & Intake Report (100 points)
Intake Revision	120 points	Intake Response to Feedback
Skill Build Session 2 & SOAP Note	150 points	Session (100 points) & SOAP Note (50 points)
Skill Build Session 3 & SOAP Note	150 points	Session (100 points) & SOAP Note (50 points)
Case Conceptualization & Treatment Plan Presentation	100 points	

80% = Credit (CR on transcript)

Below 80% = No Credit (NC on transcript)

**Tentative schedule subject to change at instructor discretion**

**ALL ASSIGNMENTS DUE BY BEGINNING OF CLASS 9:30am**

<b>Date</b>	<b>Topics</b>	<b>Readings/Assignments</b>
Week 1: 1/10/23	Informed Consent & Intakes	SF 2
Week 2: 1/17/23	Intake, Diagnosis, & Treatment Planning	SF 8 <b>Skill Build #1 partner information by 11:59pm</b>
Week 3: 1/24/23	Clinical Skill Practice	
Week 4: 1/31/23	Empathic & Directive Listening & Session Documentation	SF 4 & 5 <b>Skill Build #1 due and Intake Report #1 due</b> Supervision this week
Week 5: 2/7/23	Challenging Situations, Suicide Risk Assessment, & Risk Management	SF 10 Review Risk Assessment & Safety Plan documents

		Review Risk Management FAQs link Supervision meetings this week <b>Intake Revision due</b> Supervision this week
Week 6: 2/14/23	Clinical Skill Practice	
Week 7: 2/21/23	Case Conceptualization	Pavlicic & Young, 2020 <b>Skill Build #2 and SOAP note due</b> Supervision this week
Week 8: 2/28/23	Technology in Practice	Martin et al., 2020 Supervision this week
Week 10: 3/7/23	Clinical Skill Practice	
<b>3/13/23-3/17/23 SPRING BREAK</b>		
Week 11: 3/21/23	Working with Young Clients	SF13 <b>Skill Build #3 and SOAP note due</b> Supervision this week
Week 12: 3/28/23	Cultural Considerations and Implementation of Evidence-Based Interventions	Patallo, 2019 APA Cultural Formulation Interview Supervision this week
Week 13: 4/4/23	Case Conceptualization & Treatment Plan Presentations	
Week 14: 4/11/23	Case Conceptualization & Treatment Plan Presentations	
Week 15: 4/18/23	Case Conceptualization & Treatment Plan Presentations	
Week 16: 4/25/23	Case Conceptualization & Treatment Plan Presentations	