

Syllabus – Spring 2024 – PSYC 1301 – Introduction to Psychology T-Th 5:30pm – 6:50pm

BEP 218

Instructor Information: Ana Kellermann, B.A.

Hello, and welcome to PSYC 1301 – Introduction to Psychology. My name is Ana Kellermann and I am a graduate student at the University of Texas at Tyler. I am currently in the fourth year of the clinical psychology Ph.D. program with a focus on rural populations. I also completed my undergrad education here at UT Tyler where I graduated with a bachelor's in psychology.

The best way to contact me is through email. My email address is akellermann@uttyler.edu. Please feel free to contact me at any time with any questions or concerns that you might have, I will do my best to try to answer within 24 hours for emails received from Monday to Friday.

My office hours will be scheduled by appointment and can be conducted via Zoom or in person. I want you to be successful in this class, so please do not hesitate to ask for an appointment if you need any additional help or clarification.

I am committed to facilitating a learning environment that is equitable, inclusive and welcoming and that fosters a climate of mutual respect and full participation. I expect you all to demonstrate that same level of respect to one another. Please be kind, open-minded, and receptive to feedback as that is the best way to ensure you get the most you can out of this class.

Course Catalog Description:

A survey of empirically based knowledge of behavior and mentation of individuals.

Student Learning Outcomes:

- Demonstrate familiarity with the major concepts, theoretical perspectives, research methods, core empirical findings, and historic trends in psychology.
- Explain (including advantages and disadvantages) and compare major theoretical perspectives of psychology (e.g., behavioral, biological, cognitive, evolutionary, humanistic, psychodynamic and socio-cultural);
- Demonstrate knowledge and understanding of the following general domains: biological bases of behavior and mental processes, sensation and perception, learning and memory, cognition, consciousness, personality, social processes, developmental changes in behavior and mental processes that occur across the lifespan, emotion, and motivation;
- Draw the distinction between scientific and non-scientific methods of understanding and analysis.

- Recognize and understand the impact of diversity on psychological research, theory and application, including (but not limited to): age, race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation.
- Understand and apply psychological principles to personal experience and social and organizational settings.
- Demonstrate critical thinking skills and information competence as applied to psychological topics.

Textbook:

Your textbook for this class is available for free online.

[Psychology 2e from OpenStax Links to an external site.](#), ISBN 978-1-975076-45-0

You have several options to obtain this book:

- [View online links to an external site.](#) (Links to an external site.)
- [Download a PDF](#) (Links to an external site.)

You can use whichever formats you want. Web view is recommended -- the responsive design works seamlessly on any device.

Evaluation and Grading:

Quizzes	There will be 12 quizzes completed via Canvas. Each quiz will have 10 questions worth 2 points each. I will drop the two quizzes with the lowest scores.	200
Exams	There will be 4 noncumulative exams. Each exam will have 50 questions worth 2 points each.	400
Attendance	Attendance will be taken at the beginning of every class period. You can miss two classes without any penalty. Any justified absences (such as sickness, doctor’s appointments, family emergency, university-sponsored activity, etc.) will not be penalized or counted against the two allowed absences.	100
Reflection	At the end of the semester, you will be asked to write a reflection about your experience in the class.	100
Total Points		800
<p><i>Extra Credit: I will give extra credit questions on each exam. You will also have the opportunity to complete a “Psychology in the Media” Assignment for 80 extra credit</i></p>		

points. Furthermore, other opportunities for extra credit might be given through the semester.

720-800 points: A

640-719 points: B

560-639 points: C

480-559 points: D

<480 points: F

Quizzes:

- Quizzes will open Thursday after class at 7 pm and will remain open until 11:59 pm on Monday evening.
- You may use PowerPoints and notes, but NOT another person.
- Each quiz will include 10 multiple-choice questions.
- The quizzes will cover the readings for the chapter that we will be discussing the following week.
- The quizzes are not timed, you will have unlimited time and an unlimited number of opportunities (meaning that you can take them as many times as you want) to complete them.
- Please read the section on academic dishonesty. It is not tolerated AT ALL. If cheating is suspected, you will be reported to the Office of Student Affairs.

Exams:

- All exams, except for the last one, will be completed in-person during our allotted class time.
- Exams will include 50 multiple-choice questions and you will have one hour and 20 minutes to complete them.
- Content for the exams will include all the chapters that were covered prior to the last exam. Exams are not cumulative.
- You will NOT be allowed to use any additional resources, such as the textbook, notes, or PowerPoints during the exam.
- If you know you will be absent during one of the exam dates please get in contact with me as soon as possible, so that we can reschedule it. Similarly, if you miss an exam, please get in contact with me, so that we can reschedule it.
- The last exam will be administered online. The exam will open on 04/25 after class and will close on 04/30 at 11:59 P.M. This exam will also be timed and you will be allotted one hour and 20 minutes to complete it.
- Please read the section on academic dishonesty. It is not tolerated AT ALL. If cheating is suspected, you will be reported to the Office of Student Affairs.

Attendance:

- Attendance will be taken at the beginning of every class period. You can miss two classes without any penalty. Any justified absences (such as sickness, doctor's appointments, family emergency, university-sponsored activity, etc.) will not be penalized or counted against the two allowed absences.
- Each non-justified absence, beyond the first two, will decrease your attendance score by five points.
- If there are any extenuating circumstances that lead you to miss class, please contact me and we can try to figure out alternative arrangements.

Reflection:

- At the end of the semester, you will be asked to write a two-page double-spaced paper discussing what you have taken from the class, the aspects of the class that you enjoyed, and the ones you did not. More information about this assignment will be included in Canvas under the Reflection assignment.

Extra-Credit:

- An extra-credit question will be provided in each exam.
- Additionally, an extra-credit assignment of "Psychology in the Media" will also be available for completion. This assignment will require you to pick a piece of some sort of media (a movie, T.V. show, art piece, song, etc.) that you think reflects some aspect of psychology or mental health, describe it, and explain (based on what you have learned in the course) whether it is an accurate representation. More detailed information for this assignment will be shared in Canvas under the "Psychology in the Media" assignment.

UT-Tyler Department of Psychology & Counseling Research Requirement:

The Department of Psychology and Counseling requires that all students taking 1000-, 2000-, and 3000-level psychology courses to complete a research requirement. (Note that the Research Methods course, PSYC 2331, is exempt from this policy). Some 4000-level courses offer research participation as a means to gain extra credit.

In order to fulfill this requirement or access extra credit opportunities, all students should register in Sona within the *first week of class*. The registration will take only a few minutes, and will include a brief survey to collect demographic data. This data will serve as a screening tool to determine potential survey eligibility.

Once you register in the system, there are two ways to fulfill the research requirement:

Options:

- You may complete research credits by participating in psychology studies. One credit is earned for every 30 minutes of research participation. Most studies are worth one credit.
- The number of credits required varies from one course to the next, and you must complete 4 credits for this course.

- In lieu of the research participation, you may instead complete a 5-page research report on a topic that you are interested in psychology. This could mean looking more closely at a topic we've covered in class. Your paper must be written in APA style (7th edition) and includes a cover page and at least 5 scholarly resources. To ensure that your topic is appropriate, you must check it with me before you start to work on your paper.

Timeline:

If you choose to complete the research participation, at least 2 of the credits must be submitted on or before March 18. Failure to do so will result in a **5% reduction** to your final course grade. The remaining 2 credits needed to fulfill the requirement must be submitted on or before the last day of the regular semester (i.e., before the start of finals week). Failure to submit the remaining credits by this date will result in an **additional 5% reduction** to your final grade.

If you choose, instead, to complete the research report, the final report must be submitted to your instructor no later than March 18. Failure to do so will result in a **10% reduction** to your final course grade. If you are caught plagiarizing or engaging in other forms of academic dishonesty with regard to the research report, you will face university disciplinary measures in addition to the 10% reduction to your final grade.

Initial Registration and Account Setup:

The psychology pool administrator maintains the student credits in the department's online research participation system, which is called Sona Systems. Students are required to register with this online system to track and submit their credits.

How to Create an Account for the Research Sign-up System:

Go to the following website: <http://uttyler.sona-systems.com>

Please follow these steps:

- (1) On the right-hand side of the page, click the link that says, "Request Account."
- (2) Type in your information. Your user ID can be anything you wish. However, note that **YOUR EMAIL ADDRESS MUST BE ACCURATE!!!!** You will also enter your telephone number and select the psychology course(s) that you enrolled in this semester.
- (3) The system will use your email address to send you a password.
- (4) Log into the system at the web address above with your username (that you created) and password (that the system will email to you). You may change your password upon logging in to the system for the first time.
- (5) Click the link that says "Study Sign Up"
- (6) Click the link of the study you wish to participate in (the number of credits the study is worth will be listed on the webpage).

(7) Click the link that says “Timeslots Available.” Note that a specific study is available until the study is completed, after which you can no longer sign up for it. New studies are posted throughout the semester, but the timing of new study availability depends on the individual researchers in charge of those specific studies.

Start early!!!! Do NOT wait until the end of the semester to start your research participation. There will NOT be a large number of studies available toward the end of the semester because the researchers and their student assistants are trying to analyze the data from their semester projects before the semester ends. Check Sona each week throughout the semester in order to find new studies in which you can participate!!!!

(8) Select a date and time that will work for you. Some studies are completely online, so you can complete that study immediately. Other studies require that you show up to one of the psychology research laboratories on campus. There are three psychology laboratories on campus, so please note which one you need to attend.

(9) The Sona system will send you an email reminder about your study sign-up (including information about the day, time, and location of the study) at 5:00 pm the night before the study is to take place.

(9) Repeat Steps 5 - 8 until you have completed all credits that are required for your course. Any credits you complete beyond those required for your course(s) can potentially be used for extra credit, at the discretion of your instructor.

Once you participate, the system will track the number of credit hours you have completed. This information is available by clicking the “My Schedule/Credits” link.

Types of Studies:

There are two basic types of studies. The first is a laboratory study, and you will meet with a researcher at a specific location on the UT-Tyler campus. The second type is an online study. With this type of study, you can complete it from any computer connected to the internet. Although the majority of studies are of the first type, a few online studies may be posted during the semester for your convenience. The type of study will be listed in the description of the project on the website.

Canceling an Appointment:

If you need to cancel an appointment for a timeslot you have signed up for, you can do this from the My Schedule / Credits page on the website. Select this link, and you will see all the studies you have signed up for, as well as those you have completed. Click “Cancel” on the appointment you need to cancel, and you will see a confirmation page. Note, however, that you should avoid canceling an appointment unless absolutely necessary. Aside from not receiving the credit from the study, you are also inconveniencing the student researchers who are waiting at the laboratory to greet you. If you do need to cancel, you may try to contact the researcher in charge of the study (listed on the website) to reschedule.

To assign credits to specific courses –in the event that you are in more than one course that requires participation and/or offers extra credit for participation – please do the following:

- Click the “My Schedule/Credits” link.
- Assign the credits for each study in which you have participated to a specific course. This may include volunteer hours for student counseling.
- The system will allow you to assign any number of the total credits you have accumulated to any specific course. However, you only have your total number of accumulated credits to distribute to your course(s). For example, if you have two courses that require participation and you have 10 accumulated credits, you can allocate those 10 credits to one course, the other course, or divide them in some way between both courses.

Before the end of the semester, be sure that you “apply” the credits that you have accumulated to the course(s) that require research participation and/or that offer extra credit for participating in research or volunteering for counseling.

If you have any questions about Sona or the research participation requirement for your course, please talk with your course instructor. Or, you may contact the Sona System administrator, Dr. Stocks, directly at estocks@uttyler.edu.

Class Schedule:

Week	Class Days	Content	Assignments Due
1	01/16 and 01/18	Syllabus and Chapter 1: Introduction to Psychology	No Assignments Due
2	01/23 and 01/25	Chapter 2: Psychological Research	Chapter 2 Quiz Due on 01/22 at 11:59 P.M.
3	01/30 and 02/01	Chapter 3: Biopsychology	Chapter 3 Quiz Due on 01/29 at 11:59 P.M.
4	02/06 and 02/08	Tuesday: Chapter 4: States of Consciousness Thursday: Chapter 7: Thinking and Intelligence	Chapter 4 Quiz Due on 02/05 at 11:59 P.M.

5	02/13 and 02/15	Tuesday 02/13: EXAM 1 Thursday: Start Chapter 5: Sensation and Perception	
6	02/20 and 02/22	Tuesday: Finish Chapter 5: Sensation and Perception Thursday: Start Chapter 6: Learning	Chapter 5 Quiz Due on 02/19 at 11:59 P.M.
7	02/27 and 02/29	Tuesday: Finish Chapter 6: Learning Thursday: Start Chapter 8: Memory	Chapter 6 Quiz Due on 02/26 at 11:59 P.M.
8	03/05 and 03/07	Tuesday: Finish Chapter 8: Memory Thursday 03/07: EXAM 2	Chapter 8 Quiz Due on 03/04 at 11:59 P.M.
9	03/12 and 03/14	SPRING BREAK - NO CLASS	
10	03/19 and 03/21	Chapter 9: Lifespan Development	Chapter 9 Quiz Due on 03/18 at 11:59 P.M.
11	03/26 and 03/28	Chapter 10: Emotion and Motivation	Chapter 10 Quiz Due on 03/25 at 11:59 P.M.
12	04/02 and 04/04	Chapter 11: Personality and start Chapter 12: Social Psychology	Chapter 11 Quiz Due on 04/01 at 11:59 P.M.
13	04/09 and 04/11	Tuesday: Finish Chapter 12 – Social Psychology Thursday 04/11: EXAM 3	Chapter 12 Quiz Due on 04/08 at 11:59 P.M.
14	04/16 and 04/18	Chapter 15: Psychological Disorders	Chapter 15 Quiz Due on 04/15 at 11:59 P.M.

15	04/23 and 04/25	Chapter 16: Therapy and Treatment	Chapter 16 Quiz Due on 04/22 at 11:59 P.M.
16		EXAM 4 Due on 04/30 at 11:59 P.M.	Reflection and Extra Credit Due on 04/30 at 11:59 P.M.

Schedule is tentative to change.

Academic Dishonesty:

Canvas has tools that shows when/if a student has plagiarized information. It will generate a report once you submit your work and any information matching other sources will be highlighted in a document. I am sure you know that this would be considered to violate our Academic Dishonesty Policy and you will be turned into the Student Affairs office for review. Your work must be original and in your own words. I cannot stress enough; make sure ALL of your work is ORIGINAL. If you aren't sure if the work you are about to submit abides by the academic dishonesty policy of the university) don't submit it. You know if the work you are submitting is completely original. Make sure that you always include in-text citations as well as a Works Cited page in APA format with all of your work. For assistance with APA formatting, you may visit the writing center on campus and find this site to be helpful:

[https://owl.english.purdue.edu/owl/resource/560/01/.](https://owl.english.purdue.edu/owl/resource/560/01/)

University Policies

UT Tyler Honor Code

Every member of the UT Tyler community joins together to embrace: Honor and integrity that will not allow me to lie, cheat, or steal, nor to accept the actions of those who do.

Student Rights and Responsibilities

To know and understand the policies that affect your rights and responsibilities as a student at UT Tyler, please follow this link: <http://www.uttyler.edu/wellness/rightsresponsibilities.php> (Links to an external site.)

Campus Carry

We respect the right and privacy of students 21 and over who are duly licensed to carry concealed weapons in this class. License holders are expected to behave responsibly and keep a handgun secure and concealed. More information is available at <http://www.uttyler.edu/about/campus-carry/index.php> (Links to an external site.)

[carry/index.php](http://www.uttyler.edu/about/campus-carry/index.php)

UT Tyler a Tobacco-Free University

All forms of tobacco will not be permitted on the UT Tyler main campus, branch campuses, and any property owned by UT Tyler. This applies to all members of the University community, including students, faculty, staff, University affiliates, contractors, and visitors.

Forms of tobacco not permitted include cigarettes, cigars, pipes, water pipes (hookah), bidis, kreteks, electronic cigarettes, smokeless tobacco, snuff, chewing tobacco, and all other tobacco products.

There are several cessation programs available to students looking to quit smoking, including counseling, quitlines, and group support. For more information on cessation programs please visit

www.uttyler.edu/tobacco-free. (Links to an external site.)

Grade Replacement/Forgiveness and Census Date Policies

Fall 2023 Census Date – January 29

Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the

Census Date of the semester in which the course will be repeated. Grade Replacement Contracts are available in the Enrollment Services Center or at <http://www.uttyler.edu/registrar>. (Links to an external site.) Each semester's Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar.

Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract.

The Census Date is the deadline for many forms and enrollment actions that students need to be aware of. These include:

- Submitting Grade Replacement Contracts, Transient Forms, requests to withhold directory information, approvals for taking courses as Audit, Pass/Fail or Credit/No
- Receiving 100% refunds for partial withdrawals. (There is no refund for these after the Census Date)
- Schedule adjustments (section changes, adding a new class, dropping without a "W, grade)
- Being reinstated or re-enrolled in classes after being dropped for non-payment
- Completing the process for tuition exemptions or waivers through Financial Aid

State-Mandated Course Drop Policy

Texas law prohibits a student who began college for the first time in Fall 2007 or thereafter from dropping more than six courses during their entire undergraduate career. This includes courses dropped at another 2-year or 4-year Texas public college or university. For purposes of this rule, a dropped course is any course that is dropped after the census date (See Academic Calendar for the specific date).

Exceptions to the 6-drop rule may be found in the catalog. Petitions for exemptions must be submitted to the Enrollment Services Center and must be accompanied by documentation of the extenuating circumstance. Please contact the Enrollment Services Center if you have any questions.

Disability Services

In accordance with Section 504 of the Rehabilitation Act, Americans with Disabilities Act (ADA) and the ADA Amendments Act (ADAAA) the University of Texas at Tyler offers accommodations to students with learning, physical and/or psychological disabilities. If you have a disability, including a non-visible diagnosis such as a learning disorder, chronic illness, TBI, PTSD, ADHD, or you have a history of modifications or accommodations in a previous educational environment, you are encouraged to visit <https://hood.accessiblelearning.com/UTTyler> and fill out the New Student application. The Student Accessibility and Resources (SAR) office will contact you when your application has been submitted and an appointment with Cynthia Lowery, Assistant Director of Student Services/ADA Coordinator. For more information, including filling out an application for services, please visit the SAR webpage at <http://www.uttyler.edu/disabilityservices>, ([Links to an external site.](#))the SAR office located in the University Center #3150 or call 903.566.7079.

Student Absence due to Religious Observance

Students who anticipate being absent from class due to a religious observance are requested to inform the instructor of such absences by the second class meeting of the semester.

Student Absence for University-Sponsored Events and Activities

If you intend to be absent for a university-sponsored event or activity, you (or the event sponsor) must notify the instructor at least two weeks prior to the date of the planned absence. At that time the instructor will set a date and time when make-up assignments will be completed.

Social Security and FERPA Statement

It is the policy of The University of Texas at Tyler to protect the confidential nature of social security numbers. The University has changed its computer programming so that all students have an identification number. The electronic transmission of grades (e.g., via e-mail) risks violation of the Family Educational Rights and Privacy Act; grades will not be transmitted electronically.

Emergency Exits and Evacuation

Everyone is required to exit the building when a fire alarm goes off. Follow your instructor's directions regarding the appropriate exit. If you require assistance during an evacuation, inform your instructor in the first week of class. Do not re-enter the building unless given permission by University Police, Fire department, or Fire Prevention Services.

Student Standards of Academic Conduct

Disciplinary proceedings may be initiated against any student who engages in scholastic dishonesty, including, but not limited to, cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts.

- "Cheating, includes, but is not limited to:
 - copying from another student's test paper;
 - using during a test, materials not authorized by the person giving the test;
 - failure to comply with instructions given by the person administering the test;
 - possession during a test of materials which are not authorized by the person giving the test, such as class notes or specifically designed "crib notes,. The presence of textbooks constitutes a violation if they have been specifically prohibited by the person administering the test;
 - using, buying, stealing, transporting, or soliciting in whole or part the contents of an unadministered test, test key, homework solution, or computer program;
 - collaborating with or seeking aid from another student during a test or other assignment without authority;

- discussing the contents of an examination with another student who will take the examination;
- divulging the contents of an examination, for the purpose of preserving questions for use by another, when the instructor has designated that the examination is not to be removed from the examination room or not to be returned or to be kept by the student;
- substituting for another person, or permitting another person to substitute for oneself to take a course, a test, or any course-related assignment;
- paying or offering money or other valuable thing to, or coercing another person to obtain an unadministered test, test key, homework solution, or computer program, or information about an unadministered test, test key, homework solution or computer program;
- falsifying research data, laboratory reports, and/or other academic work offered for credit;
- taking, keeping, misplacing, or damaging the property of U. T. Tyler, or of another, if the student knows or reasonably should know that an unfair academic advantage would be gained by such conduct; and,
- misrepresenting facts, including providing false grades or resumes, for the purpose of obtaining an academic or financial benefit or injuring another student academically or financially.
- "Plagiarism, includes, but is not limited to, the appropriation, buying, receiving as a gift, or obtaining by any means another's work and the submission of it as one's own academic work offered for
- "Collusion, includes, but is not limited to, the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any section of the rules on scholastic
- All written work that is submitted will be subject to review by plagiarism

CEP Vision and Mission and Program Standards

Vision

The College of Education and Psychology is nationally recognized and respected for its academic programs and opportunities. It is a center of academic excellence, scholarly inquiry, and public service. The College prepares leaders to meet the critical challenges of the 21st Century, to make significant contributions to local and global communities, and to work toward individual and cultural equity.

Mission

The mission of the College of Education and Psychology is to provide a positive environment that fosters the acquisition of knowledge and skills. The mission is individually and collectively realized through a community of scholars that contributes to

knowledge through scholarly inquiry; organizes knowledge for application, understanding and communication; and provides leadership and service. Additionally, the College is committed to affirming and promoting global perspectives, cultural diversity, and respect for individual differences as a means of enhancing learning, service, and scholarship.