

PSYC 5396 Supervised Practicum in Psychology

Term: Spring 2022

Class time: Wednesdays 5:30pm -8:15pm

Class format: Synchronous. First two weeks of class will be virtual via zoom. Depending on University guidelines regarding COVID-19 precautions, course will resume in person when appropriate.

Instructor: Nelly Yuen, Ph.D., LPC-S, Provisionally Licensed Psychologist

Office Phone: (903) 877-5040

Office Hours: By appointment

Email Address: nyuen@uttyler.edu (most likely the best/quickest way to reach me)

Recommended/Optional Texts:

1. Halbur, D. & Halbur, K.V. (2019). Developing your theoretical orientation in counseling and psychotherapy. NY: Pearson.
2. Hodges, S. (2015). The counseling practicum and internship manual. NY: Springer.

The recommended texts will be referenced during the course, but they are not required. There may be assigned articles during the course and copies of the assigned articles will be provided to students by the instructor.

Program Requirements Regarding Supervised Practicum Courses:

Students must complete two Supervised Practicum courses prior to degree completion (i.e. PSYC 5396 and PSYC 5397). Students must obtain 300 total hours for the two practicum courses. Students must obtain at least 100 hours of direct client contact services (i.e. therapy or assessment hours) out of the total 300 hours.

Course Description:

This is a small group supervision seminar that is concurrent with your supervised practicum experience in a clinical setting where you are receiving training. Both Clinical and Counseling Psychology Master's students will be evaluated on supervision and consultation competencies by onsite supervisors. The course instructor will also discuss supervision and consultation topics during weekly course meetings. Lectures will be provided regarding relevant clinical as well as professional topics to strengthen students' clinical and professional skills.

Course Requirements, Evaluation, and Grading:

1) Practicum Hours

- a. 150 total hours (at least 50 direct client contact hours) are required for this course. This is an established criteria for state licensure requirements.
- b. Direct client contact hours must not begin until the first day of the semester (Jan 10, 2022) for which the student is registered for practicum. Services must end by the end of the semester (April 29, 2022) unless a student requests for an “Incomplete” or “In Progress” in the course.

2) Required Paperwork at the Start of Practicum

- a. Insurance- Students must obtain professional liability insurance before practicum is started. Students should have insurance already as a requirement for the Applied Therapy class. Students must turn in a copy of a document showing a policy is in force for the semester.
- b. Site Agreement Form- A letter of agreement from the on-site supervisor co-signed by the student will be sent to UT Tyler practicum supervisor at the start of the practicum. It will specify the hours to be fulfilled, the charted hours to be kept by the student, and information about the type of experiences in which the student will participate. The supervisor must supervise the student face-to-face at least one hour a week.

3) Tracking Your Hours

Students must keep a log of practicum hours detailed in terms of specific content and identified as direct and indirect hours. **At the end of the month, students must get the site supervisor(s) to verify their hours by signing off on the log.** The hour log template will be provided to the student via the Canvas page.

4) Evaluation Forms

- a. **Mid-term:** Midway through the practicum, the site supervisor will be asked to complete a SCSE form and submit it to the practicum instructor. Each student will also complete a SCSE form on self and submit the form to the instructor.
- b. **End of term:** At the end of the practicum, the site supervisor will be asked to complete a SCSE form and submit it to the practicum instructor. Each student will also complete a SCSE form on self and submit the form to the instructor.

5) Attendance and Participation

- a. Attendance and participation are essential components for this weekly course, therefore, they are expected from each student. If a student will miss class, please contact the instructor. During class, students will discuss their on-site activities, present clients with whom they are working to facilitate group learning and to gain feedback, address specific topics, and/or issues pertaining to their work at

local sites. This small group supervision is supplemental to the on-site individual supervision.

6) Case Presentations

- a. Each 5396 student is expected to present 2 cases for discussion during the semester and actual clinician/client interaction content must accompany the presentation. That is, the presentation should include counselor/client interaction for group discussion and learning.
- b. The format for the presentations should be as follows:
 - i. Total presentation time should be approximately 30 minutes. Following suggestions for time are approximate
 - 10 minutes of background of the case
 - 5 minutes of Case Formulation and Differential Diagnosis
 - 5 minutes of Treatment/Assessment methods and rationale for the methods
 - 5 minutes of summarized outcomes (treatment response or recommendations), obstacles to services encountered, ethical considerations, and any diversity issues
 - Remaining time will include group discussion and questions to the presenter
- c. Please provide a brief PowerPoint presentation to aid conveyance of information. Please think of these case presentations as opportunities for development of case presentation skills, not an opportunity to criticize the presenter. It should be a learning and skill building opportunity for the presenter as well as for the class.

7) Treatment Plan and Case Summary Report

- a. Each student will be expected to submit a treatment plan for at least one client, a videotape of a therapy or counseling session (if possible), and an accompanying case summary report to the course instructor for review and evaluation.
- b. Instructions will be provided in class and sample outlines will be posted on Canvas. Students taking both 5396 and 5397 simultaneously will complete 2 treatment plans and 2 case summaries.

In Sum, To receive CR grade (credit for the course), students must: a. accumulate a minimum of 150 on-site hours, 50 of those hours must be direct; b. receive SCSE ratings that average at least “Meets Expectations” on each skill set with no rating of “Does Not At All Meet Expectations;” c. receive an overall recommendation for a CR grade from the site supervisor and the practicum instructor; d. attend practicum meetings unless alternative arrangements are made with instructor and fellow graduate students. e. Complete a Treatment Plan and Case Summary Report.

Licensure Requirements:

- A) Licensed Psychological Associate (LPA):** The practicum experience must include “at least six (6) credit hours of practicum, internship or other structured experience within the applicant’s graduate degree program under the supervision of a licensed psychologist.” (TSBEP Rule 463.8) The supervisor may not be related within the second degree of affinity or consanguinity to the student. All other supervision requirements of the Texas State Board of Examiners of Psychologists which are applicable to our practicum students will apply.
- B) Licensed Professional Counselor (LPC):** See Board requirements. The practicum experience must be primarily in the provision of direct counseling/psychotherapy services. Academic credit must appear on the student’s graduate transcript. No practicum intended primarily for the practice of administration and scoring of appraisal or assessment instruments shall count toward the 300 clock hour requirement for LPC licensure. All other supervision requirements of the Texas State Board of Examiners of Professional Counselors which are applicable to our practicum students will apply.
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Learning Outcomes and Assessments:

There are two main learning goals for this course. First, students will achieve a level of competence in providing psychotherapy, counseling, and related activities necessary for achievement of licensure as an LPC or LPA in Texas. Secondly, students will demonstrate competent and ethical practice skills within chosen area (i.e. testing, counseling, etc.) that commensurate with the skills expected of a senior level graduate student in a master’s degree program.

A) Clinical Psychology (LPA) Assessment Outcomes:

- 1) Psychological Diagnosis and Conceptualization: Students will accurately diagnose and conceptualize using the DSM-5. Assessment: Students will conduct live videotaped psychotherapy/counseling sessions and prepare written diagnostic reports in PSYCH 5396/5397: Supervised Practicum in Psychology classes. During the last week of the course, practicum site supervisors will conduct a cumulative evaluation of students’ knowledge and skills in diagnosis based on video and written report using the Student Clinical Skills Evaluation form (SCSE).
- 2) Psychological Therapy Methods: Students will describe, explain, and discuss the scientific basis for psychological therapy methods/interventions, and demonstrate effective psychological therapy skills. Assessment: During their final 15 semester credit hours prior to graduation, if the practicum site allows, students will conduct

live/videotaped counseling/psychotherapy sessions, in PSYC 5396/5397: Supervised Practicum in Psychology classes. Otherwise, description of counselor client interactions in case presentations will suffice. During the final week of the course, practicum site supervisors will conduct a cumulative evaluation of students' clinical/counseling skills based on video and written reports using the Student Clinical Skills Evaluation form (SCSE).

A) Counseling Psychology (LPC) Assessment Outcomes:

- 1) Counseling Helping Relationship Skills: Students will describe, explain, discuss the scientific basis for psychological therapy methods/interventions, and demonstrate effective psychological therapy skills.
- 2) Assessment: During their final 15 semester credit hours prior to graduation, students will conduct live/videotaped counseling/psychotherapy sessions in PSYC 5396/5397: Supervised Practicum in Psychology classes. During the final week of the course, practicum site supervisors will conduct a cumulative evaluation of students' clinical/counseling skills based on video and written reports using the Student Clinical Skills Evaluation form (SCSE).

Special Topic Lectures and Presentations

During this course, special topic lectures and presentations will be provided to students to further develop students' professional development and clinical skills. The presentations will include topics such as licensure requirements, licensing exams, theoretical orientations, developing skills in case conceptualization, and other relevant professional/clinical topics.

Estimated Course Outline (adjustments may occur at instructor discretion)

Date	Class Topics	Due
Week 1: Jan 12, 2022	Introduction/Go over course requirements	-Proof of insurance and Practicum agreement form
Week 2: Jan 19, 2022	Special Topic Lectures	-Begin signing up for case presentations via google doc on Canvas
Week 3: Jan 26, 2022	Special Topic Lectures	
Week 4: Feb 2, 2022	Special Topic Lectures	Due: Jan Hours
Week 5: Feb 9, 2022	Special Topic Lectures/Case Presentations/Consultations	
Week 6: Feb 16, 2022	Case Presentations/Consultations	
Week 7: Feb 23, 2022	Case Presentations/Consultations	
Week 8: March 2, 2022	Case Presentations/Consultations	Due: Feb Hours -Mid-term self SCSE -Mid-term SCSE by supervisor
Week of March 9, 2022	Spring Break- No Class	
Week 9: March 16, 2022	Case Presentations/Consultations	
Week 10: March 23, 2022	Case Presentations/Consultations	-Treatment/Assessment Plans Due
Week 11: March 30, 2022	Case Presentations/Consultations	
Week 12: April 6, 2022	Case Presentations/Consultations	Due: March Hours
Week 13: April 13, 2022	Case Presentations/Consultations	-Revised Treatment/Assessment Plans + Case Summary Due
Week 14: April 20, 2022	Case Presentations/Consultations	
Week 15: April 27, 2022	Last Class/Case Presentations if needed	-April 29th is the last day to get practicum hours Due: -Final Self SCSE -Final SCSE from supervisor (sent via Qualtrics by UT Tyler) -Site Evaluation Form -Supervisor Evaluation Form -Semester Summary Due -Final Hours Log

University Policies

College of Education and Psychology Vision and Mission Statement:

Vision:

The College of Education and Psychology is nationally recognized and respected for its academic programs and opportunities. It is a center of academic excellence, scholarly inquiry, and public service. The College prepares leaders to meet the critical challenges of the 21st Century through productive contributions to local and global communities and toward individual and cultural equity.

Mission Statement:

The mission of the College of Education and Psychology is to provide a positive environment that fosters the acquisition of knowledge and skills. The mission is individually and collectively realized through a community of scholars that contributes to knowledge through scholarly inquiry; organizes knowledge for application, understanding and communication; and provides leadership and service. We affirm and promote global perspectives that value individual and cultural diversity to enhance learning, service, and scholarship.

Students Rights and Responsibilities:

To know and understand the policies that affect your rights and responsibilities as a student at UT Tyler, please follow this link: <http://www.uttyler.edu/wellness/rightsresponsibilities.php>

Grade Replacement/Forgiveness and Census Date Policies:

Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the Census Date of the semester in which the course will be repeated. Grade Replacement Contracts are available in the Enrollment Services Center or at <http://www.uttyler.edu/registrar>. Each semester's Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar.

Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract.

The Census Date is the deadline for many forms and enrollment actions that students need to be aware of. These include:

Submitting Grade Replacement Contracts, Transient Forms, requests to withhold directory information, approvals for taking courses as Audit, Pass/Fail or Credit/No Credit.

Receiving 100% refunds for partial withdrawals. (There is no refund for these after the Census Date)

Schedule adjustments (section changes, adding a new class, dropping without a “W” grade)

Being reinstated or re-enrolled in classes after being dropped for non-payment

Completing the process for tuition exemptions or waivers through Financial Aid

State-Mandated Course Drop Policy:

Texas law prohibits a student who began college for the first time in Fall 2007 or thereafter from dropping more than six courses during their entire undergraduate career. This includes courses dropped at another 2-year or 4-year Texas public college or university. For purposes of this rule, a dropped course is any course that is dropped after the census date (See Academic Calendar for the specific date).

Exceptions to the 6-drop rule may be found in the catalog. Petitions for exemptions must be submitted to the Enrollment Services Center and must be accompanied by documentation of the extenuating circumstance. Please contact the Enrollment Services Center if you have any questions.

Disability Services:

In accordance with federal law, a student requesting accommodation must provide documentation of his/her disability to the Disability Services counselor. If you have a disability, including a learning disability, for which you request an accommodation, please contact the Disability Services office in UC 3150, or call (903) 566-7079. **I must have an accommodation letter from Disability Services to provide any accommodations.**

Student Absence due to Religious Observance:

Students who anticipate being absent from class due to a religious observance are requested to inform the instructor of such absences by the second class meeting of the semester.

Student Absence for University-Sponsored Events and Activities:

If you intend to be absent for a university-sponsored event or activity, you (or the event sponsor) must notify the instructor at least two weeks prior to the date of the planned absence. At that time the instructor will set a date and time when make-up assignments will be completed.

Social Security and FERPA Statement:

It is the policy of The University of Texas at Tyler to protect the confidential nature of social security numbers. The University has changed its computer programming so that all students have an identification number. The electronic transmission of grades (e.g., via e-mail) risks violation of the Family Educational Rights and Privacy Act; grades will not be transmitted electronically.

Emergency Exits and Evacuation:

Everyone is required to exit the building when a fire alarm goes off. Follow your instructor's directions regarding the appropriate exit. If you require assistance during an evacuation, inform your instructor in the first week of class. Do not re-enter the building unless given permission by University Police, Fire department, or Fire Prevention Services.

Student Standards of Academic Conduct:

Disciplinary proceedings may be initiated against any student who engages in scholastic dishonesty, including, but not limited to, cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such acts.

(i) "Cheating" includes, but is not limited to:

- copying from another student's test paper;
- using during a test, materials not authorized by the person giving the test;
- failure to comply with instructions given by the person administering the test;
- possession during a test of materials which are not authorized by the person giving the test, such as class notes or specifically designed "crib notes". The presence of textbooks constitutes a violation if they have been specifically prohibited by the person administering the test;
- using, buying, stealing, transporting, or soliciting in whole or part the contents of an unadministered test, test key, homework solution, or computer program;
- collaborating with or seeking aid from another student during a test or other assignment without authority;
- discussing the contents of an examination with another student who will take the examination;
- divulging the contents of an examination, for the purpose of preserving questions for use by another, when the instructor has designated that the examination is not to be removed from the examination room or not to be returned or to be kept by the student;

- substituting for another person, or permitting another person to substitute for oneself to take a course, a test, or any course-related assignment;
 - paying or offering money or other valuable thing to, or coercing another person to obtain an unadministered test, test key, homework solution, or computer program, or information about an unadministered test, test key, homework solution or computer program;
 - falsifying research data, laboratory reports, and/or other academic work offered for credit;
 - taking, keeping, misplacing, or damaging the property of U. T. Tyler, or of another, if the student knows or reasonably should know that an unfair academic advantage would be gained by such conduct; and,
 - misrepresenting facts, including providing false grades or resumes, for the purpose of obtaining an academic or financial benefit or injuring another student academically or financially.
- (ii) “Plagiarism” includes, but is not limited to, the appropriation, buying, receiving as a gift, or obtaining by any means another’s work and the submission of it as one’s own academic work offered for credit.
- (iii) “Collusion” includes, but is not limited to, the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit a violation of any section of the rules on scholastic dishonesty.