

## SYLLABUS

### **Course Information:**

PSYC 4311-001; ABNORMAL PSYCHOLOGY

Fall 2022

ONLINE

### **Instructor Information:**

Sarah M. Sass, Ph.D.

**Office:** HPR 213

**Office hours:** Wednesdays 1:30-3:30 (via zoom, or let me know if you prefer to meet in person)

Note: I am always happy to meet with students outside of office hours - just let me know and we can set up a time either in person or via zoom.

### **Wednesday Zoom link:**

<https://uttyler.zoom.us/j/95827522493?pwd=TkFtMDYrNW9ya3JlNVBLUjJGcnN4UT09>

Meeting ID: 958 2752 2493; Passcode: 020602

One tap mobile: 346-248-7799

**Email:** (best way to reach me) [ssass@uttyler.edu](mailto:ssass@uttyler.edu)

### **Graduate Teaching Assistant:**

Joseph (Joe) Coleman

Email: [jcoleman16@patriots.uttyler.edu](mailto:jcoleman16@patriots.uttyler.edu)

Office Hours: 12-2p, Thursdays on 3<sup>rd</sup> floor of library

### **Required Text:**

Oltmanns, T. & Emery, R. (2019). Abnormal Psychology (9th Edition). ISBN-13: 978-0205970742 ISBN-13: 9780134899053

Note: A student at UT-Tyler is not under any obligation to purchase a textbook from a university-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

**Course Description:** A review of abnormal psychology including clinical syndromes of deviance, etiology, and treatment tactics.

**Online Course:** This course is 100% online. Your ability to function within the Canvas system will facilitate your success in this course. Online learning requires students to be very self-disciplined. Be sure you understand and are prepared to comply with all required class assignments and deadlines. For this course, refer to the syllabus for all assignments and due dates.

**Student-Instructor and TA Interaction:** I check email daily and in most cases can reply to students within 24 hours (usually within 48 hours if over the weekend or on a holiday). I invite you to meet with me during office hours or to arrange an alternative time. Phone messages are NOT a recommended way to reach me in a timely fashion. Please use email. Most written

assignments, essay questions, and discussion boards are graded within 1 week of the due date. If you have questions about grades, please contact myself or our TA.

**Student Learning Outcomes and Assessments:** Through the use of class lecture and discussion, readings, videos, quizzes, exams, and assignments; after taking this course you should be able to:

- Evaluate definitions of abnormal behavior and mental disorders
- Demonstrate knowledge of the historical trends in abnormal psychology
- Describe the signs and symptoms of specific mental disorders
- Describe theories regarding the causes of mental disorders
- Compare and contrast different disorders
- Identify which populations are more vulnerable to specific mental disorders
- Describe how culture impacts the expression of psychiatric conditions
- Describe treatment and prevention strategies for specific mental disorders
- Have a better understanding of what it is like to live with a mental disorder

## **UNDERGRADUATE PSYCHOLOGY ASSESSMENT**

**4.0 Clinical and Abnormal:** Students will demonstrate knowledge and understanding of the major concepts, theoretical perspectives, empirical findings, and historical trends in clinical and abnormal psychology.

**4.1 Assessment:** Students in PSYC 4311: Abnormal Psychology will take a final exam wholly comprised of items related to abnormal psychology. The instructor will score the exam.

**Evaluation and Grading:** Course evaluation is based on performance on quizzes, discussion board responses, an assignment, and exams.

### **Quizzes (15 points – 6 available; 5 count at 3 points each)**

Quizzes will typically consist of multiple choice questions (may also include other formats such as short answer or essay) and will be similar to those that will be on the exam. The purpose of the quizzes is to give you an idea of what the exam will look like and give you an opportunity to evaluate your mastery of the material. These quizzes will be located in Canvas (under the “Modules” tab, and then click on the quiz for that week (see schedule below). You may use your book and any notes you have. The quizzes will be automatically graded by Canvas right after you take them. For the quizzes, **you are allowed two attempts and your highest score will be counted.** You are allowed one hour to complete each quiz. **There are 6 quizzes and 5 will count toward your grade (the lowest quiz grade will be dropped).** Because you are allowed to drop your lowest score, and quizzes are available for a week (see deadlines listed in schedule below), **there are no make-up quizzes**, unless serious extenuating circumstances required by university policy warrant it.

### **Discussion Board Posts (30 points possible – 11 available; 10 count at 3 points each)**

Discussion board (DB) posts are brief but thoughtful and accurate reflections on posted topics or

questions for the assigned readings for the week. At least one discussion board prompt will be posted each week on Canvas (Under Modules) and are due each week by the due date listed below. **There will be 11 DBs and 10 will count toward your grade (the lowest DB grade will be dropped).** Because you are allowed to drop your lowest score, and DB posts are available for a week (see deadlines listed in schedule below), **there are no make-up DB posts**, unless serious extenuating circumstances required by university policy warrant it. If these circumstances apply to you, contact me right away.

**Assignment (15 points)**

There will be one written assignment. For this assignment you will be expected to read a narrative (either about depression or schizophrenia) and answer questions about the narrative. It is best if you indicate what question number you are answering, followed by your response, so it is clear you have completed all aspects of the assignments. There is no need to have cover sheets or references. Type your responses and limit to 2-3 pages, double spaced, Times New Roman, 12 pt font. Type your name at the top of these assignments.

Assignments should be uploaded to Canvas by the beginning of class on the date listed below. It is very important to turn in your assignments on time. **A late penalty** will be imposed if the assignment is not turned in on time (see below). For example, if the assignment is uploaded within 24 hours after the beginning of the class in which it was due, 3% will automatically be taken off the grade. **Assignments will not be accepted more than 1 week late.** If there are extraordinary circumstances, documentation (e.g., a letter from a physician) is required within two weeks of the assignment’s due date.

<u>How late?</u>	<u>Penalty</u>	<u>How late?</u>	<u>Penalty</u>
Up to 24 hours	3%	Up to 120 hours	15%
Up to 48 hours	6%	Up to 144 hours	18%
Up to 72 hours	9%	Up to 168 hours	21%
Up to 96 hours	12%	After 168/1 wk	Not accepted

**Exams**

There will be two exams, each worth 20 points (not cumulative). The exams will consist of a combination of multiple-choice, short-answer, and/or essay questions covering material presented in powerpoints, online lectures, video, assignments, discussion boards, and material from the textbook.

**Class Exam Protocol:**

- Exams must be taken in the allotted time period.
- The exam will be timed. You will have **two hours** to complete it.
- The exam must be taken in one sitting. You cannot do part of it and then come back to do the other part later.
- Canvas will monitor how you take the exam.
- Do not download or print out the exam.
- Do not distribute the exam, in any manner, to any other person.
- Do not take the exam in the same room with another person.
- Because you have a multiple-day window in which the exam is available, there

are no make-up exams, unless serious extenuating circumstances required by university policy warrant it.

**Grading Summary:**

Discussion Board Posts	30 points (11 available, 10 count, 3 points each)
Quizzes	15 points (6 available, 5 count, 3 points each)
Assignment (Depression or Schizophrenia)	15 points
Exam 1	20 points
Exam 2	20 points
<b>TOTAL</b>	<b>100 points</b>

**Grading Scale:** A: 90-100, B: 80-89, C: 70-79, D: 60-69, F: Below 60

**Teaching Strategies:** The class will consist of a collaborative learning community in which all participants share responsibility for the educational process. The instructor will facilitate learning by guiding students to sources of knowledge and promoting development and discovery of new knowledge. Online learning requires participation and leadership from each student. PowerPoint notes, online lectures, assigned readings, online videos, and online discussion will provide a basis for discussion, reflection, and learning. Academic integrity is expected from each student, and plagiarism from any source will not be tolerated and is punishable by failure of the course.

**Course Policies**

**Virtual Classroom Environment:**

It is essential that our course be a place where people feel comfortable expressing their thoughts without fear of harsh or judgmental responses. I expect all students to be respectful of the varied experiences and backgrounds of your classmates. You may expect the same level of respect from me. Disrespect or discrimination on any basis, including but not limited to race, ethnicity, gender, sexual orientation, physical ability, class, religion, or value system, will not be tolerated and may result in a failing grade (e.g., on discussion board posts).

In addition, there will be people in class who either have a mental health issue themselves or who have a friend or a family member with one. Mental health issues are very personal for many people - please keep this in mind as you make comments or pose questions on the discussion board. **IMPORTANT:** The online class discussion board is NOT a place to discuss one’s own problems or to obtain help if you are going through an acute problem. I can, outside of class, help direct a student to services they might need, although the best and most appropriate resource is often the Student Counseling Center, (903) 566-7254, located in the University Center, which is covered by your student services fees (in other words, you have access to free counseling on campus!). <https://www.utt Tyler.edu/counseling/>

**Tentative Course Schedule:**

DATE	READINGS	TOPICS	ASSIGNMENT	ASSIGNMENT DUE DATE**
Week 1 8/22	Ch. 1 readings, slides, videos;	Introduction, Examples and Definitions, Causes of Abnormal	Introduction DB post,	8/28 11:59p

	watch Asylum documentary	Behavior, History of the Asylum	Asylum reaction post	
Week 2 8/29	Ch. 2 readings, slides, videos	Causes of Abnormal Behavior	Quiz 1: Ch. 1 & 2	9/4 11:59p
Week 3 9/5	Ch. 4 readings, slides, videos	Classification	Ch 4 post	9/11 11:59p
Week 4 9/12	Ch. 5 readings, slides, videos	Mood disorders <b>Assignment 1-Major Depressive Disorder due</b>	Ch. 5 DB post, Quiz 2: Ch. 4 & 5, Assignment 1 (MDD) due	9/18 11:59p
Week 5 9/19	Ch. 6 readings, slides, videos	Anxiety Disorders, OCD and related disorders	Ch 6 DB post over 6 video clips	9/25 11:59p
Week 6 9/26	Ch. 7 readings, slides, videos (PTSD)	Acute and Posttraumatic Stress Disorders	Ch. 7 PTSD DB	10/2 11:59p
Week 7 10/3	Ch. 7 readings, slides, videos (Dissociative and Somatic Disorders)	Dissociative Disorders, and Somatic Symptom Disorders	Ch 7 Dissociative and Somatic Disorders post Quiz 3: Ch. 6-7	10/9 11:59p
Week 8 10/10		<b>Midterm open: Covers chapters 1-2, 4-7; covers all readings, lectures, PowerPoint slides, assignments, video clips for these chapters</b>		10/16 11:59p
Week 9 Module 4 10/17	Ch. 13 reading, slides, and videos	Schizophrenia <b>Assignment 2 due</b>	1) Ch 13 post 2) Quiz 4: Ch. 13 5) Assignment 2 (Sz) due	10/23 11:59p
Week 10 10/24	Ch. 9 reading, slides, and videos	Personality Disorders	Ch. 9 post over two video interviews	10/30 11:59p
Week 11 10/31	Ch. 10 reading, slides, and videos	Feeding and Eating Disorders	Ch. 10 post, Quiz 5: Ch. 9-10	11/6 11:59p
Week 12	Ch. 11 reading,	Substance-Related Disorders	Ch. 11 post	11/13

Module 6 11/7	slides, and videos			11:59p
Week 13 11/14	Ch. 16 reading, slides, and videos	Childhood Disorders	Ch. 16 post 3) Quiz 6: Ch. 11 & 16	11/20
Week 14 11/21		<b>THANKSGIVING BREAK – Enjoy! 😊</b>		
Week 15 11/28	No new material Final exam opens	<b>Study for final Exam (Covers chapters 9-11, 13, and 16)</b> Extra Credit/Bonus Points Due	<b>Final exam opens 11/29 and closes 12/6</b>	
Week 16 12/5	No new material Final exam is due	<b>Final Exam (Covers chapters 9- 11, 13, and 16)</b>		<b>Exam due 12/6 Tuesday 11:59p</b>

**University Policies** (See [University Policies and Information](#) in Canvas under “Modules”)

**Student Resources** (See <https://uttyler.instructure.com/courses/33003/modules/items/1422180> in Canvas under “Modules”)