

University of Texas at Tyler Clinical Mental Health Counseling Program Outcomes and Annual Report 2020

Selected Program Updates:

The UT Tyler CMHC Program has worked diligently to adjust to the COVID-19 Pandemic over this past year. Listed below are some temporary accommodations we have implemented:

- All classes have moved online (primarily in synchronous formats)
- All faculty meetings have moved online
- Student first semester candidacy interviews were conducted in an online format
- We have developed teletherapy protocols and platforms for our on-campus training clinic
- We hired a new full-time Assistant Professor of Clinical Mental Health Counseling who will begin in August 2020, Dr. Zahide Sunal
- We are exploring adopting Tevera as an online platform for all practicum/internship documentation
- Course proposals have been submitted for new CMHC program classes on diagnosis and treatment planning, trauma informed counseling, and group counseling.
- Students had significant struggles with taking the Counselor Preparation Comprehensive Examination (CPCE) this year due to rescheduling issues and home-testing transitions from COVID. This is reflected in larger than usual numbers of students struggling to pass the exam (see program assessment outcomes). Program faculty are continuing to monitor progress and appropriateness of CPCE as a program exit assessment.
- Alumni and employer surveys were not distributed this year due to COVID. Surveys are under revision in hopes of collecting more meaningful data and will be re-administered next year.

2020 CMHC Student Enrollment

Total Students: 106

	American Indian/Native	Asian	Black or African American	Hispanic or Latino	White	Multi Racial	Other/Undisclosed	Total Female
Female Demographics	0	3	8	19	50	5	0	85

	American Indian/Native	Asian	Black or African American	Hispanic or Latino	White	Multi Racial	Other/Undisclosed	Total Male
Male Demographics	0	0	0	1	18	2	0	21

Graduation Data

	Number of Graduates	Credentialing Pass Rates	Full Time Student Completion Rate	Part Time Student Completion Rate	Estimated Job Placement Rates
CMHC	18	100% NCE 91.6% CPCE	69.77%	50.00%	Unable to Assess – Survey not administered due to COVID

Program Assessment Results:

According to CACREP (2016) Key Performance Indicators (KPIs) are “student learning outcomes that are connected to the required curriculum and that program faculty have chosen to represent student knowledge and skills related to program objectives.” Overall, KPI’s are the guiding force behind student learning outcomes, the program’s mission and objectives, and areas that the faculty have found to be critical in training future counselors. The following KPIs have been developed by the CMHC core faculty and are used and the primary construct to evaluate the programs.

Below are the 2019-2020 CMHC Program Assessment Plan Results

KPI	Assessment Method	Result
(1) Human Growth and Development (CACREP 2009 Standard 1) – Students will demonstrate understanding of the nature and needs of individuals at all developmental levels.	Course Embedded Assessment: Item set score on examination in PSYC 5230 Criterion: 90% of students taking this exam will obtain a score of at least 80%	Criterion Met
	Standardized Exam: CPCE Human Development subscale. Criterion: 90% of students taking this exam will score at or above 1/2 S.D. below the national mean on Human Development subscale.	Criterion Met

	<p>Surveys - Employers will be asked to complete a survey addressing the competence of CMHC program graduates and the extent to which CMHC program effectively prepared the graduates to practice. Criterion: From the survey sample, 85% of those responding will report that CMHC graduates are competent (3) or very competent (4) on the "Human Growth and Development" item.</p> <p>Surveys - CMHC graduates will be asked to complete an alumni survey addressing their competence of CMHC program and the extent to which CMHC program effectively prepared them to practice. "Human Growth and Development" outcome on alumni Survey Criterion: 80% of the students will rate the preparation in "Human Growth and Development" as having prepared them to be competent or better.</p>	<p>Unable to Assess – Surveys not administered due to COVID</p> <p>Unable to Assess – Surveys not administered due to COVID</p>
<p>(2) Counseling Appraisal and Assessment (CACREP 2009 Standard 2) - Students will describe, explain, discuss and competently apply the use of assessment methods in counseling, including individual appraisal and diagnosis of emotional and psychological disorders.</p>	<p>Course Embedded Assessment - In COUN 5396/5397, internship supervisor will conduct a cumulative evaluation of students' knowledge and skills in "Assessment" based on written reports, using the Collaborative Student-Supervisor Evaluation. Criterion: 90% of students will achieve an average rating of 3 (Meets Expectations) or higher on the Collaborative Student-Supervisor Evaluation "Assessment" item set with no rating lower than 2 (Not Yet Meeting Expectations)</p> <p>Standardized Exams – External: CPCE Counseling Appraisal and Assessment Subscale. Criterion: 90% of students taking this exam will score at or above 1/2 S.D. below the national mean on the CPCE Counseling Appraisal and Assessment subscale.</p> <p>Surveys - CMHC graduates will be asked to complete an alumni survey addressing their competence of CMHC program and the extent to which CMHC program effectively prepared them to practice. Criterion: 80% of the students will rate the preparation in "Appraisal and Assessment" as having prepared them to be competent or better.</p> <p>Surveys - Employers will be asked to complete a survey addressing the competence of CMHC program graduates and the extent to which CMHC program effectively prepared the graduates to practice. Criterion: From the survey sample, 85% of those responding will report that CMHC graduates are competent (3) or very competent (4) on the "Appraisal and Assessment" item</p>	<p>Criterion Met</p> <p>Criterion Not Met (86% of students scored at or above ½ SD below the national mean)</p> <p>Unable to Assess – Surveys not administered due to COVID</p> <p>Unable to Assess – Surveys not administered due to COVID</p>
<p>(3) Counseling Helping Relationship Skills (CACREP 2009 Standard 3) - Students</p>	<p>Course Embedded Assessment - Instructor cumulative evaluation of students' psychological therapy skills based on video and written reports in COUN 5393.</p>	<p>Criterion Met</p>

<p>will describe, explain, and apply an understanding of counseling/therapy theories and methods, and demonstrate effective practice of counseling/therapy skills.</p>	<p>Criterion: 80% of students will achieve an average rating of “Meets Expectations” or higher on both the Collaborative Student-Supervisor Evaluation “Clinical Skills” and the “Therapeutic Skills” item sets.</p> <p>Internships - In COUN 5396/5397, internship supervisor will conduct a cumulative evaluation of students' knowledge and skills on "Clinical Skills" and "Use of Therapeutic Skills" based on their experiences with the student, using the Collaborative Student-Supervisor Evaluation form</p> <p>Criterion: 100% of students evaluated will achieve an average of "meets expectations" with no rating lower than "not yet meeting expectations" on the Collaborative Student-Supervisor Evaluation "Clinical Skills" and "Use of Therapeutic Skills" item sets.</p> <p>Standardized Exams – External – Score on the CPCE Helping Relationship Subscale</p> <p>Criterion: 90% of students taking this exam will score at or above 1/2 S.D. below the national mean on the CPCE Helping Relationships subscale.</p> <p>Surveys - CMHC graduates will be asked to complete an alumni survey addressing their competence of CMHC program and the extent to which CMHC program effectively prepared them to practice.</p> <p>Criterion: 80% of the students will rate the preparation in "Counseling Helping Relationship Skills" as having prepared them to be competent or better.</p> <p>Surveys - Employers will be asked to complete a survey addressing the competence of CMHC program graduates and the extent to which CMHC program effectively prepared the graduates to practice.</p> <p>Criterion: From the survey sample, 85% of those responding will report that CMHC graduates are competent (3) or very competent (4) on the "Helping Relationship Skills" item.</p>	<p>Criterion Met</p> <p>Criterion Not Met 79% of students taking the exam scored at or above ½ SD below the national mean</p> <p>Unable to Assess – Surveys not administered due to COVID</p> <p>Unable to Assess – Surveys not administered due to COVID</p>
<p>(4) Professional Orientation and Ethics (CACREP 2009 Standard 4) - Students will demonstrate understanding of ethical standards of professional organizations and credentialing bodies. This includes the relationship between and application of national and state ethical and legal standards and</p>	<p>Course Embedded Assessment - In COUN 5396/5397, internship supervisor will conduct a cumulative evaluation of students' "Ethical and Professional Skills and Dispositions" based on their experiences with the student, using the Collaborative Student-Supervisor Evaluation form.</p> <p>Criterion: 90% of students will achieve an average rating of 3 (Meets Expectations) or higher on the Collaborative Student-Supervisor Evaluation "Professional Skills and Dispositions" item set with no rating lower than 2 (Not Yet Meeting Expectations).</p> <p>Standardized Exams – External - Score on Counselor Preparation Comprehensive Exam (CPCE) Professional Orientation and Ethics Subscale</p>	<p>Criterion Met</p> <p>Criterion Not Met 86% of students scored at or above ½ SD below the national mean</p>

<p>the effects of public policy on these issues.</p>	<p>Criterion: 90% of students taking the CPCE will score at or above 1/2 S.D. below the national mean on the Professional Orientation and Ethics Subscale.</p> <p>Surveys - CMHC graduates will be asked to complete an alumni survey addressing their competence of CMHC program and the extent to which CMHC program effectively prepared them to practice. Criterion: 80% of the students will rate the preparation in "Professional Orientation and Ethics" as having prepared them to be competent or better.</p> <p>Surveys – Employers will be asked to complete a survey addressing the competence of CMHC program graduates and the extent to which CMHC program effectively prepared the graduates to practice. Criterion: From the survey sample, 85% of those responding will report that CMHC graduates are competent (3) or very competent (4) on the "Professional Orientation and Ethics" item.</p>	<p>Unable to Assess – Surveys not administered due to COVID</p> <p>Unable to Assess – Surveys not administered due to COVID</p>
<p>(5) Social/Cultural Diversity (CACREP 2009 Standard 5) - Students will demonstrate an understanding of the nature and impact of human and cultural diversity on assessment and intervention, theories of multicultural counseling competencies, identity development, and social justice, individual, couple, family, group, and community strategies for working with and advocating for diverse populations, and roles in eliminating biases, prejudices, processes of intentional and unintentional oppression and discrimination.</p>	<p>Course Embedded Assessment - In COUN 5396/5397, internship supervisor will conduct a cumulative evaluation of students' "Sensitivity to Diversity Issues" based on their experiences with the student using the Collaborative Student-Supervisor Evaluation form. Criterion: 100% of students will achieve an average rating of 3 (Meets Expectations) or higher on the Collaborative Student-Supervisor Evaluation "Sensitivity to Diversity" item set with no rating lower than 2 (Not Yet Meeting Expectations).</p> <p>Standardized Exams – External - Score on Counselor Preparation Comprehensive Exam (CPCE) Social and Cultural Diversity subscale. Criterion: 90% of students taking this exam will score at or above 1/2 S.D. below the national mean on the CPCE Social and Cultural Diversity Subscale.</p> <p>Surveys - CMHC graduates will be asked to complete an alumni survey addressing their competence of CMHC program and the extent to which CMHC program effectively prepared them to practice. Criterion: 80% of the students will rate the preparation in "Social/Cultural Diversity" as having prepared them to be competent or better.</p>	<p>Criterion Partially Met 65 students were assessed. Of the students assessed, 58 (89.23%) achieved an average rating of 3 (Meets Expectations) or higher on the Collaborative Student-Supervisor Evaluation "Sensitivity to Diversity" item set with no rating lower than 2 (Not Yet Meeting Expectations).</p> <p>Criterion Met</p> <p>Unable to Assess – Surveys not administered due to COVID</p>

	<p>Surveys - Employers will be asked to complete a survey addressing the competence of CMHC program graduates and the extent to which CMHC program effectively prepared the graduates to practice. Criterion: From the survey sample, 85% of those responding will report that CMHC graduates are competent (3) or very competent (4) on the "Social/Cultural Diversity" item.</p>	<p>Unable to Assess – Surveys not administered due to COVID</p>
<p>(6) Group Counseling Skills (CACREP 2009 Standard 6) - Students will demonstrate an understanding of both theoretical and experiential aspects of group purpose, development, dynamics, theories, methods and skills, and other group approaches in a multicultural society, including principles of group dynamics, group process components, group leadership or facilitation styles and approaches, and theories and methods of group counseling.</p>	<p>Direct Observation/Performance Audit/Project - In COUN 5396/5397, internship supervisor will conduct a cumulative evaluation of students' group counseling skills based on video and written reports, using the Collaborative Student-Supervisor Evaluation form Criterion: 100% of students will achieve an average rating of 3 (Meets Expectations) or higher on the Collaborative Student-Supervisor Evaluation "Group Counseling Skills" item sets with no rating lower than 2 (Not Yet Meeting Expectations)</p> <p>Standardized Exams – External - Score on Counselor Preparation Comprehensive Exam (CPCE) Group Counseling subscale. Criterion: 90% of students taking this exam will score at or above 1/2 S.D. below the national mean on the CPCE Group Counseling Subscale.</p> <p>Surveys - CMHC graduates will be asked to complete an alumni survey addressing their competence of CMHC program and the extent to which CMHC program effectively prepared them to practice. Criterion: 80% of the students will rate the preparation in "Group Counseling Skills" as having prepared them to be competent or better.</p> <p>Surveys - Employers will be asked to complete a survey addressing the competence of CMHC program graduates and the extent to which CMHC program effectively prepared the graduates to practice. Criterion: From the survey sample, 85% of those responding will report that CMHC graduates are competent (3) or very competent (4) on the "Group Counseling Skills" item.</p>	<p>Criterion Partially Met 2019-2020: 51 students were assessed. Of the students assessed, 47 (92.16%) achieved an average of 3 (Meets Expectations) and 1 student received a rating lower than 2 (not yet meeting expectations) on the Collaborative Student-Supervisor Evaluation "Group Counseling" item sets.</p> <p>Criterion Met</p> <p>Unable to Assess – Surveys not administered due to COVID</p> <p>Unable to Assess – Surveys not administered due to COVID</p>

<p>(7) Career Development and Counseling (CACREP 2009 Standard 7) - Students will demonstrate an understanding of career development and related life factors, including career development theories and decision-making models, career development program planning, organization, implementation, administration, and evaluation, assessment instruments and techniques that are relevant to career planning and decision making, and career counseling processes, techniques, and resources.</p>	<p>Standardized Exams – External - Score on Counselor Preparation Comprehensive Exam (CPCE) Career Development subscale. Criterion: 90% of students taking this exam will score at or above 1/2 S.D. below the national mean on the CPCE Career Development Subscale.</p>	<p>Criterion Not Met 71% of students taking the exam scored at or above 1/2 S.D. below the national mean on the CPCE Career Development Subscale</p>
<p>(8) Research and Evaluation (CACREP 2009 Standard 8) - Students will demonstrate an understanding of research methods, statistical analysis, including the critical appraisal of psychological research and applications to client care and program evaluation.</p>	<p>Standardized Exams – External - Score on Counselor Preparation Comprehensive Exam (CPCE) Research and Evaluation Subscale Criterion: 90% of students taking this exam will score at or above 1/2 S.D. below the national mean on the CPCE Research and Evaluation Subscale.</p> <p>Surveys - CMHC graduates will be asked to complete an alumni survey addressing their competence of CMHC program and the extent to which CMHC program effectively prepared them to practice. Criterion: 80% of the students will rate the preparation in "Research and Evaluation" as having prepared them to be competent or better.</p> <p>Surveys - Employers will be asked to complete a survey addressing the competence of CMHC program graduates and the extent to which CMHC program effectively prepared the graduates to practice. Criterion: From the survey sample, 85% of those responding will report that CMHC graduates are competent (3) or very competent (4) on the "Research and Evaluation" item.</p>	<p>Criterion Not Met 85% of students taking the exam scored at or above ½ SD below the national mean on the CPCE Research and Eval Subscale</p> <p>Unable to Assess – Surveys not administered due to COVID</p> <p>Unable to Assess – Surveys not administered due to COVID</p>

<p>Program Outcome - The UT Tyler Clinical Mental Health Counseling graduate program evaluates viability, impact and effectiveness with regard to currency of the curriculum and student achievement.</p>	<p>Surveys - Effective 2019-20: The UT Tyler Graduation Exit Survey is offered to all graduating students when they apply for graduation. Selected items on the graduate version of the Graduation Exit Survey are used as part of the Educational Leadership Program assessment. Items include: Satisfaction with Appropriate Professional Practice and/or Training Experience and Overall Satisfaction with entire educational experience at UT Tyler.</p> <p>Criterion: Effective 2019-20: 90% rate Agree or higher on department/faculty advisor was easy to contact, achieve graduation timeline, effective communication regarding university policies/procedures; 90% rate Met Expectations or higher on appropriate professional practice and/or training experience; and 90% rate Satisfied or higher with Entire Educational Experience.</p>	<p>Criterion Met</p>
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