

CONSUMER HEALTH

Spring 2024

Syllabus

Instructor: John H. Sloan, PhD, MBA

Course Number: ALHS 3352.060

Course Credit: 3-hrs

Meeting Days/Times: UT-Tyler CANVAS Online (Mon 9:00 AM-Fri 11:59 PM)

Instructor Contact: All correspondence must be through CANVAS via the Inbox.

Course Catalog Description:

Study of the situations and underlying processes that result in emotional and physiological arousal, including life assessments, behavioral interventions for altering arousal levels. There are no prerequisites for this course.

Textbook required:

Linda Baily Synovitz, Karl L. Larson, (2020). *Consumer Health and Integrative Medicine*. (2nd Edition). Jones and Bartlett Learning.

ISBN: 978-1-284-19999-4

(From any source such as Amazon or the university book store—ACCESS CODE FOR THE TEXT IS NOT REQUIRED). However, most students find this information helpful to their success in the course.

Student Learning Outcomes: (as time constraints allow)

As a result of taking this class, students will be able to:

1. Define healthcare using a holistic perspective.
2. Explain the terms “complementary” and “alternative health” and give examples of each.
3. Access and analyze current complementary and alternative health research projects.
4. Compare and contrast several types of scientific research methods.
5. Distinguish among various types of advertising marketing practices.
6. Describe and analyze the U.S. healthcare delivery system.
7. Compare/contrast the training of allopathic and osteopathic physicians with the training of various alternative practitioners.
8. Assess the credibility of alternative health practices (such as naturopathy, homeopathy, acupuncture, etc.) by examining current or past research.
9. Explain various definitions of quackery and identify fraudulent practices.
10. Compare and contrast various types of health insurance.
11. Identify the federal agencies and current laws for consumer protection.

Engagement:

A record of course activity and access will be maintained. There will be NO MAKEUPS of quizzes, assignments or major exams. No “extra credit” is available in this course.

Evaluation:

Quizzes: These consist of short, timed questions about the reading material, assignments, and vocabulary. The lowest quiz grade will be dropped. A missed quiz or unsubmitted quiz will be counted as one of the lowest grades to be dropped. (If you are working from an unstable computer it is your responsibility to locate a stable computer on which to take quizzes when they are posted online) NO LATE QUIZZES ACCEPTED.

Assignments: These are designed to reinforce learning and/or to give students an opportunity to stay regularly engaged in reading while developing a professional vocabulary. Homework assignments are to be the student’s own work, and due on the assigned due date. NO LATE WORK IS ACCEPTED

Midterm Exam: this exam will be comprised of questions base on material from class activities, readings, internet activities, quizzes and homework assignments completed during the didactic portion of the course. [required]

Final Exam: cumulative over the semester. The final exam is similar in form and question type (objective questions) as the midterm exam. [required: if final exam is not completed by the deadline the student will receive a semester grade based upon accumulated points during the semester.

- **Textbook Lectures, Selected Topics & CANVAS:** This course was designed around reading assignments in your textbook [primarily] as the “backbone” of its structure. Reading material will often relate to a corresponding CANVAS activity but sometimes it will not. Because topical material other than “textbook” topics may be presented, it is your responsibility to compile your own study notes. Assigned reading material, special topic lecture material and CANVAS provided material which are part of your learning environment. It is important to your success that you be consistently engaged in all aspects of these course components.

Meanings of the various letter grades awarded in this class:

A = Superior

B = Excellent

C = Good

D = Passing but below average

F = Not credit worthy for the course

Final Semester Grade Score Ranges

A = 310-291

B = 290-271

C = 270-241

D = 240-231

F = 230 and below

Potential Sources for Points

Quizzes – 55 pts

Student Assignments – 55 pts

Midterm – 100 pts

Final Exam – 100 pts

Total Points Possible – 310 pts

Grade Calculations

4. **Assignments and quizzes** correspond to module content taken primarily from textbook chapter readings. Combined they are worth 110 points.
5. **Midterm** exam is worth 100 points.

6. **Final exam** (covering the entire course) is worth 100 points.

***Notes:**

- Midterm and final exams will be timed objective-type exams (multiple choice, true or false, short answer, and fill in the blank [FIB]). These exams may or may not require administration in a “live” setting which may require an exam proctor.
- Content of the midterm exam will be limited to material covered between the date of the exam and the start of the semester including the questions over the syllabus. The final exam will be cumulative covering the entire semester.
- Quizzes and assignments will be administered on a regular basis throughout the course.
- Major exams are adjusted to the top score in the class. For example, if the top score on the midterm is a 95 then that score is adjusted by 5 points to a score of 100. All other students will have their scores adjusted upward by 5 points as well.
- Scores on major exams will NOT be visible in the gradebook until all score adjustments are completed by the instructor.

Session Academic Calendar:

Religious Holidays

The university strives to respect all religious practices. If you have religious holidays that are in conflict with any of the requirements of this class, please see me immediately early in the course so that we can make arrangements in line with excused absences.

Course Culture:

1. It is expected that everyone will complete the assignments and course activities on time.
2. If you have special learning needs, please inform me on the first day of class.
3. Academic dishonesty (cheating, plagiarism, copying, etc.) is a serious infraction of course standards. It is your education...please don't cheat
4. We will treat one another respectfully while challenging ideas...NOT attacking the person.

Note: This syllabus is NOT a contract. It is intended to provide GUIDANCE ONLY throughout the course. Cancelled classes for reasons such as professor illness or inclement weather will require this tentative plan to be altered. Dr. Sloan may change this plan depending on student interest or unforeseen events that could alter the learning experience for students.

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