

## Health Assessment for Registered Nurses RNBS 3312 Summer 2024 - 2<sup>nd</sup> 7 Weeks Scheduled Class Days and Times: Online

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\*Best way to contact me is email

**Course Description:** This course focuses on the synthesis of nursing knowledge and skills to perform a comprehensive health assessment of individuals across the lifespan. Students practice health assessment skills in laboratory settings. 2:1

Prerequisites: Registered Nurse, Admission to the RN-BSN Track.

### Corequisites: None

**Student Learning Outcomes:** Upon successful completion of this course, the student will be able to:

1) **Professionalism:** Exhibit behaviors that reflect professional values, empathy, and the concept of caring in developing nurse/patient relationships. Integrate knowledge of legal, ethical, and professional values and standards in the assessment and nursing care of patients and their families in a variety of settings and levels of wellness and illness.

2) **Patient-Centered Care:** Demonstrate increasing skill in the assessment of clients across the lifespan, understanding normal and abnormal variations in assessment findings, while recognizing clients and their families as unique individuals with varied preferences, values, and needs.

3) Evidence-Based Practice (EBP): Integrate evidence-based practice into health assessment techniques and approaches across the life span.

4) Informatics & Technology: Utilize technology and information systems to facilitate, document, and improve patient assessment.

5) **Quality Improvement**: Explore quality improvement initiatives in collecting and responding to health assessment findings to improve patient outcomes.

6) **Teamwork and Collaboration:** Evidence teamwork and interprofessional collaboration and communication in shared decision-making towards quality patient care as it relates to health assessment.

7) Wellness and Prevention: Integrate patient care measures that support wellness and health promotion, health maintenance, health restoration, and disease prevention to promote healthy patient outcomes.

8) **Leadership:** Explore the role of the nurse as a leader regarding advocacy and patient education, as it relates to holistic health assessment.

9) **Safety:** Prioritize the promotion of safe environments for patients, others, and self, based on holistic health assessment findings.

10) **Strengths:** Analyze how Strengths (signature talent themes) influence the role of the student nurse and clinical decision-making.

## **Required Textbooks and Readings:**

Jarvis, C. (2020). Physical examination and health assessment (8th Edition). ISBN: 978-0-323-51080-6 (Access code is not required.)

**Special Course Notes:** This is an online course and content is delivered through the Canvas learning management system, including recorded lectures. Access to Canvas by means of a laptop or desktop computer is necessary. Additionally, some assignments and class meetings may require use of video and audio technology, which are built into most smartphones, laptops, and desktop computers.

**Computer Requirements:** Access to a current, working computer or laptop with internet access using Firefox or Chrome browser is required for this internet-based course. The Canvas learning system works best using Firefox or Chrome browsers. It is essential to have access to a reliable PC/laptop and internet access for this course.

**Internet Instructions:** Course modules are online in Canvas (see course calendar). UT Tyler online canvas courses use Java, JavaScript, browser plug-ins, helper application and cookies. Canvas works best using Chrome or Firefox browser. It is essential that you have these elements installed and enabled in your web browser for optimal viewing of the content and functions of your online course content. Lecture videos are optimally viewed in high definition.

- Adobe Reader allows you to view, save, and print Portable Document Format (PDF) files. <u>http://get.adobe.com/reader/</u>
- Java Runtime Environment (JRE) allows you to use interactive tools on the web. <u>http://www.java.com/en/download/</u>

• QuickTime allows users to play back audio and video files. <u>http://www.apple.com/quicktime/download/</u>

### Assignments and Weights/Percentage/Point Values

1.	Interactive Learning Activities	10%
2.	Discussion Boards	20%
3.	Assignments	30%
4.	Exams (4)	40%

**Grading Scale:** Specific guidelines and grading criteria for all assignments are in the Modules. Final grades for the course will be determined based upon the following point assignments:

A - 90-100 B - 80-89 C - 75-79 D - 60-74 F - Below 60

Final course grades less than 75% are not rounded up. The combined weighted calculation of all course assignments, quizzes, exams, and clinical activities must be at least 75% in order to pass the course.

**Grade Appeals:** Although the university policy allows 60 days for grade appeals, the School of Nursing follows a stricter timeline of 10 days to facilitate students' timely progression through the curriculum. In the case of extenuating circumstances, please consult the Associate Dean of Academic Affairs for guidance.

**Academic Integrity:** Cheating of any kind, as defined in Section 8 of the UT Tyler Manual of Policies and Procedures (MOPP) for Student Affairs (<u>https://www.uttyler.edu/mopp/</u>), will not be tolerated. Consequences may include:

- reprimand
- exam failure
- course failure
- expulsion from the Nursing program
- expulsion from the University
- other consequences as assigned

# Exam and homework materials, questions, and problems are the intellectual property of faculty, UT Tyler, or publishers.

- These materials may not be distributed without permission.
- Distributing or uploading them to online resources destroys the integrity of the assignment and the course, allowing others an unfair advantage by letting them view the materials.

- Uploading these materials to online resources is a violation of UT Tyler's academic misconduct policies and may result in formal conduct charges.
- Sanctions for uploading or otherwise divulging the contents of these materials can include:
  - a reduced or failing grade on an assignment
  - a reduced or failing grade for the course
  - removal from the Nursing program
  - removal from UT Tyler

**Late Policy**: 5% will be deducted each day an assignment is past due unless prior arrangements have been made with your course faculty. Extenuating circumstances may apply.

**Repeating a Course:** Students repeating this course may not use previously submitted assignments nor utilize the same patients for an assignment. Submitting the same or slightly modified assignments from previous semesters is considered self-plagiarism and is subject to academic discipline, including failing the assignment or the course.

**Attendance and Make-up Policy:** Attendance/participation is expected. Make-up for exams, quizzes, assignments, and missed clinical time is at the instructor's discretion.

**Grade Replacement:** Students repeating a course for grade forgiveness (grade replacement) must file a Grade Replacement Contract with the Enrollment Services Center (ADM 230) on or before the Census Date of the semester in which the course will be repeated. Grade Replacement Contracts are available in the Enrollment Services Center or at <a href="http://www.uttyler.edu/registrar">http://www.uttyler.edu/registrar</a>. Each semester's Census Date can be found on the Contract itself, on the Academic Calendar, or in the information pamphlets published each semester by the Office of the Registrar.

Failure to file a Grade Replacement Contract will result in both the original and repeated grade being used to calculate your overall grade point average. Undergraduates are eligible to exercise grade replacement for only three course repeats during their career at UT Tyler; graduates are eligible for two grade replacements. Full policy details are printed on each Grade Replacement Contract.

## Graded Course Requirements Information:

Detailed information about each assignment will be provided in the Canvas course.

- 1. Two Discussion Boards
- 2. Health History Assignment
- 3. Head to Toe Assessment and Documentation
- 4. Exams (4)
- 5. Interactive Learning Activities

### **Important Course Dates:**

Class Begins: July 1, 2024

Census Date (withdraw without penalty): July 8, 2024

**Last Date to Withdraw: August 2, 2024,** please contact your advisor to discuss withdrawing from the course and notify your instructor.

Last day of class: August 17, 2024

### Calendar of Topics, Readings, and Due Dates:

RNBS 3312 Health Assessment for Registered Nurses Course Schedule						
Week	Date	Class Topic	Readings	Assignments Due		
1	M 7/1	Course Orientation	Canvas Intro	UG Affirmation Forms Due		
		Evidence-Based Assessment	Module	7/5 by 2359		
		Cultural Assessment				
		The Interview	Canvas Module 1			
		The Complete Health History				
		Functional Assessment of the Older	Textbook			
		Adult	Ch. 1-4, 32			
		7/1 Optional Zoom Course Orientation				
		@ 2 pm CST				
	•	Course Census Date	1			
2	M 7/8	Assessment Techniques & Safety	Canvas Module 2	Syllabus quiz due		
		General Survey & Measurement		Video Introduction due		
		Vital Signs	Textbook			
		Pain	Ch. 8-11 & 30			
		Bedside Assessment & Documentation				
3	М	Mental Status Assessment	Canvas Module 3	Exam 1 opens (Mod. 1 & 2)		
	7/15	Substance Use Assessment		Pain Discussion Initial Post		
		Domestic and Family Violence	Textbook	due		
		Nutrition Assessment	Ch. 5-7, 12, 19			
		Thorax & Lungs				
	R 7/18			Discussion Peer Response		
				due		
4	М	Heart & Neck Vessels	Canvas Module 4	Exam 1 due		
	-	Peripheral Vascular & Lymphatic System		Exam 2 opens (Mod. 3)		
		Abdomen	Textbook			
		Musculoskeletal System	Ch. 20-23			
		7/22 Optional Zoom for Health History				
		& H2T @ 1 pm CST				
5		Eyes	Canvas Module 5	Exam 2 due		
	7/29			Health History due		
		Nose, Mouth & Throat	Textbook	Exam 3 opens (Mod. 4 & 5)		
		Neurologic System	Ch. 15-17, 24			
	8/2	Course Withdrawal Deadline				

6		Skin, Hair, & Nails Head, Face, Neck, & Regional Lymphatics Male GU System Anus, Rectum, & Prostate	Textbook	Exam 3 due Strengths Discussion Initial Post due Exam 4 Opens (Mod. 6 & 7)
	R 8/8			Discussion Peer Response due
7	8/12	Breasts, Axillae, & Regional Lymphatics Female GU System The Pregnant Woman	Canvas Module 7 Textbook Ch. 18, 27, 31	Head-to-Toe Assessment & Documentation due
	F 8/16			Exam 4 due Course Evaluation in MyUTTyler
S 8/17 End of Course Please check that all required activities are completed in Canvas.			nvas.	

### School of Nursing Policies and Additional Information:

https://www.uttyler.edu/nursing/college/student\_guide\_and\_policies.php

Student Resources and University Policies are provided in Canvas.